

**Table 1 - Overweight and obesity levels among pre-adolescents by food habits and sex, Benevento, 2000**

	Total		Normal weight		Overweight		Obese	
	n.	(%)	n.	(%)	n.	(%)	n.	(%)
<b>Meal skipped</b> excludes lunch and dinner)								
Breakfast	116	(11)	53	(8)	40	(14)	23	(20)
Boys*	46	(8)	22	(6)	13	(9)	11	(19)
Girls	70	(14)	31	(10)	27	(20)	12	(21)
Mid-morning snack	274	(26)	165	(25)	74	(26)	35	(31)
Boys*	141	(25)	94	(27)	34	(23)	13	(22)
Girls	133	(27)	71	(23)	40	(30)	22	(39)
Mid-afternoon snack (pomeriggio)	134	(13)	77	(12)	30	(11)	27	(24)
Boys*	74	(13)	41	(12)	16	(11)	17	(29)
Girls	60	(12)	36	(12)	14	(11)	10	(18)

\* 555 boys e 491 girls