



QUESTIONNAIRE FOR COLLECTING BEST PRACTICES ON PREVENTING THE HARMFUL USE OF ALCOHOL AMONGST OLDER PEOPLE INCLUDING THE TRANSITION FROM WORK TO RETIREMENT

Purpose of this questionnaire

This questionnaire has been developed to identify and collect innovative practices, projects, programs and if possible best practices on preventing the harmful use of alcohol amongst older people is one of the main aims of the Vintage project, so that we all can learn from what is going on in other countries.

Practices, projects and programs (PPP) can include a **wide range of activities**, including for example laws and policies on reduced BAC levels for older adults, restrictions to alcohol access in old people's homes, it can also include activities that relate to general educational messages or campaigns and description of alcohol prevention and treatment services sensitive to elder's needs.

Collected examples will be uploaded to a database available in the Vintage website to enable us all to know what can be done. We would like this exercise to help us to raise questions on where are the current gaps in knowledge and approaches;

Instructions

On the following pages, please describe what you think have been some of the most innovative projects, programmes or best practices (PPBp) related to preventing the harmful use of alcohol amongst older people including the transition from work to retirement in your country in up to the last 10 years. If there is a very good PPBp that was introduced more than 10 years ago, it is fine to include it.

What we mean by **innovative** is where a PPBp has been changed into something new, or has been altered or renewed, or has been brought in or introduced for the first time. It is up to you to use your own expertise, experience and professional judgment to describe what you think is innovative. We are also looking for things that might be a bit creative or unusual.

By project we refer to any action (research, prevention, etc) endorsed with a clear start and end point. Programme refer to a group of actions that are continuously and integrative implemented.

By **best practice** we refer to approaches which are shown ("proven") to be effective for a group of people. A best practice can be identified through people's experience (clinical or otherwise) or through literature reviews of studies.

By **older people** we mean those aged 65 or more (≥ 65)

Please try to list, if possible, a minimum of 3 practices but If you wish to describe more PPBp, just copy and paste extra PPBp description forms. It is quite possible that there have been no innovative PPBp related to preventing the harm among elder people. If this is the case, please write NO in the box below and fill in the section with questions inquiring on the possible reasons.

The PPBp can be implemented at country, regional or municipal level.