

Characteristics of SARS-CoV-2 patients dying in Italy Report based on available data on June 25th, 2020

1. Sample

The present report describes characteristics of 33,532 SARS-CoV-2 patients dying in Italy.* Geographic distribution across the 19 regions and 2 autonomous provinces of Trento and Bozen is presented in the table below. Data are update to June 25th, 2020.

Table 1. Geographic distribution of deceased patients SARS-CoV-2 positive

REGION	N	%
Lombardia	16,586	49.5
Emilia Romagna	4,245	12.7
Piemonte	2,975	8.9
Veneto	2,006	6.0
Liguria	1,608	4.8
Toscana	1,103	3.3
Marche	959	2.9
Lazio	808	2.4
Puglia	543	1.6
Trento	461	1.4
Abruzzo	405	1.2
Campania	385	1.1
Friuli Venezia Giulia	346	1.0
Sicilia	305	0.9
Bolzano	292	0.9
Valle d'Aosta	146	0.4
Sardegna	132	0.4
Calabria	97	0.3
Umbria	78	0.2
Basilicata	29	0.1
Molise	23	0.1
Total	33,532	100.0

^{*} SARS-CoV-2 related deaths presented in this report are those occurring in patients who test positive for SARS-CoV-2RT by PCR, independently from pre-existing diseases.

2. Demographics

Mean age of patients dying for SARS-CoV-2 infection was 80 years (median 82, range 0-100, IQR 74 -88). Women were 14,069 (42.0%). Figure 1 shows that median age of patients dying for SARS-CoV-2 infection was 20 years higher as compared with the national sample diagnosed with SARS-CoV-2 infection (median age 62 years). Figure 2 shows the absolute number of deaths by age group. Women dying for SARS-CoV-2 infection had an older age than men (median age women 85 - median age men 79).

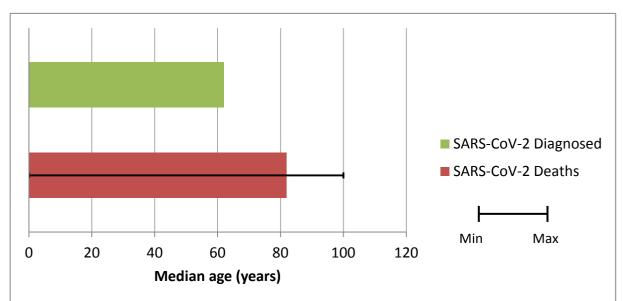
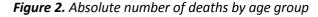
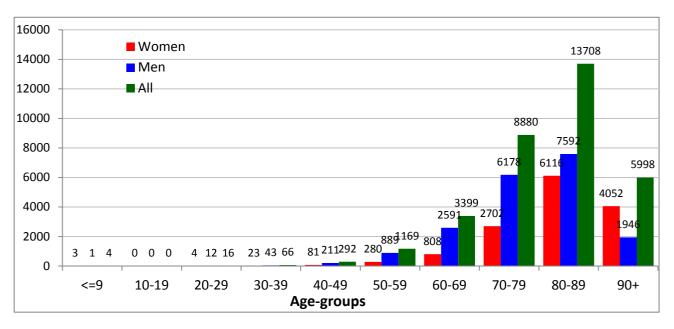


Figure 1. Median age of patients with SARS-CoV-2 infection and SARS-CoV-2 positive deceased patients





3. Pre-existing conditions

Table 2 presents most common comorbidities diagnosed before SARS-CoV-2 infection. Data on diseases were based on chart review and was available on 3,602 patients dying in-hospital for whom it was possible to analyse clinic charts. Mean number of diseases was 3.3 (median 3, SD 1.9). Overall, 4.1% of the sample presented with a no comorbidities, 14.5% with a single comorbidity, 21.3% with 2, and 60.1% with 3 or more.

Before hospitalization, 23% of SARS-CoV-2 positive deceased patients followed ACE-inhibitor therapy and 16% angiotensin receptor blockers-ARBs therapy. This information can be underestimated because data on drug treatment before admission were not always described in the chart.

Table 2. Most common comorbidities observed in SARS-CoV-2 positive deceased patients

Diseases	N	%
Ischemic heart disease	993	27.6
Atrial Fibrillation	798	22.2
Heart failure	563	15.6
Stroke	372	10.3
Hypertension	2406	66.8
Type 2-Diabetes	1079	30.0
Dementia	612	17.0
COPD (Chronic Obstructive Pulmonary Disease)	601	16.7
Active cancer in the past 5 years	<i>578</i>	16.0
Chronic liver disease	157	4.4
Chronic renal failure	716	19.9
Dialysis	69	1.9
Respiratory failure	191	5.3
HIV Infection	7	0.2
Autoimmune diseases	141	3.9
Obesity	398	11.0
Number of comorbidities		
0 comorbidities	148	4.1
1 comorbidity	522	14.5
2 comorbidities	767	21.3
3 comorbidities and over	2165	60.1

Table 3 presents the most common pre-existing chronic pathologies in patients who died, separately in men (n = 2,391 and women (n = 1,211). The average number of pathologies observed in women is 3.4 (median 3, Standard Deviation 1.9). In men the average number of pathologies observed is 3.2 (median 3, Standard Deviation 2.0).

Table 3. Most common comorbidities observed in SARS-CoV-2 positive deceased patients by gender

Women

Men

	1	1
Diseases	N	%
Ischemic heart disease	251	20.7
Atrial Fibrillation	283	23.4
Heart Failure	222	17.8
Stroke	127	10.5
Hypertension	825	68.1
Type 2-Diabetes	342	28.2
Dementia	297	24.5
COPD (Chronic Obstructive Pulmonary Disease)	155	12.8
Active cancer in the past 5 years	198	16.4
Chronic liver disease	40	3.3
Chronic renal failure	212	17.5
Dialysis	20	1.7
Respiratory failure	66	5.5
HIV Infection	0	0.0
Autoimmune diseases	70	5.8
Obesity	139	11.5
Number of comorbidities		
0 comorbidities	34	2.8
1 comorbidity	166	13.7
2 comorbidities	262	21.6
3 comorbidities and over	749	61.8

	,	
N	%	
742	31.0	
515	21.5	
341	14.0	
245	10.2	
1581	66.1	
737	30.8	
315	13.2	
446	18.7	
380	15.9	
117	4.9	
504	21.1	
49	2.0	
125	5.2	
7	0.3	
71	3.0	
259	10.8	
114	4.8	
356	14.9	
505	21.1	
1416	59.2	

4. Diagnosis of hospitalization

In 92.1% of hospitalizations, conditions (e.g. pneumonia, respiratory failure) or symptoms (e.g. fever, dyspnoea, cough) compatible with SARS-CoV-2 were mentioned. In 260 cases (7.9% of cases) the diagnosis of hospitalization was not related to the infection. In 40 cases the diagnosis of hospitalization concerned exclusively neoplastic pathologies, in 94 cases cardiovascular pathologies (for example Acute Myocardial Infarction-AMI, heart failure, stroke), in 34 cases gastrointestinal pathologies (for example cholecystitis, perforation of the intestine, intestinal obstruction, cirrhosis), in 92 cases other pathologies.

5. Symptoms

Figure 3 shows symptoms most commonly observed at hospital admission. Fever, dyspnoea and cough were the most commonly observed symptoms, while diarrhoea and haemoptysis were less commonly observed. Overall, 6.0% of patients did not present any symptoms at hospital admission.

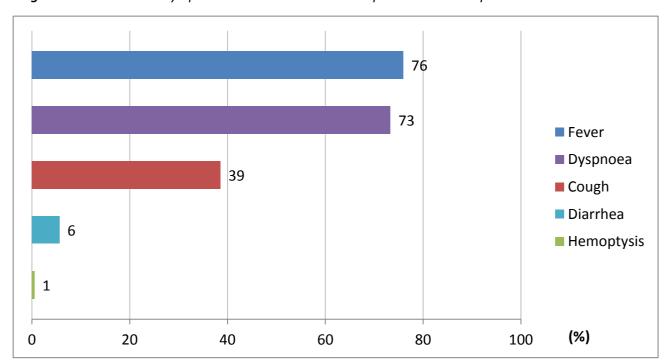


Figure 3. Most common symptoms observed in SARS-CoV-2 positive deceased patients

6. Acute conditions

Acute Respiratory Distress syndrome was observed in the majority of patients (96.5% of cases), followed by acute renal failure (21.9%). Superinfection was observed in 13.8% and acute cardiac injury in 10.8% of cases.

7. Treatments

Antibiotics were used by 86% of patients during hospital stay, while less used were antivirals (60%) and corticosteroids (39%). Concomitant use of these 3 treatments was observed in 23.8% of cases.

Out of SARS-CoV-2 positive deceased patients, 4.1% were treated with Tocilizumab during hospitalization.

8. Time-line

Figure 4 shows, for SARS-CoV-2 positive deceased patients, the median times, in days, from the onset of symptoms to death (11 days), from the onset of symptoms to hospitalization (5 days) and from hospitalization to death (6 days). The time from hospitalization to death was 5 days longer in those who were transferred to intensive care than those who were not transferred (10 days vs. 5 days).

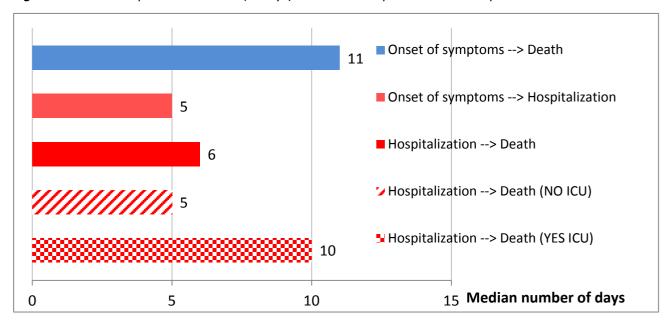


Figure 4. Median hospitalization times (in days) in SARS-CoV-2 positive deceased patients

9. Deaths under the age of 50 years

As of June 25th, 378 out of the 33,532 (1.1%) positive SARS-CoV-2 patients under the age of 50 died. In particular, 86 of these were less than 40 years (56 men and 30 women), age range between 0 and 39 years. For 8 patients under the age of 40 years no clinical information is available; out of the remaining ones, 64 had serious pre-existing pathologies (cardiovascular, renal, psychiatric pathologies, diabetes, obesity) and 14 had no major pathologies.

This report was produced by SARS-CoV-2 Surveillance Group

Members of the SARS-CoV-2 Surveillance Group

Luigi Palmieri, Xanthi Andrianou, Pierfrancesco Barbariol, Antonino Bella, Stefania Bellino, Eva Benelli, Luigi Bertinato, Stefano Boros, Gianfranco Brambilla, Giovanni Calcagnini, Marco Canevelli, Maria Rita Castrucci, Federica Censi, Alessandra Ciervo, Elisa Colaizzo, Fortunato D'Ancona, Martina Del Manso, Chiara Donfrancesco, Massimo Fabiani, Francesco Facchiano, Antonietta Filia, Marco Floridia, Fabio Galati, Marina Giuliano, Tiziana Grisetti, Yllka Kodra; Martin Langer, Ilaria Lega, Cinzia Lo Noce, Pietro Maiozzi, Fiorella Malchiodi Albedi, Valerio Manno, Margherita Martini, Alberto Mateo Urdiales, Eugenio Mattei, Claudia Meduri, Paola Meli, Giada Minelli, Manuela Nebuloni, Lorenza Nisticò, Marino Nonis, Graziano Onder, Lucia Palmisano, Nicola Petrosillo, Patrizio Pezzotti, Flavia Pricci, Ornella Punzo, Vincenzo Puro, Valeria Raparelli, Giovanni Rezza, Flavia Riccardo, Maria Cristina Rota, Paolo Salerno, Debora Serra, Andrea Siddu, Paola Stefanelli, Manuela Tamburo De Bella, Dorina Tiple, Brigid Unim, Luana Vaianella, Nicola Vanacore, Monica Vichi, Emanuele Rocco Villani, Amerigo Zona, Silvio Brusaferro.