



Characteristics of SARS-CoV-2 patients dying in Italy Report based on available data on April 23th, 2020

1. Sample

The present report describes characteristics of 23,188 SARS-CoV-2 patients dying in Italy.* Geographic distribution across the 19 regions and 2 autonomous provinces of Trento and Bozen is presented in the table below. Data are update to April 23th, 2020.

Table 1. Geographic distribution of deceased patients SARS-CoV-2 positive

REGION	N	%
Lombardia	12,946	55.8
Emilia Romagna	3,190	13.8
Piemonte	1,746	7.5
Veneto	1,207	5.2
Liguria	556	2.4
Marche	541	2.3
Toscana	540	2.3
Trento	381	1.6
Puglia	373	1.6
Lazio	304	1.3
Bolzano	262	1.1
Friuli Venezia Giulia	245	1.1
Campania	196	0.8
Sicilia	187	0.8
Valle d'Aosta	151	0.7
Sardegna	101	0.4
Umbria	98	0.4
Calabria	67	0.3
Abruzzo	54	0.2
Basilicata	23	0.1
Molise	20	0.1
Total	23,188	100.0

* SARS-CoV-2 related deaths presented in this report are those occurring in patients who test positive for SARS-CoV-2RT by PCR, independently from pre-existing diseases.

2. Demographics

Mean age of patients dying for SARS-CoV-2 infection was 79 years (median 81, range 0-100, IQR 73 -86). Women were 8,500 (36.7%). *Figure 1* shows that median age of patients dying for SARS-CoV-2 infection was more than 15 years higher as compared with the national sample diagnosed with SARS-CoV-2 infection (median age 62 years). *Figure 2* shows the absolute number of deaths by age group. Women dying for SARS-CoV-2 infection had an older age than men (median age women 84 - median age men 79).

Figure 1. Median age of patients with SARS-CoV-2 infection and SARS-CoV-2 positive deceased patients

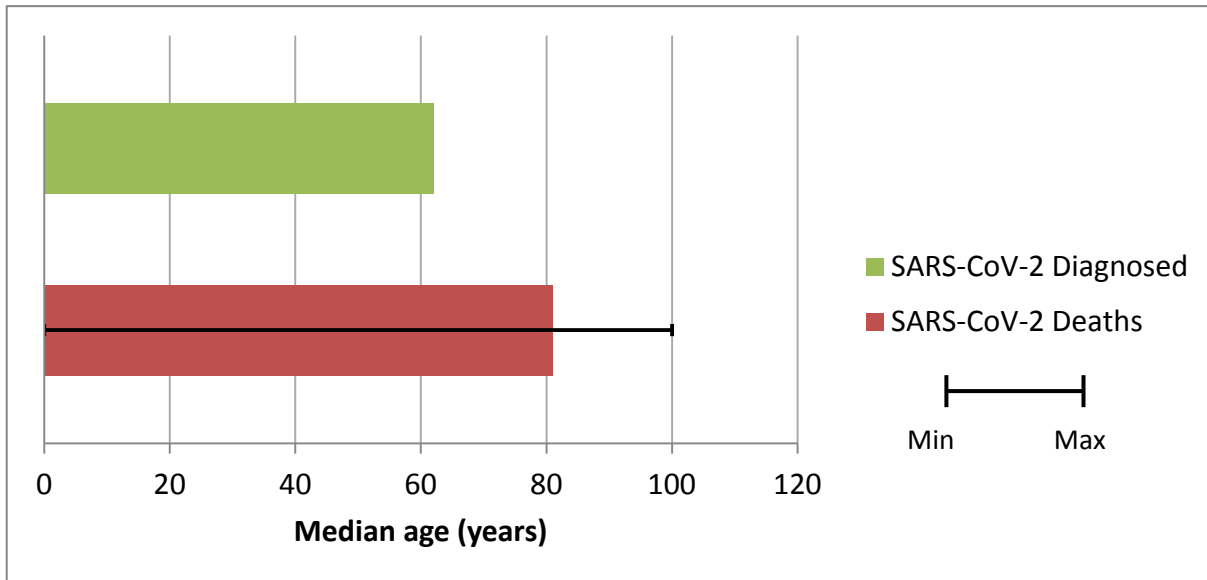
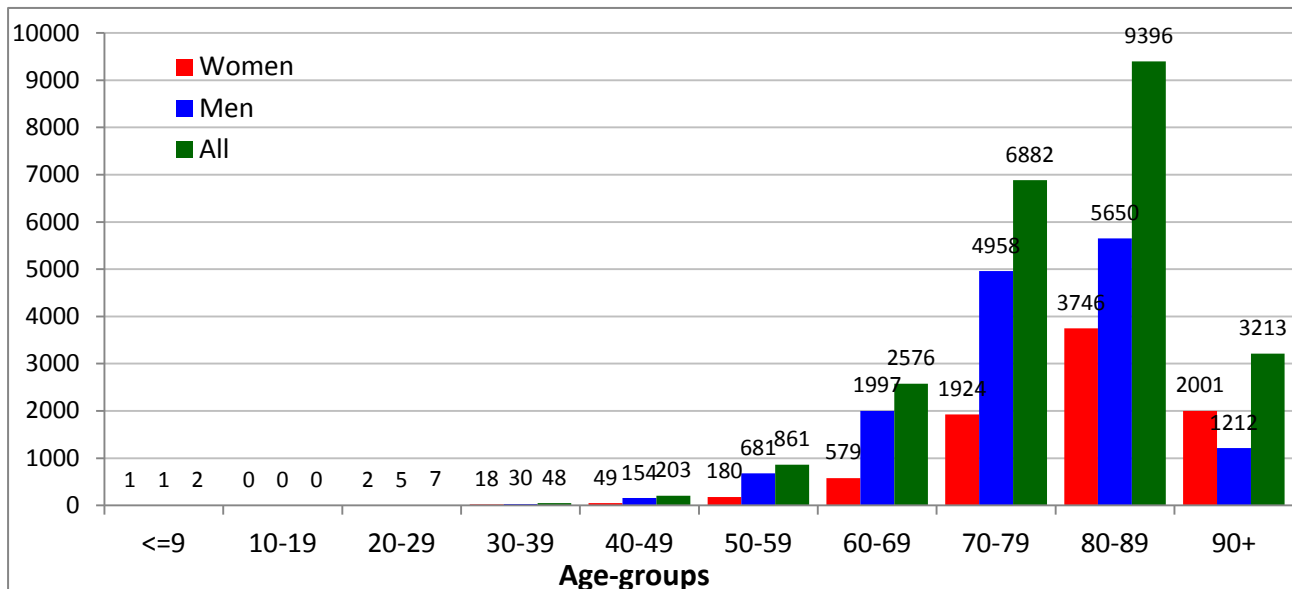


Figure 2. Absolute number of deaths by age group



3. Pre-existing conditions

Table 1 presents most common comorbidities diagnosed before SARS-CoV-2 infection. Data on diseases were based on chart review and was available on 2,041 patients dying in-hospital for whom it was possible to analyse clinic charts. Mean number of diseases was 3.3 (median 3, SD 1.9). Overall, 3.6% of the sample presented with a no comorbidities, 14.4% with a single comorbidity, 21.1% with 2, and 60.9% with 3 or more.

Before hospitalization, 24% of SARS-CoV-2 positive deceased patients followed ACE-inhibitor therapy and 16% angiotensin receptor blockers-ARBs therapy. This information can be underestimated because data on drug treatment before admission were not always described in the chart.

Table 1. Most common comorbidities observed in SARS-CoV-2 positive deceased patients

Diseases	N	%
<i>Ischemic heart disease</i>	562	27.5
<i>Atrial Fibrillation</i>	450	22.0
<i>Heart failure</i>	328	16.1
<i>Stroke</i>	228	11.2
<i>Hypertension</i>	1410	69.1
<i>Type 2-Diabetes</i>	647	31.7
<i>Dementia</i>	307	15.0
<i>COPD (Chronic Obstructive Pulmonary Disease)</i>	350	17.1
<i>Active cancer in the past 5 years</i>	328	16.1
<i>Chronic liver disease</i>	81	4.0
<i>Chronic renal failure</i>	431	21.1
<i>Dialysis</i>	43	2.1
<i>Respiratory failure</i>	110	5.4
<i>HIV Infection</i>	5	0.2
<i>Autoimmune diseases</i>	76	3.7
<i>Obesity</i>	249	12.2
Number of comorbidities		
<i>0 comorbidities</i>	74	3.6
<i>1 comorbidity</i>	294	14.4
<i>2 comorbidities</i>	431	21.1
<i>3 comorbidities and over</i>	1242	60.9

Table 3 presents the most common pre-existing chronic pathologies in patients who died, separately in men (n = 1,382) and women (n = 659). The average number of pathologies observed in women is 3.4 (median 3, Standard Deviation 1.9). In men the average number of pathologies observed is 3.2 (median 3, Standard Deviation 1.9).

Tabella 3. Most common comorbidities observed in SARS-CoV-2 positive deceased patients by gender

	Women		Men	
Diseases	N	%	N	%
<i>Ischemic heart disease</i>	137	20.8	425	30.8
<i>Atrial Fibrillation</i>	157	23.8	293	21.2
<i>Heart Failure</i>	129	18.9	199	14.1
<i>Stroke</i>	70	10.6	158	11.4
<i>Hypertension</i>	474	71.9	936	67.7
<i>Type 2-Diabetes</i>	205	31.1	442	32.0
<i>Dementia</i>	137	20.8	170	12.3
<i>COPD (Chronic Obstructive Pulmonary Disease)</i>	83	12.6	267	19.3
<i>Active cancer in the past 5 years</i>	105	15.9	223	16.1
<i>Chronic liver disease</i>	18	2.7	63	4.6
<i>Chronic renal failure</i>	122	18.5	309	22.4
<i>Dialysis</i>	14	2.1	29	2.1
<i>Respiratory failure</i>	33	5.0	77	5.6
<i>HIV Infection</i>	0	0.0	5	0.4
<i>Autoimmune diseases</i>	40	6.1	36	2.6
<i>Obesity</i>	91	13.8	158	11.4
Number of comorbidities				
<i>0 comorbidities</i>	13	2.0	61	4.4
<i>1 comorbidity</i>	89	13.5	205	14.8
<i>2 comorbidities</i>	145	22.0	286	20.7
<i>3 comorbidities and over</i>	412	62.5	830	60.1

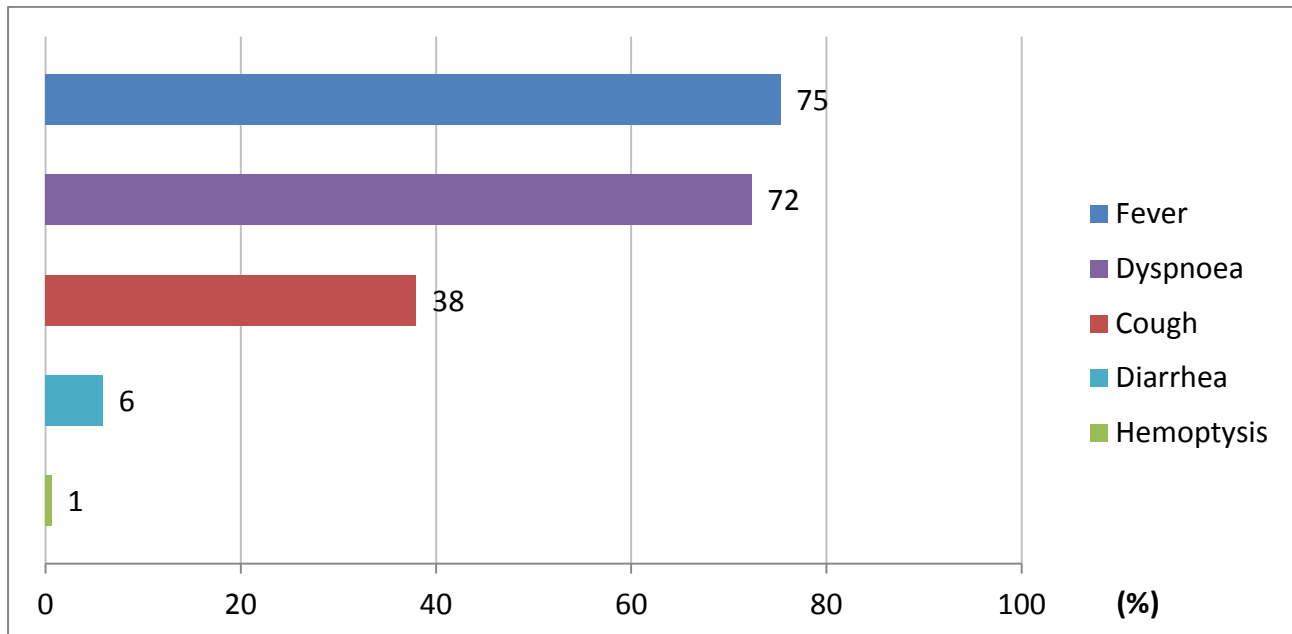
4. Diagnosis of hospitalization

In 92.3% of hospitalizations, conditions (e.g. pneumonia, respiratory failure) or symptoms (e.g. fever, dyspnoea, cough) compatible with SARS-CoV-2 were mentioned. In 149 cases (7.7% of cases) the diagnosis of hospitalization was not related to the infection. In 15 cases the diagnosis of hospitalization concerned exclusively neoplastic pathologies, in 62 cases cardiovascular pathologies (for example Acute Myocardial Infarction-AMI, heart failure, stroke), in 20 cases gastrointestinal pathologies (for example cholecystitis, perforation of the intestine, intestinal obstruction, cirrhosis), in 52 cases other pathologies.

5. Symptoms

Figure 3 shows symptoms most commonly observed at hospital admission. Fever, dyspnoea and cough were the most commonly observed symptoms, while diarrhoea and haemoptysis were less commonly observed. Overall, 6.1% of patients did not present any symptoms at hospital admission.

Figure 3. Most common symptoms observed in SARS-CoV-2 positive deceased patients



6. Acute conditions

Acute Respiratory Distress syndrome was observed in the majority of patients (96.8% of cases), followed by acute renal failure (22.8%). Superinfection was observed in 12.8% and acute cardiac injury in 9.9% of cases.

7. Treatments

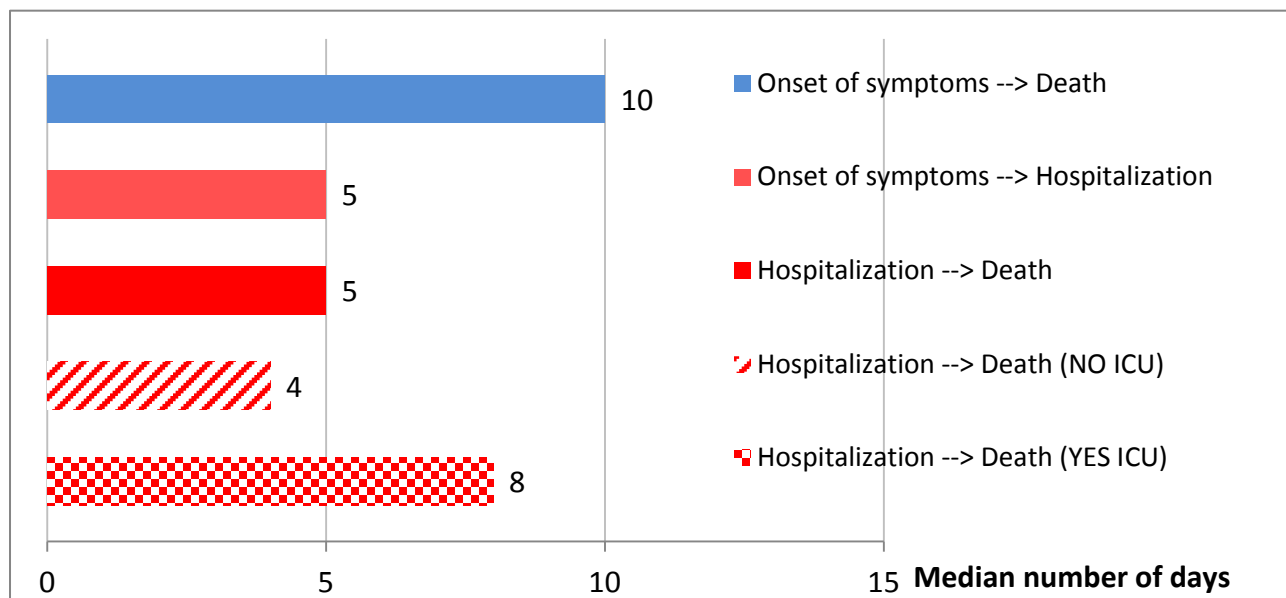
Antibiotics were used by 85% of patients during hospital stay, while less used were antivirals (57%) and corticosteroids (36%). Concomitant use of these 3 treatments was observed in 20.8% of cases.

Out of SARS-CoV-2 positive deceased patients, 4.4% were treated with Tocilizumab during hospitalization.

8. Time-line

Figure 4 shows, for SARS-CoV-2 positive deceased patients, the median times, in days, from the onset of symptoms to death (10 days), from the onset of symptoms to hospitalization (5 days) and from hospitalization to death (5 days). The time from hospitalization to death was 4 days longer in those who were transferred to intensive care than those who were not transferred (8 days vs. 4 days).

Figure 4. Median hospitalization times (in days) in SARS-CoV-2 positive deceased patients



9. Deaths under the age of 50 years

As of April 23th, 260 out of the 23,188 (1.1%) positive SARS-CoV-2 patients under the age of 50 died. In particular, 57 of these were less than 40 years (36 men and 21 women), age range between 0 and 39 years. For 9 patients under the age of 40 years no clinical information is available; the remaining 38 had serious pre-existing pathologies (cardiovascular, renal, psychiatric pathologies, diabetes, obesity) and 10 had no major pathologies.

This report was produced by SARS-CoV-2 Surveillance Group

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