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Commission activities to prevent alcohol-related harm

Alcohol Prevention Day

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Why EU actions – health reasons

- Causes premature deaths –195 000 per year
- 25% of male premature deaths and 10% of female premature deaths
- 60 acute or chronic diseases



Developed Countries Disease burden (DALYs) in 2000 attributable to selected leading risk factors



Number of Disability-Adjusted Life Years



Why EU actions – economic reasons

- On the positive side contributes to €9billion to the goods account balance in EU
- On the negative side contributes to a social cost of estimated €125 billion (health/social and economic costs)



Why EU actions – social reason

- Alcohol harm others than the drinker
- 6 12% children in families with alcohol problems
- Accidents on roads and workplaces
- Violence and crime



Why now?

- Increased number of people are high risk drinkers
- Increased number of girls and women with high alcohol consumption
- Young people's "binge drinking" not together with meals
- Global trends and market makes national actions difficult - Member States have requested EU actions (Council)
- Public health is higher on the agenda



The ongoing work at EU level

Meet the challenge - EU strategy on alcohol and health
Involving all MS and stakeholders



In EU and MS- emerging consensus

- On the protection of young people
 - No sales/serving to under-age drinkers – better enforcement
 - No marketing activities targeting under-age drinkers
 - Support of interventions with a proven effect on under-age drinking



On Drink-driving countermeasures

- Better enforcement; Random Breath testing, license suspension,
- Actions to rise awareness;
- Lower Blood Alcohol Content (BAC) for young and novice drivers
- Treatment for repeated drunk-drivers



- On the protection of third parties and
 - Awareness raising activities on alcohols impact during pregnancy

Support to children in families with drinking problems



On prevention of alcohol related harm among adults

Brief treatment interventions for hazardous and harmful drinkers

Responsible beverage service

Active enforcement of current legislation



To create cross-cultural evidence

A common knowledge base in EU

High quality research – EU and MS

Exchange of best practise



- To raise awareness on the impact of alcohol
 - Consumer friendly information; attractive and easy to understand

Education – but not on it's own



Next steps -EU

- For the moment finalizing an Impact Assessment of the strategy
- A Communication on Alcohol and Health in 2006
- Finnish Presidency will take onboard the Communication (Strategy)



Main aim -to support national level to,

- Develop a solid knowledge base
- On this basis develop and adopt alcohol policy to protect public health
- Enforce and implement
- Evaluate and assess



Good luck with your work!

