

XII Convegno

IL CONTRIBUTO DEI CENTRI PER I DISTURBI COGNITIVI  
E LE DEMENZE NELLA GESTIONE INTEGRATA  
DEI PAZIENTI



15 – 16 novembre 2018

# *Lo studio* “Interceptor”

Paolo Maria Rossini

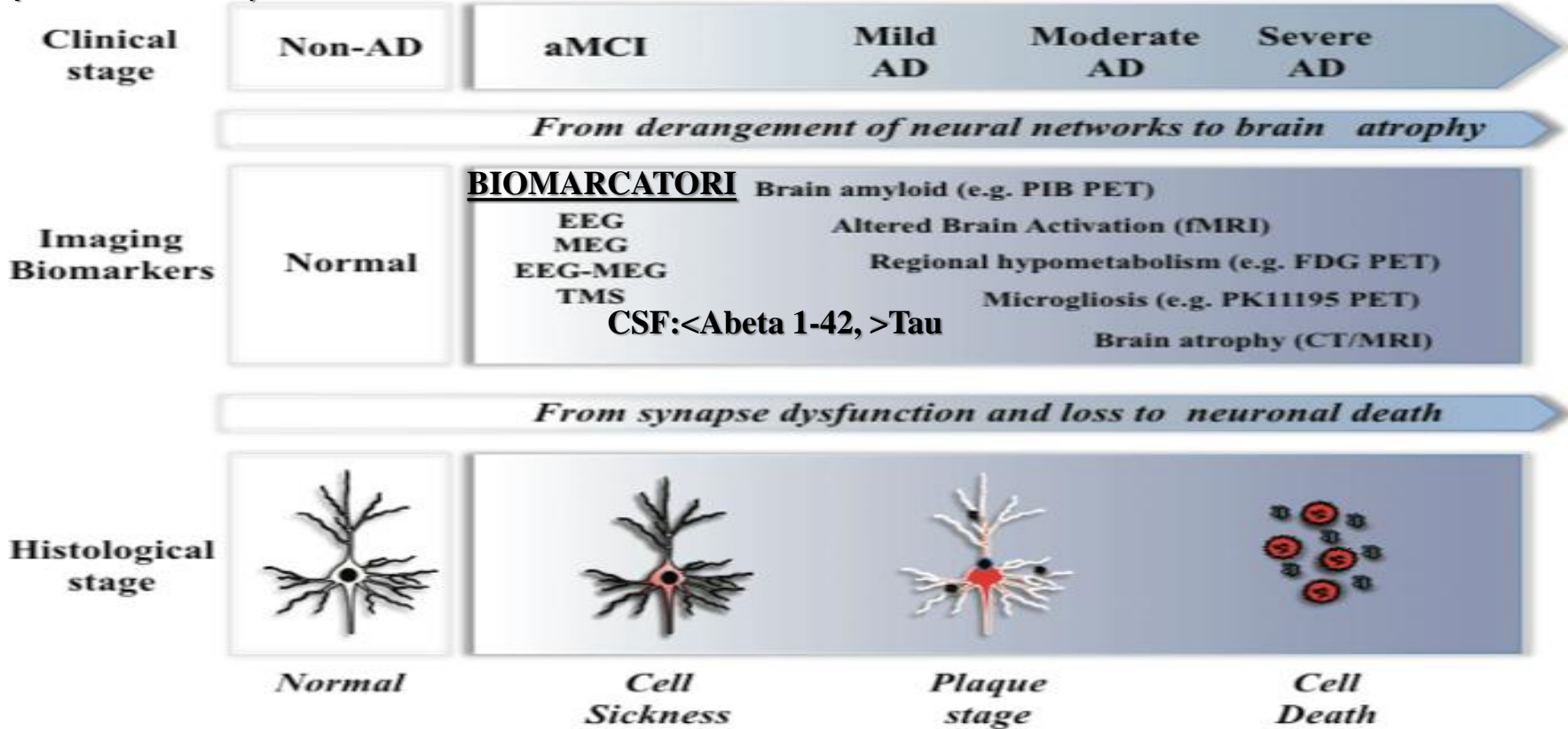
Fondazione Policlinico Agostino Gemelli IRCCS

Istituto di Neurologia

Università Cattolica del Sacro Cuore Roma

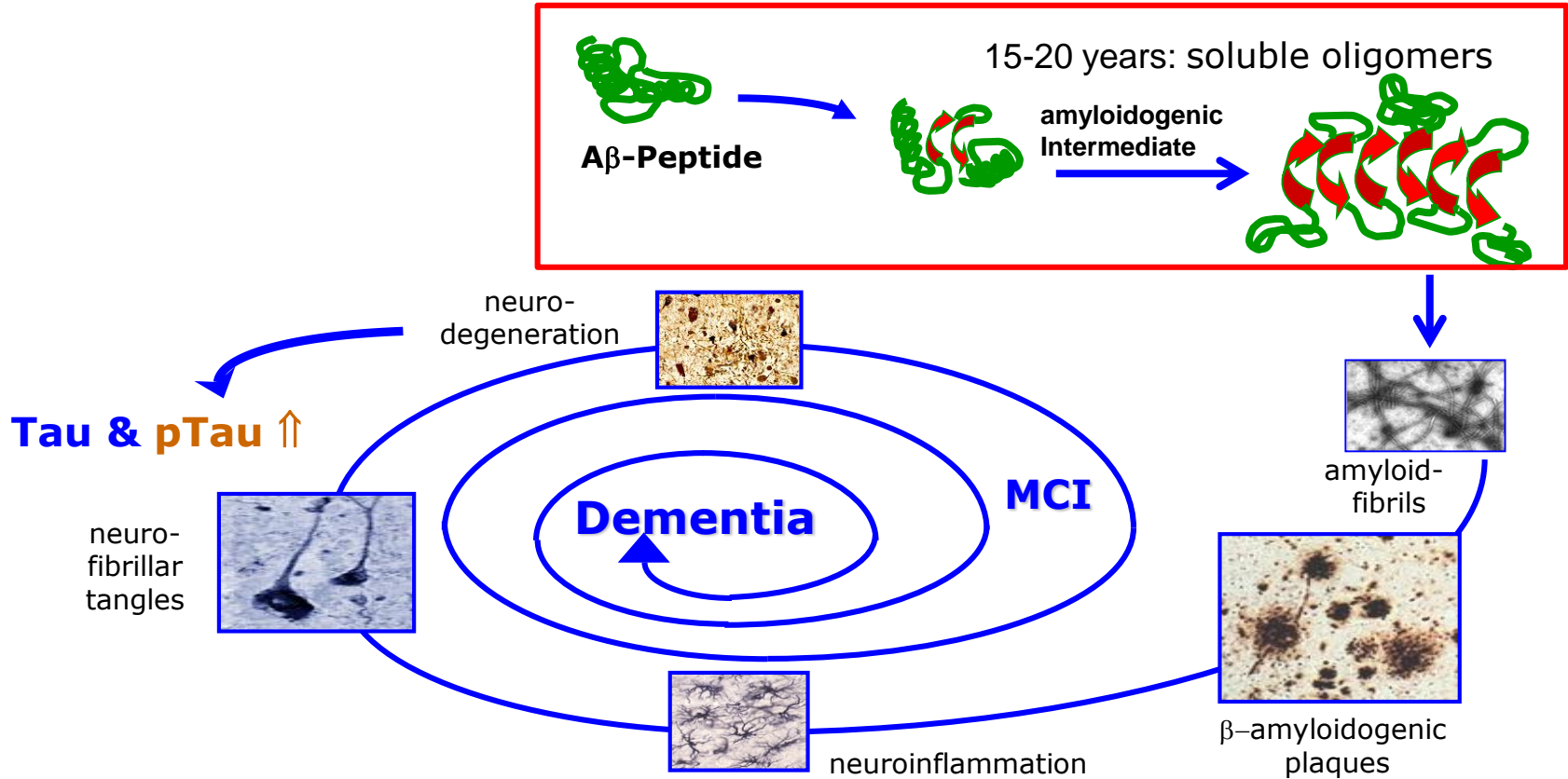
Il **disturbo** cerebrale si manifesta tardivamente, molti anni dopo l'inizio del processo degenerativo, la lunghezza di questo intervallo viene determinata da:

- fattori genetici (es. ApoE-ε4)
- età
- stile di vita (dieta, esercizio fisico)
- riserva cerebrale e cognitiva: livello di scolarizzazione, complessità delle interazioni sociali, comorbidità (es. diabete mellito, dislipidemia, vasculopatia cerebrale etc.)



# Immuno-IR-Sensor identifies preclinical Alzheimers in blood

## Alzheimer's disease hypothesis



# La grande sfida!

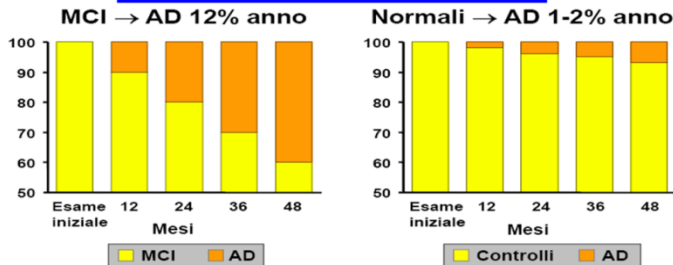


AD (Alzheimer's disease)

MCI (mild cognitive impairment)

Persone con lieve ma oggettivo declino cognitivo con elevato rischio di evolvere verso

## Conversione del MCI in AD



modificato da Petersen et al, Arch Neurol 1999

SIGG 200

Età % di conversione Anziani ad AD % di conversione MCI ad AD

65 - 69 0,17 % da 6% ad 38 %

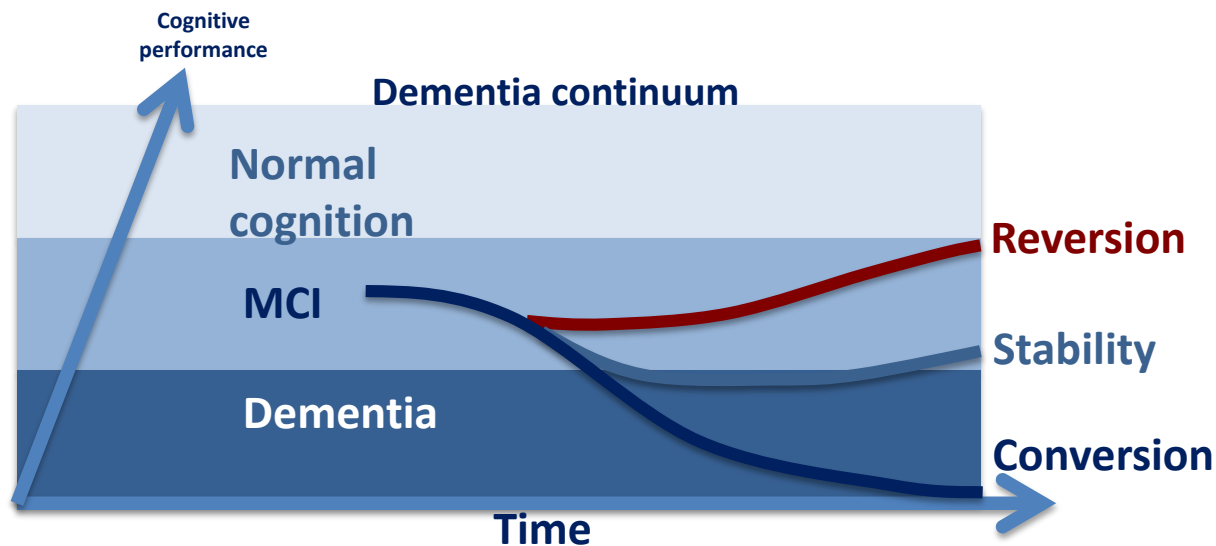
85 - 89 3,86 %

7-800.000 in Italia di cui il 50% prodromici di demenza



**An AD diagnosis is often made late in the disease continuum**

- **A more timely and accurate dementia diagnosis may reduce the impact of misdiagnosis**
- **A timely and accurate diagnosis provides access to a pathway of care and enables patients and their families to plan for the future**
- **Early diagnosis and treatment of patients with AD can improve the efficacy of the presently available drugs and of lifestyle changes leading to a better QoL, a longer patient's autonomy and reduced direct and indirect costs**

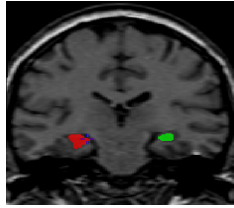


*REVERSIONE ALLA NORMALITÀ DEL MILD COGNITIVE IMPAIRMENT: REVISIONE SISTEMATICA DELLA LETTERATURA E METANALISI. Canevelli Marco, Grande Giulia, Lacorte Eleonora, Mariani Claudio, Bruno Giuseppe, Vanacore Nicola*

# Alzheimer's disease: current diagnosis

Clinical  
standard

neuropsychological test



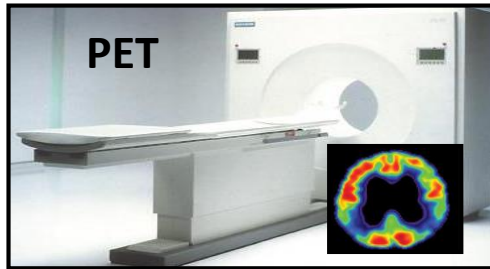
- ▶ diagnosis of **late stages** of disease
- ▶ **low diagnostic accuracy**
  
- ▶ **hippocampal volumetry**

neurochemical biomarkers

(e.g. ELISA)

- ▶ **only for CSF**

Additional tests



- ▶ **sensitive and specific**
- ▶ **expensive techniques** (5000 \$)
- ▶ **visualisation of amyloid-plaques**
- ▶ diagnosis of **very early stages?**

Electroencephalography for 'brain connectivity'

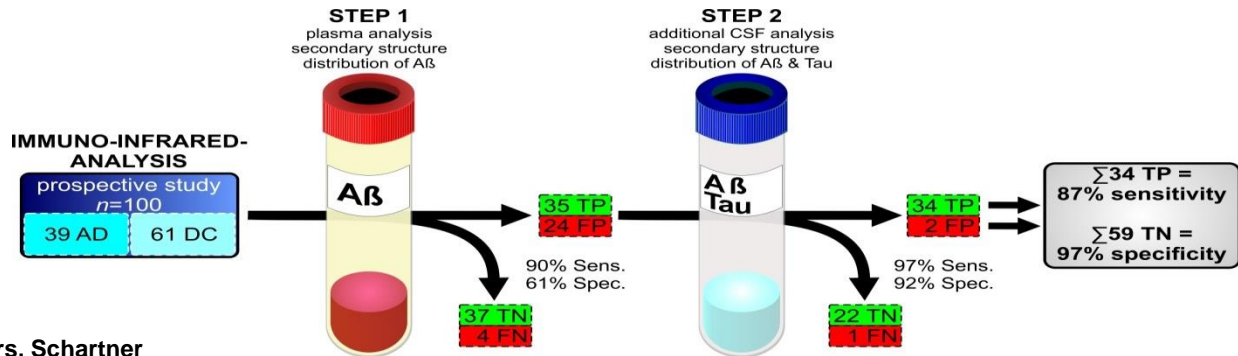
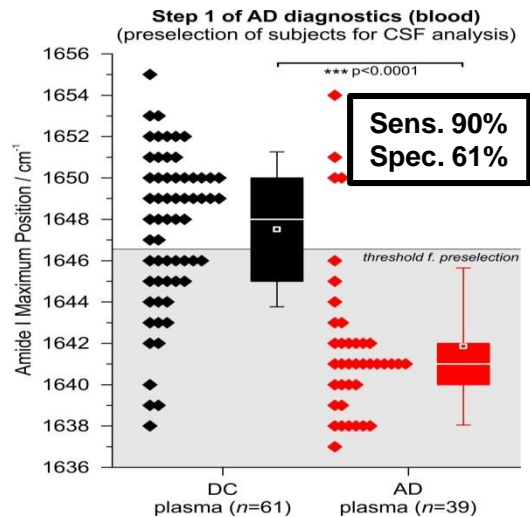
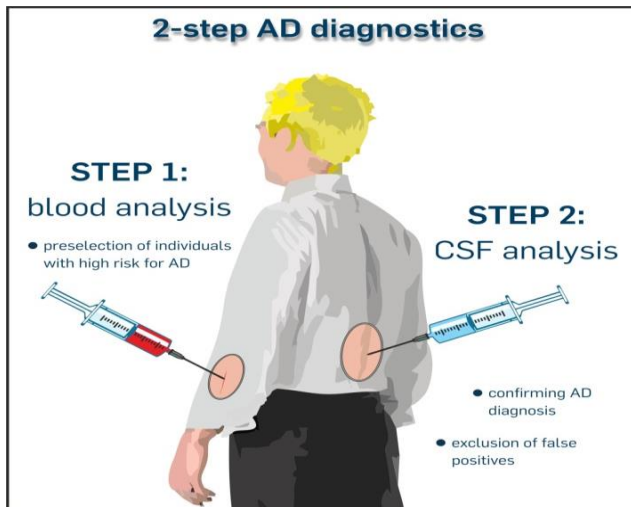
- **unmet medical need for early stage diagnosis**
- **urgent need for a non-invasive blood-test**

# Biomarkers

Parte della “caratterizzazione” fenotipica di malattia:

- Modificazioni strutturali del cervello “visibili” alla **RMN**
- Modificazioni molecolari “visibili” con la **PET**
- Modificazioni molecolari “visibili” nel **LCR**
- **Connettività EEG alterata**
- **Fattori di rischio geneticamente determinati**
- **Altri...**

# 2-step Alzheimer's disease diagnostics: sensitivity 87% specificity 97%





**TABLE 1. Clinical Data of the 2 Groups of Amnesic Mild Cognitive Impairment**

	Stable		Converted	
	Mean	SE	Mean	SE
Educational level	10.15	0.71	10.02	0.70
RAVLT immediate recall	26.95	1.19	24.50	0.99
RAVLT delayed recall	3.87	0.49	2.32	0.34
RAVLT recognition correct	10.34	0.53	9.06	0.72
RAVLT recognition false	4.97	0.97	4.31	1.00
RAVLT recognition accuracy	0.85	0.02	0.81	0.03
Constructional praxis	9.26	0.36	8.59	0.41
Constructional praxis landmarks	66.26	0.75	64.85	1.03
MFTC accuracy	0.96	0.01	0.90	0.02
MFTC false alarms	0.43	0.18	1.55	0.65
MFTC time	95.96	5.04	96.52	9.29
Raven Matrices '47	24.53	0.99	25.13	2.84
Phonological verbal fluency	30.57	1.94	25.09	1.38
Categorical verbal fluency	10.96	0.83	10.52	0.65
Stroop SF interference time	33.71	3.93	55.52	9.19
Stroop SF Interference errors	1.89	0.58	5.19	1.56
Corsi forward	4.69	0.26	3.71	0.39
Corsi backward	3.50	0.29	3.60	0.24
Clock-drawing	3.13	0.44	2.43	0.53
Prose memory	3.63	1.08	1.43	0.57
Span forward	5.23	0.30	5.22	0.32
Span backward	4.00	0.41	3.17	0.40

MFTC = Multiple Features Target Cancellation; RAVLT = Rey

# Sustainable Method for Alzheimer Dementia Prediction in Mild Cognitive Impairment: Electroencephalographic Connectivity and Graph Theory Combined with Apolipoprotein E

Dr Fabrizio Vecchio, PhD,<sup>1</sup> Dr Francesca Miraglia, PhD,<sup>1,2</sup> Dr Francesco Iberite,<sup>1</sup>

Dr Giordano Lacidogna,<sup>3</sup> Dr Valeria Guglielmi,<sup>3</sup> Dr Camillo Marra,<sup>2,3</sup>

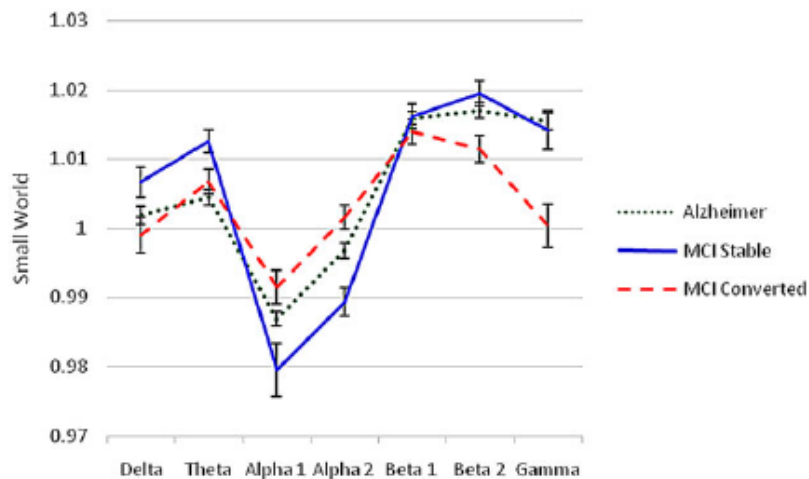
Dr Patrizio Pasqualetti,<sup>4</sup> Dr Francesco Danilo Tiziano,<sup>5</sup> and Prof Paolo Maria Rossini<sup>2,6</sup>

**Objective:** Mild cognitive impairment (MCI) is a condition intermediate between physiological brain aging and dementia. Amnesic-MCI (aMCI) subjects progress to dementia (typically to Alzheimer-Dementia = AD) at an annual rate which is 20 times higher than that of cognitively intact elderly. The present study aims to investigate whether EEG network Small World properties (SW) combined with Apo-E genotyping, could reliably discriminate aMCI subjects who will convert to AD after approximately a year.

**Methods:** 145 aMCI subjects were divided into two sub-groups and, according to the clinical follow-up, were classified as Converted to AD (C-MCI, 71) or Stable (S-MCI, 74).

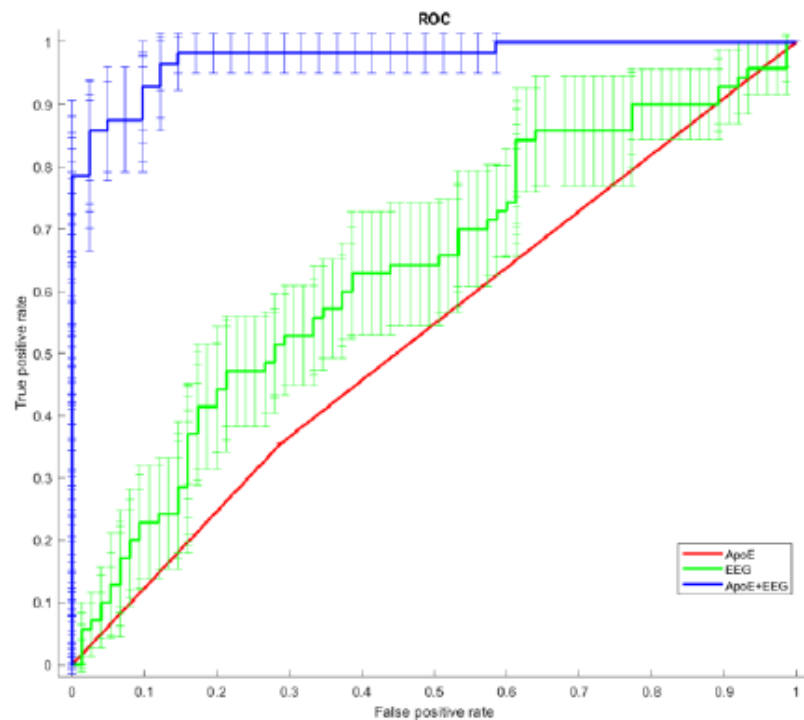
**Results:** Results showed significant differences in SW in delta, alpha1, alpha2, beta2, gamma bands, with C-MCI in the baseline similar to AD. Receiver Operating Characteristic(ROC) curve, based on a first-order polynomial regression of SW, showed 57% sensitivity, 66% specificity and 61% accuracy(area under the curve: AUC=0.64). In 97 out of 145 MCI, Apo-E allele testing was also available. Combining this genetic risk factor with Small Word EEG, results showed: 96.7% sensitivity, 86% specificity and 91.7% accuracy(AUC=0.97). Moreover, using only the Small World values in these 97 subjects, the ROC showed an AUC of 0.63; the resulting classifier presented 50% sensitivity, 69% specificity and 59.6% accuracy. When different types of EEG analysis (power density spectrum) were tested, the accuracy levels were lower (68.86%).

**Interpretation:** Concluding, this innovative EEG analysis, in combination with a genetic test (both low-cost and widely available), could evaluate on an individual basis with great precision the risk of MCI progression. This evaluation could then be used to screen large populations and quickly identify aMCI in a prodromal stage of dementia.



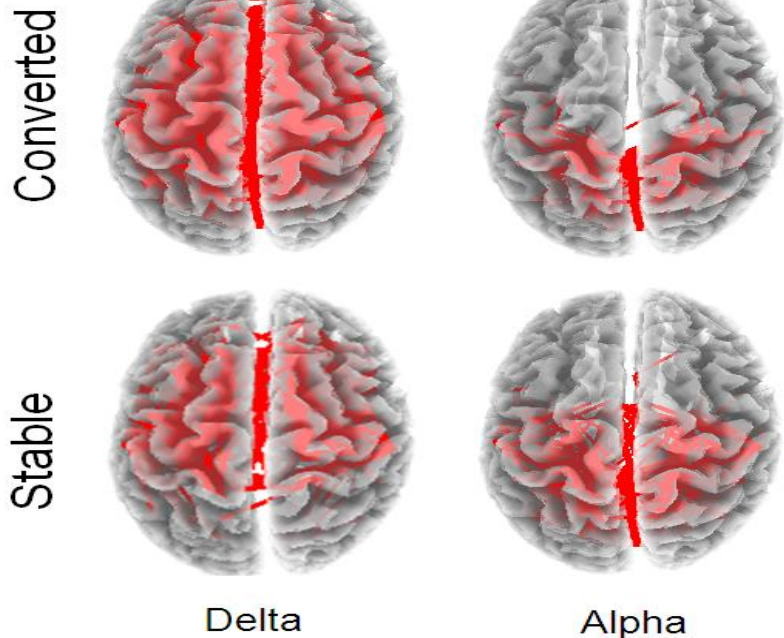
**FIGURE 1:** Small world characteristics across electroencephalographic frequency bands in stable and converted amnesic mild cognitive impairment (MCI) subjects with respect to Alzheimer dementia patients.

showed an AUC of 0.64 (indicating moderate classification accuracy). The resulting classifier showed 57% sensitivity, 66% specificity, and 61% accuracy for the classification of the aMCI state as a prodromal indicator of AD. This result was obtained when all subjects were included.

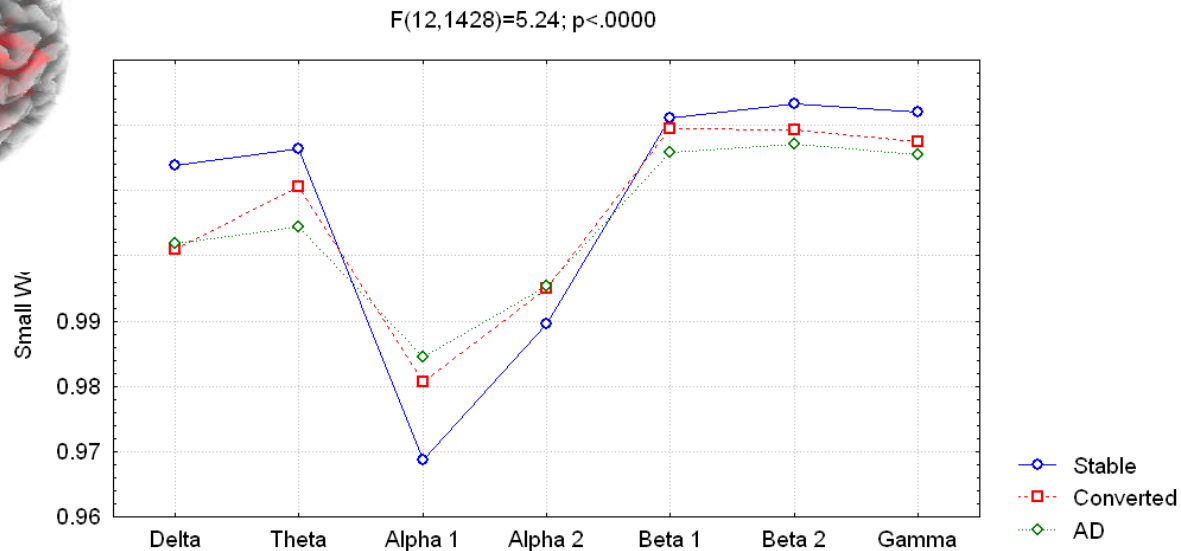


**FIGURE 3:** Average receiver operating characteristic (ROC) curves and their confidence intervals, illustrating the classification of the stable and converted amnesic mild cognitive impairment individuals based on the apolipoprotein E (ApoE; red line, 97 patients), small world (green line, 145 patients), and ApoE + electroencephalographic (EEG; blue line, 97 patients) values. The area under the ROC curves was

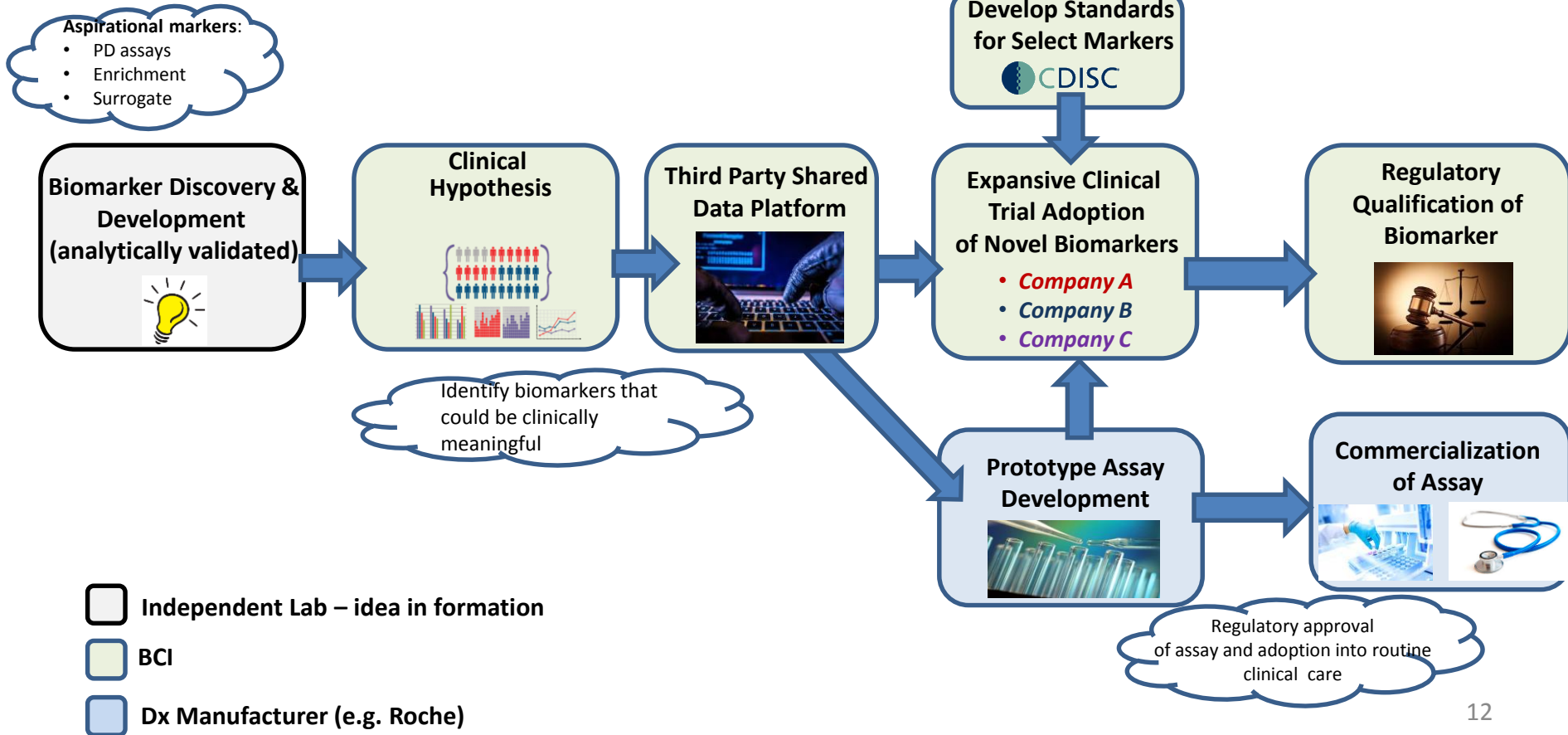
# Functional coupling



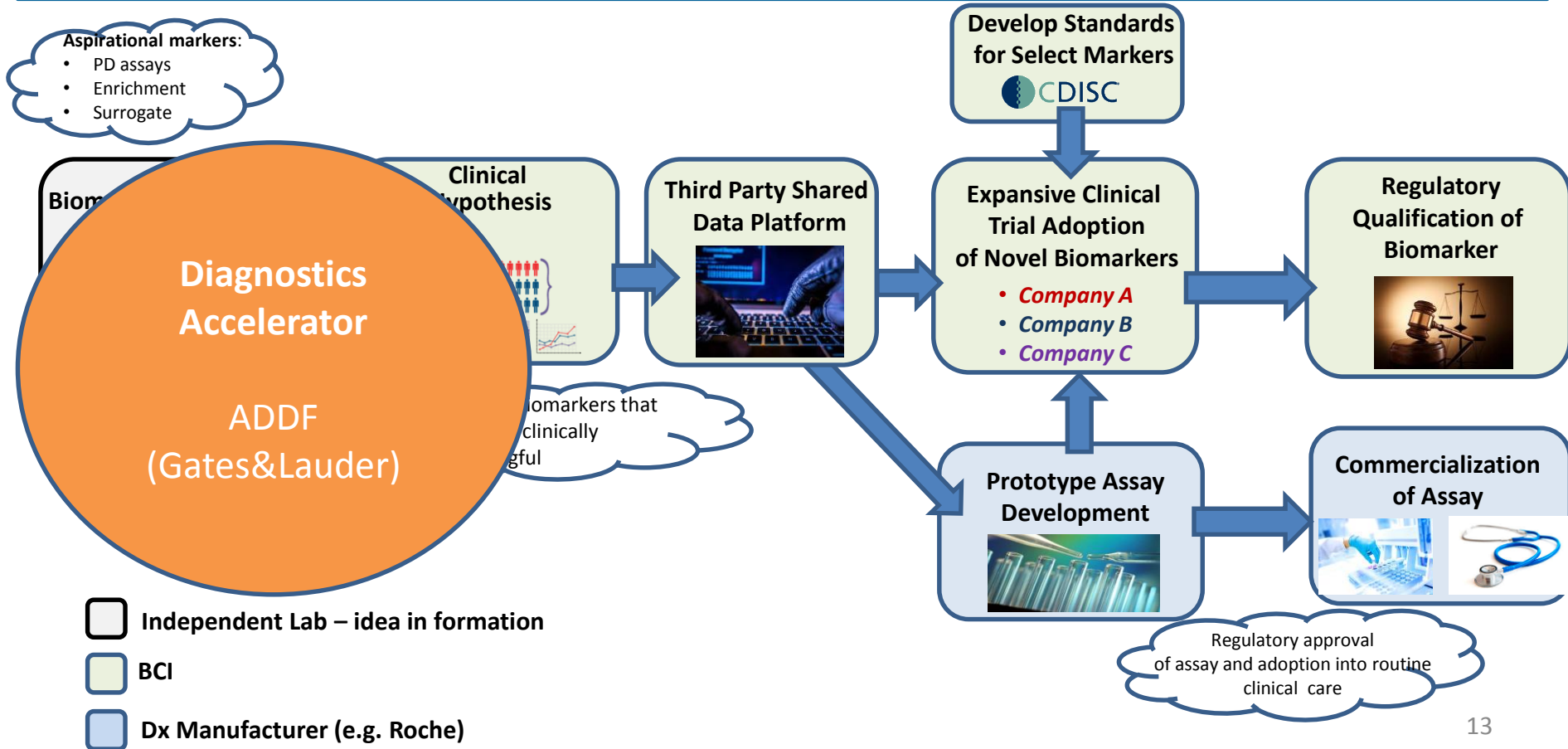
145 aMCI according to clinical follow-up, classified as Converted to AD (C-MCI, 71) or Stable (S-MCI, 74). Significant differences in SW organization in delta, alpha1, alpha2, beta2 and gamma bands, with C-MCI organization in baseline similar to that in AD. Receiver Operating Characteristic (ROC) curves, based on first-order polynomial regression of SW. In 97 MCI, ApoE alleles testing was also available. By adding this genetic risk factor, 96.7% sensitivity, 86% specificity and 91.7% accuracy (AUC=0.97) were obtained.



# Aspirational AD Biomarkers through Assay Commercialization: “Soup to Nuts”

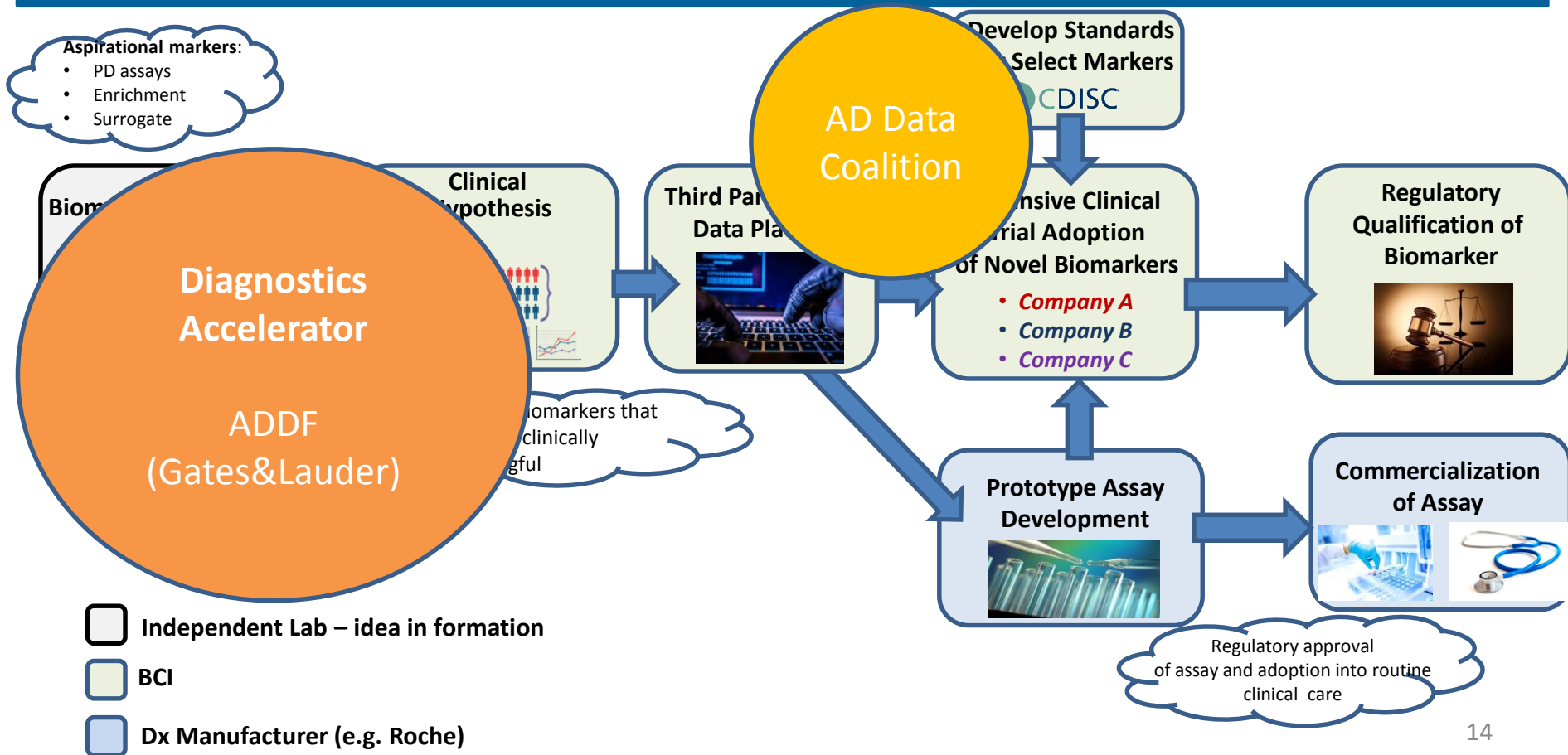


# Aspirational AD Biomarkers through Assay Commercialization: “Soup to Nuts”

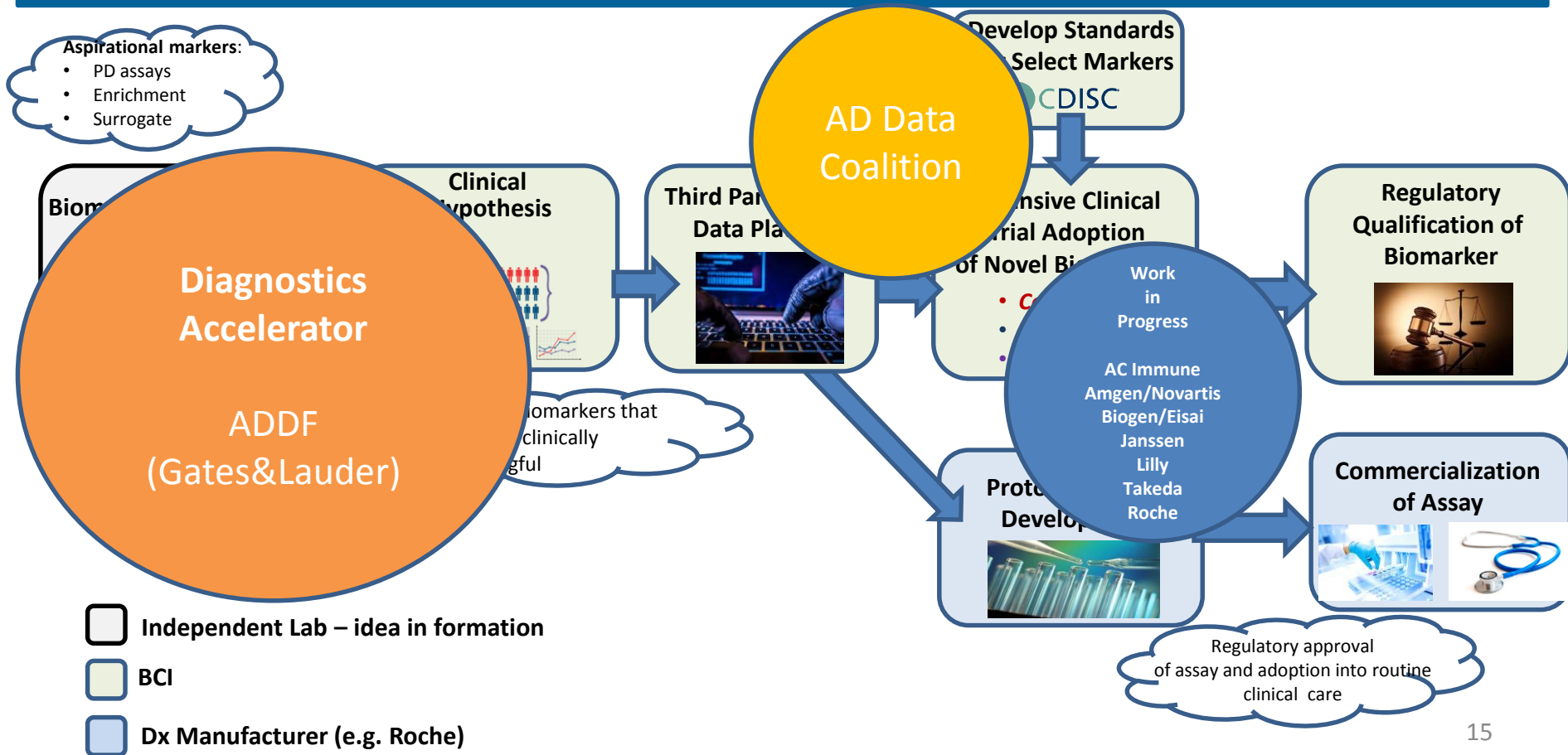


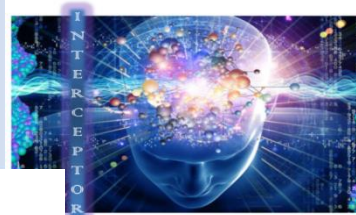


# Aspirational AD Biomarkers through Assay Commercialization: "Soup to Nuts"



# Aspirational AD Biomarkers through Assay Commercialization: "Soup to Nuts"





## Terapie farmacologiche sperimentali Farmaci "disease modifying"

- Per '*disease modifying*' si definisce un farmaco in grado di modificare la storia naturale della malattia ritardando o arrestando il processo patogenetico
- L'efficacia della terapia è limitata alle fasi precoci della malattia (MCI-AD lieve)

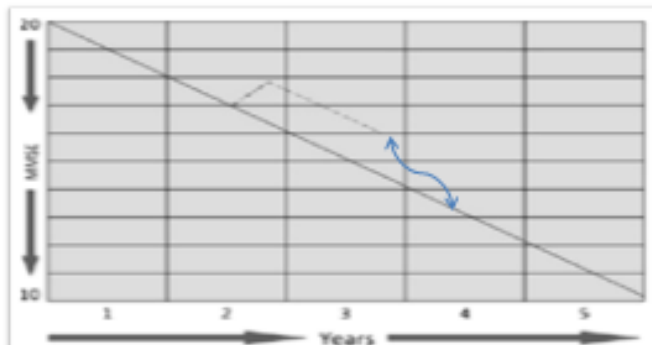


Fig. 1. Decline in AD (solid line) and the impact of treatment with a symptomatic agent (dashed line).

Farmaco sintomatico

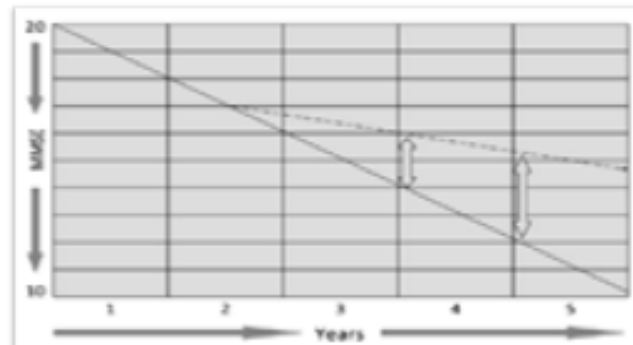


Fig. 5. Alleged slope of disease decline with a disease-modifying agent. Drug/placebo difference increases over time.

Farmaco 'disease modifying'



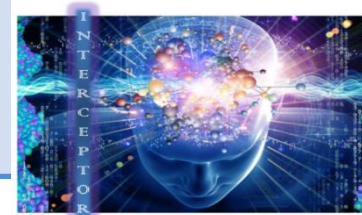
**Strategic project promoted**  
**by Italian Medicines Agency (AIFA)**

INTERCEPTOR PROJECT

ON THE EARLY DIAGNOSIS OF THE PRODRIMAL STAGE OF ALZHEIMER DISEASE. THE PROGRESSION FROM MILD COGNITIVE IMPAIRMENT (MCI) TO DEMENTIA: THE ROLE OF BIOMARKERS IN THE EARLY INTERCEPTION OF PATIENTS TO WHOM PROVIDE FUTURE DISEASE-MODIFYING DRUGS

**Best combination of Biomarkers**

**High accuracy (specificity/sensibility), non-invasive,  
Highly available on the territory, financially sustainable**



8 nov 2016

14 nov 2016

23 mar 2017

2 mag 2017

22 mag 2017

10 lug 2017

8 set 2017

20 set 2017

26 set 2017

20 dic 2017

19 gen 2018

8 feb 2018

22 mag 2018

29 mag 2018

**30 LUG 2018 !**

## TAVOLO DI LAVORO

### Presieduto da D.G. AIFA

S. CAPPÀ, IRCCS Fatebenefratelli-Brescia, Università di Pavia

L. PROVINCIALI, Università Ancona, Società Italiana Neurologia

F. LATTANZIO, IRCCS I.N.R.C.A. Ancona

P. M. ROSSINI, Neurologia, (IRCCS)-Fondazione Policlinico Gemelli -Università Cattolica  
Sacro Cuore, Roma

P. SPADIN, S. INGLESE Associazione Italiana Malattia Alzheimer

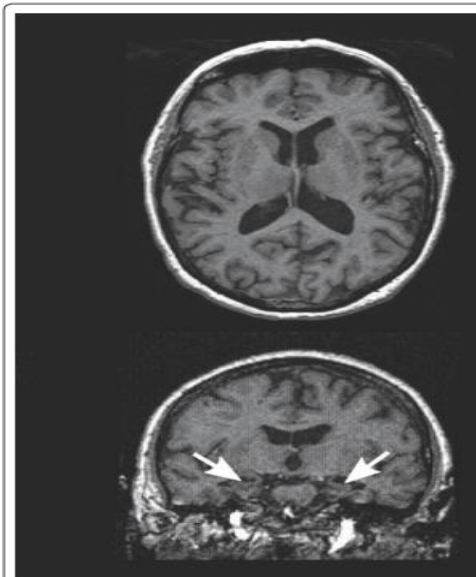
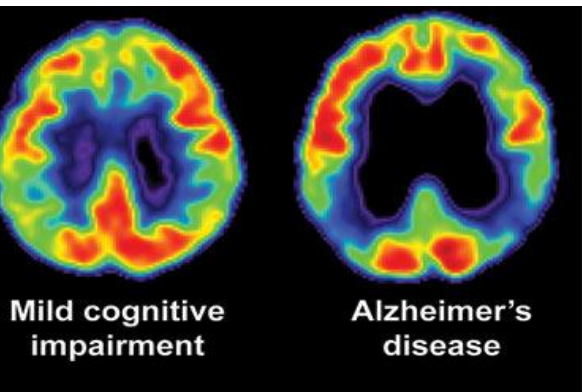
F. TAGLIAVINI, IRCCS Istituto-Besta, Milano

M. MARLETTA, B. POLIZZI, A. URBANI, Ministero della Salute

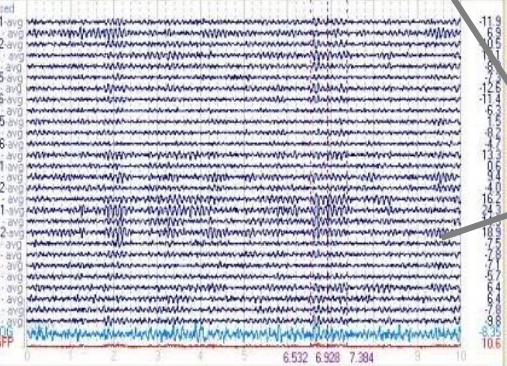
N. VANACORE, P. POPOLI Istituto Superiore di Sanità

R. SCHIAVO, C. SANTINI, V. MANTUA, F.GALEOTTI,

P. FOGGI, G. TAFURI, S. MONTILLA- AIFA,



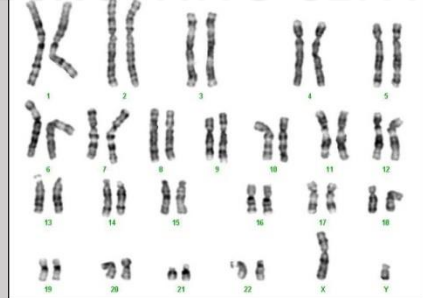
# RECRUITING CENTER



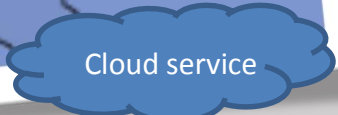
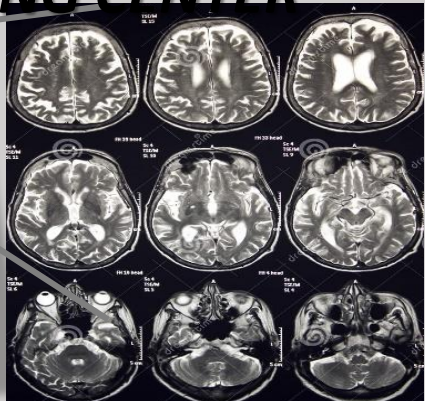
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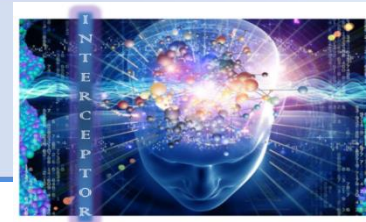


# RECRUITING CENTER



# RECRUITING CENTER

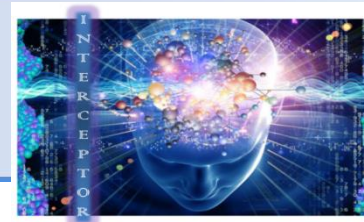




The primary aim of INTERCEPTOR is to identify a biomarker or a set of biomarkers able to predict with greatest accuracy, highest risks/costs ratio, lowest invasiveness and best availability on the territorial level, the conversion of diagnosis of MCI to dementia in a 3 years follow-up period.

This in order to initiate as soon as possible all those initiatives to contrast disease progression.

The secondary aim is to define an optimal organizational model, both in terms of transferability in clinical practice of diagnostic path defined of the primary objective and the sustainability of costs, to identify patients able to prescription of antidementia drug that now are in the course of experimentation by RCTs.



- Lo studio avrà una durata complessiva di 54 mesi. Sei mesi saranno impiegati per predisporre la rete organizzativa ed operativa, 6 mesi per il reclutamento dei pazienti e la raccolta dei bio-marcatori, 3 anni di follow-up clinico e 6 mesi nel corso dei quali verranno analizzati i risultati di tutti i marcatori e preparata la relazione finale. La Frequenza del follow-up neuropsicologico e clinico sarà di ogni 6 mesi. In tal modo verranno effettuate 7 valutazioni dal T0 (reclutamento) al T6 (42 mesi).
- Tutti i farmaci assunti al momento della diagnosi di MCI -a meno di urgenze successive al reclutamento da fronteggiare- sono ammissibili senza cambiamenti nel corso dello studio a meno che essi interferiscano a giudizio del Medico Reclutante con processi attentivo-cognitivi al punto da rendere i tests neuropsicologici non affidabili. Entro 60 giorni dal T0 (reclutamento sulla base della batteria dei TNP e dell'acquisizione del 'consenso informato') si dovranno eseguire i marcatori individuato nello studio.

**PRIMARY & SECONDARY ENDPOINTS:** percentage of MCI to AD conversion during a 3.5 years follow-up. Best combination of biomarkers able to predict conversion with the the highest accuracy low or no invasiveness and best financial sustainability. Biorepository for biomarkers.

Longitudinal, Multicentric, Coort study

**500 MCI subjects (aMCI 75% na-MCI 25%) from 20 recruiting centers on the Italian territory.**

**Total project duration 54 months.** From the day of recruitment (T0) during 60 days acquisition of of the following ‘standard’ biomarkers:

**Neuropsychological tests (MMSE e DRF – FCSRT)**

**MRI with hyppocampal volumetry**

**PET-FDG**

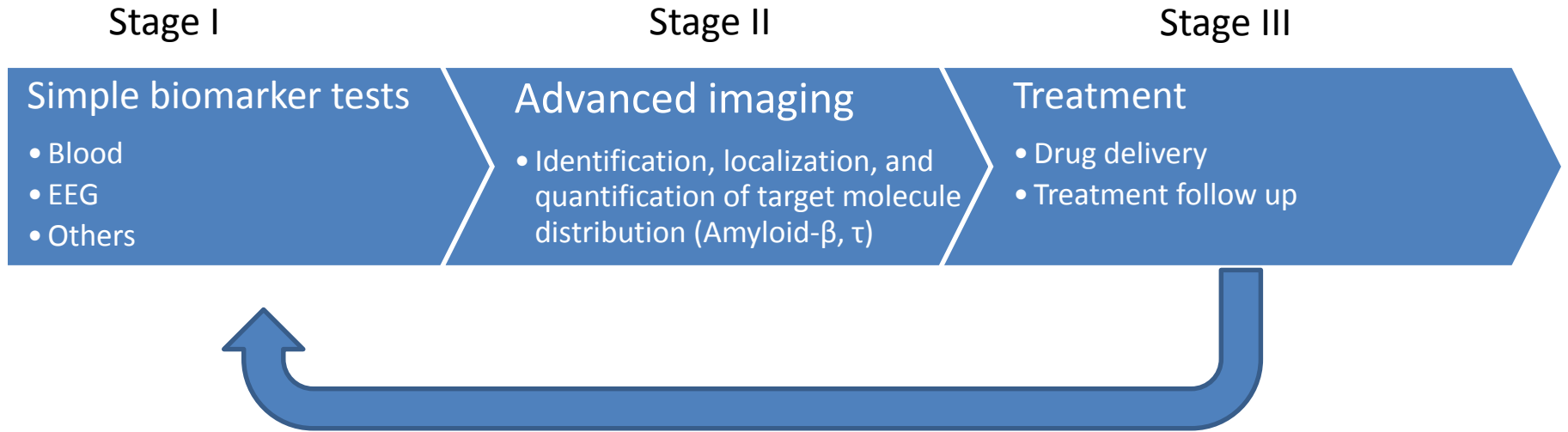
**CSF for Beta/Tau metabolites**

**ApoE**

**EEG x brain connectivity via graph theory**



## Curing AD: prevention (combination) therapies based on early diagnosis





# LA PROPOSTA ITALIANA

**Su queste basi una stima prudente ci dice che OGGI sono presente in Italia tra I 700 e gli 800.000 casi di MCI di cui il 60% circa diventerà AD nei prossimi 3-5 anni.**

**Gli AD in Italia sono OGGI oltre 750.000 con una sopravvivenza media di circa 10 anni che si va progressivamente allungando.**

## **PROPOSTA DI ALGORITMO ORGANIZZATIVO:**

### **SCREENING POPOLAZIONE M.C.I.**

**1° liv (ApoE, EEG, etc)→ NEG. → follow-up TNP**

**→POS. -> 2° liv. (CSF, Vol. Ipp.)→NEG follow-up TNP**

**→POS 3° liv. PET+Amyvid→ NEG follow-up TNP**

**→ POS AChEI-Mem+Riab.Cogn.**

Fattori genetici

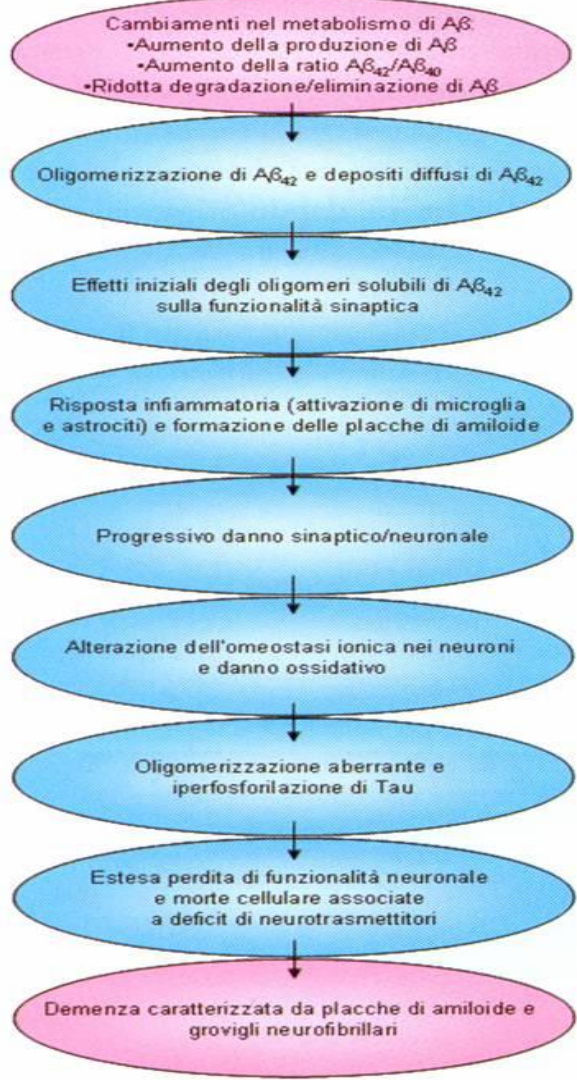
Dosaggi CSF (<Abeta 1-42, > Tau

EEG/MEG

Etc.

PET+radioligandi x Abeta----->

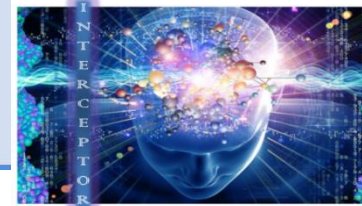
Volumetria Ippocampale,  
Spessore grigia, DTI etc.----->



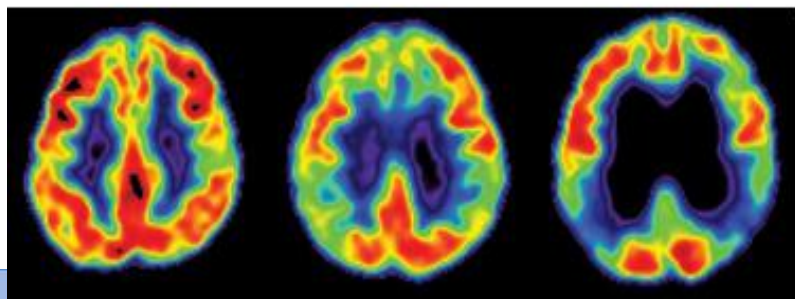
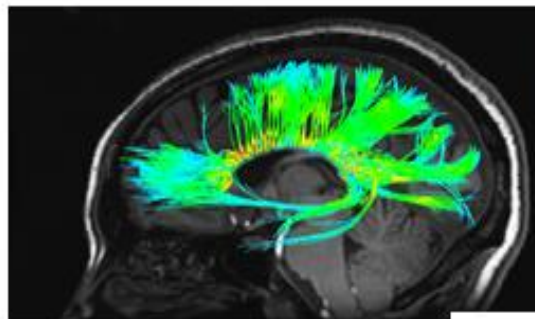
←----15-10 aa prima

←---10-5 aa prima

←---3-5 aa prima



**GRAZIE PER L'ATTENZIONE**



Converted

