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Burden of chronic conditions in Italy



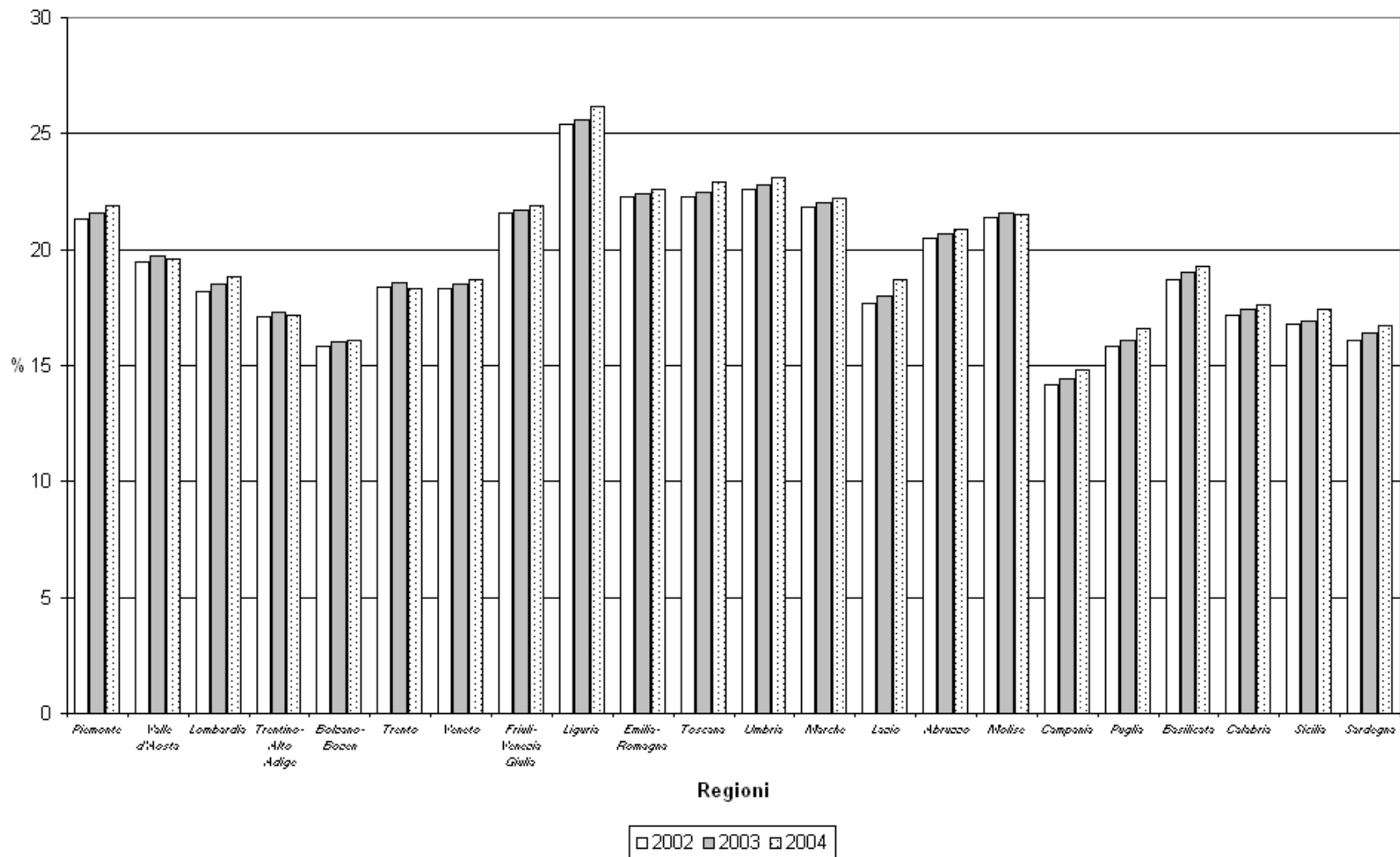
Cardiovascular Disease

- **CVD deaths (all ages): 235,500; 75,000 AMI; 66,000 CVA**
- **Incidence of acute myocardial infarction (35-69 years): 5.7 x 1,000 in men and 1.7 x 1,000 in women**
- **Incidence of cerebrovascular accidents (36-69 years): 2.3 per 1000 in men (case-fatality 17%) and 1.4 per 1000 in women (case-fatality 19%) .**
- **Hospital admission for AMI 121,125; for CVA 208,000**
- **Half of the total national drug expenditure is for treatment for cardiovascular disease**

Cancer

- Annual number of new cancer cases 240,000
- 11,000 aged between 15 and 39 years
- 140,000 deaths due to cancer (accounting for 28% of total mortality)
- Annual prevalence of 1,500,000 subjects
- Highest incidence: lung, breast, colon-rectum, stomach

Proportion of population older than 64 years of age in Italian regions



What prevention?

60% of health expenditure for conditions due to one of seven major factors

- High blood pressure 12,8%;
- Cigarette smoking 12,3%;
- Alcohol 10,1%;
- Hyper-cholesterolemia 8,7%;
- Overweight 7,8%;
- Low intake of fruit and vegetables 4,4%
- Physical inactivity 3,5%.

Chronic disease are the challenge

Surveillance is the tool to provide information to community policy makers

but also to reinforce educational messages and individual choices



Thanks to:

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CDC, USA

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