

Characteristics of SARS-CoV-2 patients dying in Italy Report based on available data on April 29th, 2020

1. Sample

The present report describes characteristics of 25,452 SARS-CoV-2 patients dying in Italy.* Geographic distribution across the 19 regions and 2 autonomous provinces of Trento and Bozen is presented in the table below. Data are update to April 29th, 2020.

REGION	Ν	%		
Lombardia	13,685	53.8		
Emilia Romagna	3,458 13.6			
Piemonte	2,095	2,095 8.2		
Veneto	1,445	5.7		
Liguria	678 2.7			
Toscana	655 2.6			
Marche	598	2.3		
P.A. Trento	412	1.6		
Puglia	410	1.6		
Lazio	397	1.6		
Friuli Venezia Giulia	279	1.1		
P.A. Bolzano	274	1.1		
Campania	245	1.0		
Sicilia	217	0.9		
Abruzzo	157	0.6		
Valle d'Aosta	137	0.5		
Sardegna	120	0.5		
Calabria	74	0.3		
Umbria	71	0.3		
Basilicata	24	0.1		
Molise	21 0.1			
Total	25,452	100.0		

* SARS-CoV-2 related deaths presented in this report are those occurring in patients who test positive for SARS-CoV-2RT by PCR, independently from pre-existing diseases.

2. Demographics

Mean age of patients dying for SARS-CoV-2 infection was 79 years (median 81, range 0-100, IQR 73 -87). Women were 9,684 (38.0%). *Figure 1* shows that median age of patients dying for SARS-CoV-2 infection was more than 15 years higher as compared with the national sample diagnosed with SARS-CoV-2 infection (median age 62 years). *Figure 2* shows the absolute number of deaths by age group. Women dying for SARS-CoV-2 infection had an older age than men (median age women 84 - median age men 79).

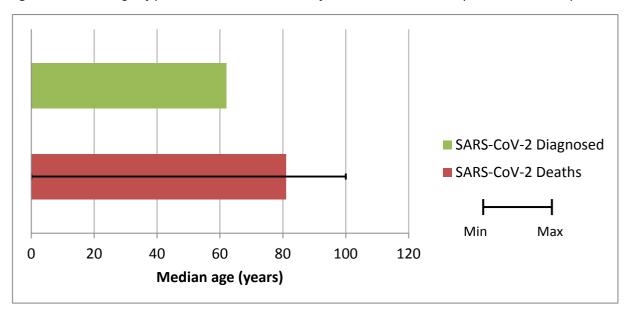
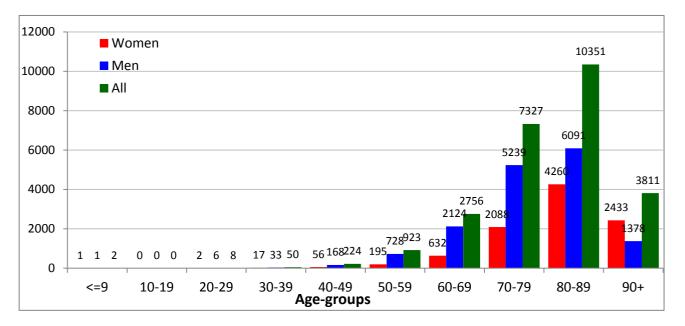


Figure 1. Median age of patients with SARS-CoV-2 infection and SARS-CoV-2 positive deceased patients

Figure 2. Absolute number of deaths by age group



3. Pre-existing conditions

Table 1 presents most common comorbidities diagnosed before SARS-CoV-2 infection. Data on diseases were based on chart review and was available on 2,351 patients dying in-hospital for whom it was possible to analyse clinic charts. Mean number of diseases was 3.3 (median 3, SD 1.9). Overall, 3.8% of the sample presented with a no comorbidities, 14.5% with a single comorbidity, 21.4% with 2, and 60.3% with 3 or more.

Before hospitalization, 24% of SARS-CoV-2 positive deceased patients followed ACE-inhibitor therapy and 16% angiotensin receptor blockers-ARBs therapy. This information can be underestimated because data on drug treatment before admission were not always described in the chart.

Diseases	N	%
Ischemic heart disease	662	28.2
Atrial Fibrillation	518	22.0
Heart failure	386	16.4
Stroke	255	10.8
Hypertension	1627	69.2
Type 2-Diabetes	747	31.8
Dementia	357	15.2
COPD (Chronic Obstructive Pulmonary Disease)	398	16.9
Active cancer in the past 5 years	383	16.3
Chronic liver disease	94	4.0
Chronic renal failure	494	21.0
Dialysis	46	2.0
Respiratory failure	119	5.1
HIV Infection	6	0.3
Autoimmune diseases	89	3.8
Obesity	272	11.6
Number of comorbidities		
0 comorbidities	90	3.8
1 comorbidity	340	14.5
2 comorbidities	504	21.4
3 comorbidities and over	1417	60.3

Table 1. Most common comorbidities observed in SARS-CoV-2 positive deceased patients

Table 3 presents the most common pre-existing chronic pathologies in patients who died, separately in men (n = 1,587) and women (n = 764). The average number of pathologies observed in women is 3.4 (median 3, Standard Deviation 1.9). In men the average number of pathologies observed is 3.2 (median 3, Standard Deviation 1.9).

Men

Diseases	N	%		N	%
Ischemic heart disease	164	21.5		498	31.4
Atrial Fibrillation	179	23.4		339	21.4
Heart Failure	150	19.0		236	14.6
Stroke	85	11.1		170	10.7
Hypertension	551	72.1		1076	67.8
Type 2-Diabetes	240	31.4		507	31.9
Dementia	166	21.7		191	12.0
COPD (Chronic Obstructive Pulmonary Disease)	97	12.7		301	19.0
Active cancer in the past 5 years	119	15.6		264	16.6
Chronic liver disease	19	2.5		75	4.7
Chronic renal failure	143	18.7		351	22.1
Dialysis	14	1.8		32	2.0
Respiratory failure	35	4.6		84	5.3
HIV Infection	0	0.0		6	0.4
Autoimmune diseases	49	6.4		40	2.5
Obesity	97	12.7		175	11.0
Number of comorbidities			1 -		
0 comorbidities	18	2.4		72	4.5
1 comorbidity	104	13.6		236	14.9
2 comorbidities	166	21.7		338	21.3
3 comorbidities and over	476	62.3		941	59.3

Tabella 3. Most common comorbidities observed in SARS-CoV-2 positive deceased patients by gender

Women

4. Diagnosis of hospitalization

In 92.5% of hospitalizations, conditions (e.g. pneumonia, respiratory failure) or symptoms (e.g. fever, dyspnoea, cough) compatible with SARS-CoV-2 were mentioned. In 166 cases (7.5% of cases) the diagnosis of hospitalization was not related to the infection. In 17 cases the diagnosis of hospitalization concerned exclusively neoplastic pathologies, in 68 cases cardiovascular pathologies (for example Acute Myocardial Infarction-AMI, heart failure, stroke), in 23 cases gastrointestinal pathologies (for example cholecystitis, perforation of the intestine, intestinal obstruction, cirrhosis), in 58 cases other pathologies.

5. Symptoms

Figure 3 shows symptoms most commonly observed at hospital admission. Fever, dyspnoea and cough were the most commonly observed symptoms, while diarrhoea and haemoptysis were less commonly observed. Overall, 6.0% of patients did not present any symptoms at hospital admission.

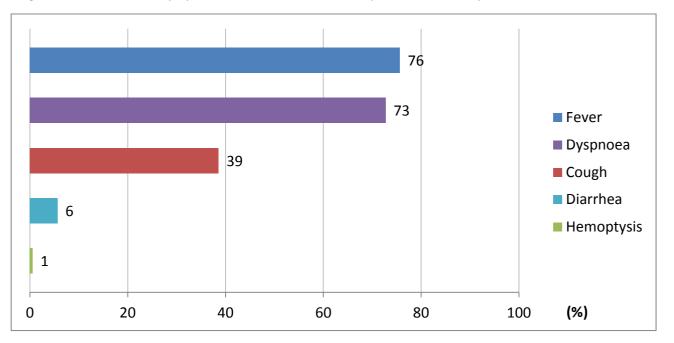


Figure 3. Most common symptoms observed in SARS-CoV-2 positive deceased patients

6. Acute conditions

Acute Respiratory Distress syndrome was observed in the majority of patients (97.1% of cases), followed by acute renal failure (23.3%). Superinfection was observed in 12.6% and acute cardiac injury in 10.9% of cases.

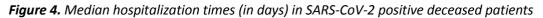
7. Treatments

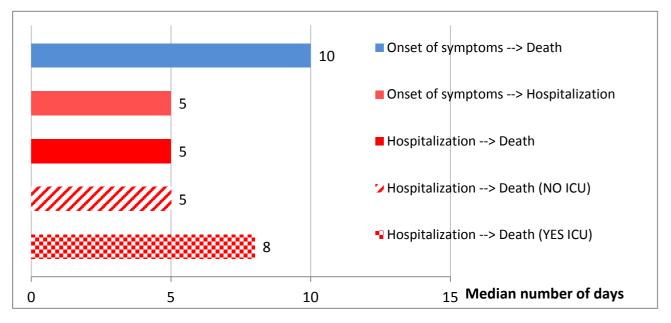
Antibiotics were used by 85% of patients during hospital stay, while less used were antivirals (57%) and corticosteroids (37%). Concomitant use of these 3 treatments was observed in 21.0% of cases.

Out of SARS-CoV-2 positive deceased patients, 4.4% were treated with Tocilizumab during hospitalization.

8. Time-line

Figure 4 shows, for SARS-CoV-2 positive deceased patients, the median times, in days, from the onset of symptoms to death (10 days), from the onset of symptoms to hospitalization (5 days) and from hospitalization to death (5 days). The time from hospitalization to death was 3 days longer in those who were transferred to intensive care than those who were not transferred (8 days vs. 4 days).





9. Deaths under the age of 50 years

As of April 29th, 284 out of the 25,452 (1.1%) positive SARS-CoV-2 patients under the age of 50 died. In particular, 59 of these were less than 40 years (39 men and 20 women), age range between 0 and 39 years. For 9 patients under the age of 40 years no clinical information is available; the remaining 40 had serious pre-existing pathologies (cardiovascular, renal, psychiatric pathologies, diabetes, obesity) and 10 had no major pathologies.

This report was produced by SARS-CoV-2 Surveillance Group

Members of the SARS-CoV-2 Surveillance Group

Luigi Palmieri, Xanthi Andrianou, Pierfrancesco Barbariol, Antonino Bella, Stefania Bellino, Eva Benelli, Luigi Palmieri, Xanthi Andrianou, Pierfrancesco Barbariol, Antonino Bella, Stefania Bellino, Eva Benelli, Luigi Bertinato, Stefano Boros, Gianfranco Brambilla, Giovanni Calcagnini, Marco Canevelli, Maria Rita Castrucci, Federica Censi, Alessandra Ciervo, Elisa Colaizzo, Fortunato D'Ancona, Martina Del Manso, Chiara Donfrancesco, Massimo Fabiani, Francesco Facchiano, Antonietta Filia, Marco Floridia, Fabio Galati, Marina Giuliano, Tiziana Grisetti, Yllka Kodra; Martin Langer, Ilaria Lega, Cinzia Lo Noce, Pietro Maiozzi, Fiorella Malchiodi Albedi, Valerio Manno, Margherita Martini, Alberto Mateo Urdiales, Eugenio Mattei, Claudia Meduri, Paola Meli, Giada Minelli, Manuela Nebuloni, Lorenza Nisticò, Marino Nonis, Graziano Onder, Lucia Palmisano, Nicola Petrosillo, Patrizio Pezzotti, Flavia Pricci, Ornella Punzo, Vincenzo Puro, Valeria Raparelli, Giovanni Rezza, Flavia Riccardo, Maria Cristina Rota, Paolo Salerno, Debora Serra, Andrea Siddu, Paola Stefanelli, Manuela Tamburo De Bella, Dorina Tiple, Brigid Unim, Luana Vaianella, Nicola Vanacore, Monica Vichi, Emanuele Rocco Villani, Amerigo Zona, Silvio Brusaferro.