Reporting period
epiweek 46
(9-15 November 2009)

Influenza Like Illness (ILI) sentinel surveillance:
(http://www.iss.it/iflu/)

Completeness of reporting in epiweek 46 was 95% (20/21 regions reporting).

The incidence of ILI, as detected through sentinel surveillance, was 12.53 cases per 1,000. In the age group 0-4 years the incidence was 28.19‰. Among patients aged 5-14 years the incidence was 40.78‰, among those aged 15-64 years it was 7.65‰, while the incidence among patients 65 years or more, was 1.51‰.

The epidemic curve is probably reaching its peak. The observed incidence of 12.53‰ is higher than all previous influenza seasons, except for 2004-05.

Highlights:
- The epidemic curve for ILI cases in Italy is probably reaching its peak.
- The emergency room admissions for ARS is decreasing.
- Purchases of pain killers was increasing in epiweek 45. The purchase of antivirals was highest in the South of the country.

In this issue:
- ILI incidence and trends
- Estimated cases of ILI in Italy
- Emergency room admission
- Drug purchase trends

ILI surveillance methodology:
The Italian surveillance system for influenza is based on a network of sentinel community based physicians in the 21 regions and autonomous provinces of the country. Incidence rates are therefore not based on consultations but on the served population of each reporting physician each week. Incidence data per 1,000 patients is provided globally and by age group. For more information on the Influnet surveillance system consult the website http://www.iss.it/iflu/ (in Italian).

In this issue:
- Epiweek 2009
- Estimated cases of ILI in Italy

Incidence of ILI by age group, seasons 2008-09 and 2009-10

Incidence of ILI in Italy, seasons 2004-05 to 2009-2010

Estimated cases of ILI in Italy

<table>
<thead>
<tr>
<th>Epiweek 2009</th>
<th>Estimated cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>43</td>
<td>257,000</td>
</tr>
<tr>
<td>44</td>
<td>547,000</td>
</tr>
<tr>
<td>45</td>
<td>750,000</td>
</tr>
<tr>
<td>46</td>
<td>752,000</td>
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<tr>
<td>Total</td>
<td>2,306,000</td>
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</tbody>
</table>

This bulletin is a translation of FluNews, the official report combining the information of all the epidemiological surveillance systems monitoring the influenza pandemic in Italy. The original version in Italian is produced by the National Centre of Epidemiology (CNESPS) of the Italian National Institute of Health (http://www.epicentro.iss.it/focus/h1n1/archivioflu.asp)
Admission to Emergency Rooms (ERs) for acute respiratory syndromes (ARS) sentinel surveillance

Completeness of reporting in epiweek 46 was 90.9% (10/11 regions reporting). See the methods box below for further details.

In epiweek 46, 10% of all people who accessed the sentinel ERs were diagnosed with acute respiratory syndrome, of those 19% were admitted to hospital.

Compared with the previous epiweeks, the number of ER admissions has decreased and no epidemic threshold was breached both globally and by age group.

Admissions for acute respiratory syndromes in sentinel ERs, all age groups

LIMITS:
The system is influenced by the different ways of accessing emergency services in the country. However it captures in a timely fashion the increase in admissions for acute respiratory syndromes that is an indirect indicator of increased activity of influenza viruses.

ER admission surveillance methodology:
A surveillance network was established among Italian emergency services that had an automatic recording system for admissions with immediate regional updates as of August 2009. 15 of the 21 Italian regions adhered (71.4%). Of these 11 identified at least one emergency service that would send data for surveillance and constitute to date the reporting units of the system.

The surveillance system is based on the weekly transmission of the total number of ER admission to the regional health institutions. They select those whose main diagnosis is coded as an acute respiratory syndrome based on the ICD9-CM coding system. One year historical data, when available, was received by the adhering regions and the estimated number of weekly admission, alert and alarm epidemic thresholds were calculated using a time series model (cyclic regression analysis) that takes into account the seasonality of the disease. Each week the actual number of admissions is compared with the estimated one and any threshold breach documented.

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Drug purchase trends on a representative sample of 2,500 pharmacies (epiweek 45)

*Drug purchase data is always reported one week after the current epi-week, therefore all comparisons with the ILI surveillance data reflect the epiweek before the reporting period of this bulletin.*

In epiweek 45, a 41% increase in the purchase of antibiotics and a 95% increase in the purchase of pain killers have been recorded compared with the same period last year. The mean monthly variation between July 2008 and October 2009 was +3.6% for antibiotics and +6.2% for pain killers.

Antiviral purchase has reached 47 items/100,000 inhabitants, more than double compared with the previous epiweek, in line with the increase in the incidence of ILI. The Southern regions of Italy report the highest purchase rates of antivirals.

**Weekly increase in the purchase of antivirals**

![Weekly increase in the purchase of antivirals](image)

**Drug purchase monitoring methodology:**

Drug purchase data is always reported one week later than the surveillance week. Data reports the drugs classified by the Italian system as class A (reimbursable by the Italian MoH), class C (non-reimbursable) and self medication drugs purchased from a representative sample of 2,500 public and private pharmacies in Italy. Regional purchases for each drug item by ATC code is estimated based on these observations. For surveillance purposes, the drugs monitored are antibiotics (ATC J01), pain killers (ATC N02B), and antivirals (ATC J05AH). Analysis calculates items sold per 100,000 inhabitants, this indicator calculates the intensity of use of a specific class of drugs. Denominators are based on population estimates as of January 2009 (source ISTAT).

The trend in drug consumption is based on the Compound Annual Growth Rate: where n is the number of months in the reporting period, item_t+n and item_t the number of items/100,000 inhabitants purchased in the first and last month. Analysis is conducted by the drug epidemiology department of the Italian National Institute of Health (Iss-Cnesps) on OsMed data.

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Drug purchase trends on a representative sample of 2,500 pharmacies (epiweek 45)

Weekly increase in the purchase of pain killers

Taking Home Points:

⇒ The epidemic curve for ILI cases in Italy is probably reaching its peak.

⇒ The emergency room admissions for ARS is decreasing.

⇒ Purchases of antibiotics and pain killers as of epiweek 45 was increasing in line with the epidemiological increase in ILI cases in that week. The purchase of antivirals was highest in the South of the country.

Acknowledgements

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