

# Latest developments in the EU alcohol policy

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# Is there a need for action to reduce alcohol related harm in Europe?



#### Alcohol related harm in Europe

DALYs (disability adjusted life-years): over 4 million per year
Great costs to society; health care, absenteeism, lost healthy life years
Need to reduce the burden of chronic diseases on health systems
Need to increase healthy life years and productivity



#### Cross border aspects

•E.g. cross border sale, advertising

Health inequalities

•Monitoring, exchange of information

•Multi stakeholder approach with EU wide stakeholders



Call for action and support

Member States, CounciENVI CommitteeCivil society





#### **Basis for EC action**



od Safety



#### The objectives and tools of the 2006 EU strategy are still valid

Much has been achieved (e.g. in Member States and in the European Alcohol and Health Forum) However, Europe is the region with highest consumption and the level of harm remains high

*Continued work to reduce alcohol related harm still needed* 



objectives 

Protect young people, children and the unborn child

Reduce injuries and death from alcohol-related road accidents

Prevent alcohol-related harm among adults and reduce the negative impact on the workplace

Inform, educate and raise awareness on the impact of harmful and hazardous alcohol consumption, and on appropriate consumption patterns

Develop and maintain a common evidence base at EU level





#### Exchange of best practises

CNAPA

Regularly reporting on development in MS

In-depth discussions

Action Plan

Scoping paper





### Action Plan on Youth Drinking and on Heavy Episodic Drinking (2014-2016)

Endorsed by CNAPA on 16 September Lists options for action – voluntary participation Builds on and supports the objectives of the Strategy

#### Areas for action:

- Reduce heavy episodic drinking (binge drinking)
- Reduce accessibility and availability of alcoholic beverages for youth
- Reduce exposure of youth to alcohol marketing and advertising
- Reduce harm from alcohol during pregnancy
- Ensure a healthy and safe environment for youth
- Support monitoring and increase research





## Member State scoping paper

support and continued efforts to reduce alcohol related harm

inform on their views on future policy development

Endorsed by Commission CNAPA on 15 December 2014



#### The main message of the scoping paper

- a call for a new and ambitious strategy
- addressing all types of harmful use of alcohol and alcohol related harm
- across all population groups
- targeting behavioural and structural prevention
- "health in all policies" approach
- build on evidence based measures and policies
- foster synergies across the global, European and national and regional and local level, within the principle of subsidiarity
- where real EU added value can be found





#### **European Alcohol and Health Forum**

Commit to concrete action

Includes all parts of civil society

Exchange of information

Health and Food Safety



#### Forum areas for action

Strategies aimed at curbing under-age drinking

Information and education programmes of the effect of harmful drinking and on responsible patterns of consumption

Possible development of efficient common approaches to provide adequate consumer information

Actions to better enforce age limits for selling and serving alcohol

Interventions promoting effective behavioural change among children and adolescents

Cooperation for promote responsibility in and prevent irresponsible commercial communication and sale

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### Alcohol and health in all policies

#### Drink drive

- DRUID(Driving under the Influence of Drugs, Alcohol and Medicines)
- 2001 Recommendation on blood alcohol content

#### Research

- December 2014 seminar for Member States on reducing Harmful Use of Alcohol with Behavioural Interventions by Joint Research Centre
- AliceRap on addiction (7th Framework Programme for Research)

#### Advertising

Study on minors' exposure to alcohol advertising on linear and non-linear audiovisual media services and other online services



#### **Future EU alcohol policy – what now?**

Commission always consider all opinions and calls for action ommission is in the process of fixing its policy in light of the new priorities Commission is considering how to take forward the work on alcohol related harm, including how this work can fit into a more horizontal approach to reduce chronic diseases



#### For more information:

http://ec.europa.eu/health/alcohol/policy/index\_e

# - THANK YOU -

