

# Eclampsia in the Netherlands is not similar to Eclampsia in the UK

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# Eclampsia, a comparison within the International Network of Obstetric Surveillance Systems (**INOSS**)

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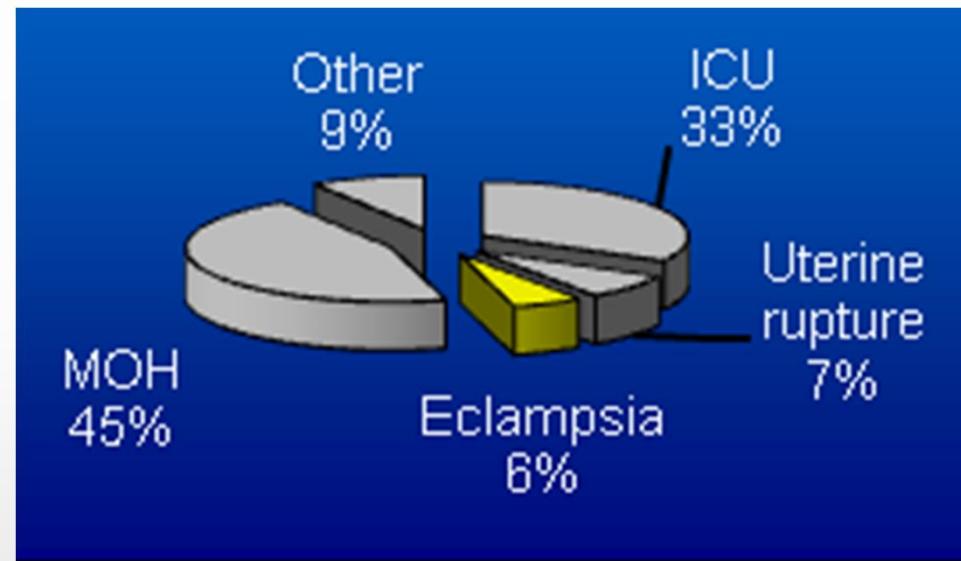


# Maternal morbidity – LEMMoN study

2004 - 2006

## “ LEMMoN

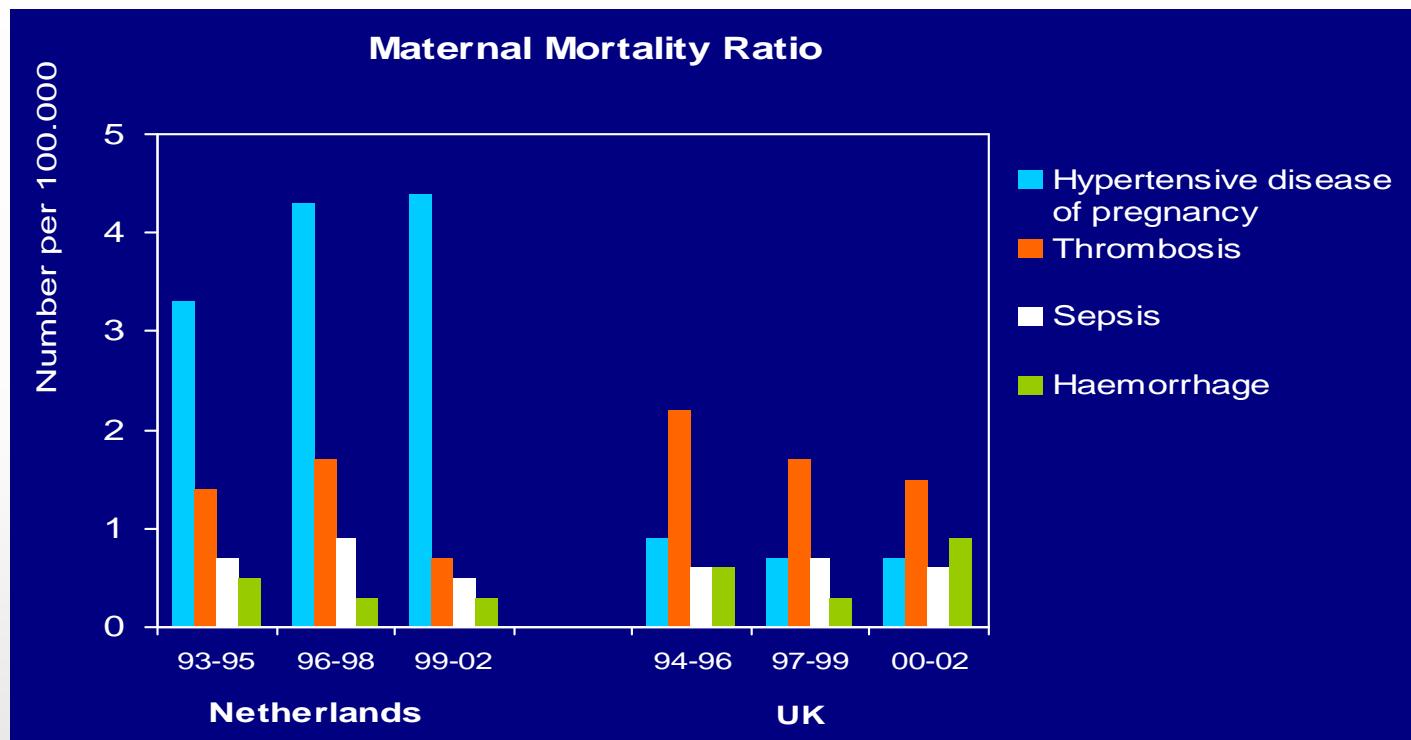
- “ Uterine rupture
- “ Eclampsia
- “ M obstetric haemorrhage
- “ ICU



## “ Monthly mail

- “ 371 000 pregnancies
- “ Incidence of SAMM: 7.1 per 1000 (0.71%)
- “ Incidence of Eclampsia: 6.2 / 10 000 deliveries

# Eclampsia - International perspective



- Different definitions
- Patiënt characteristics
- Management strategies



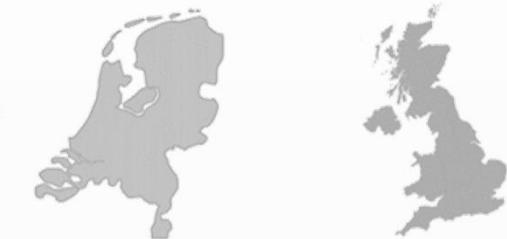
# Eclampsia, a comparison within the International Network of Obstetric Surveillance Systems (INOSS)



**UKOSS**  
UK Obstetric Surveillance System

- “ 2004 - 2006
- “ 100% hospitals

- “ 2005 - 2006
- “ 100% hospitals



Pregnancies

358,874

775,186

Cases

226

264

Data  
retrievable

217

245

Meeting UKOSS  
definition

192

214

Available for  
analysis

406

# Eclampsia, a comparison within the International Network of Obstetric Surveillance Systems (INOSS)

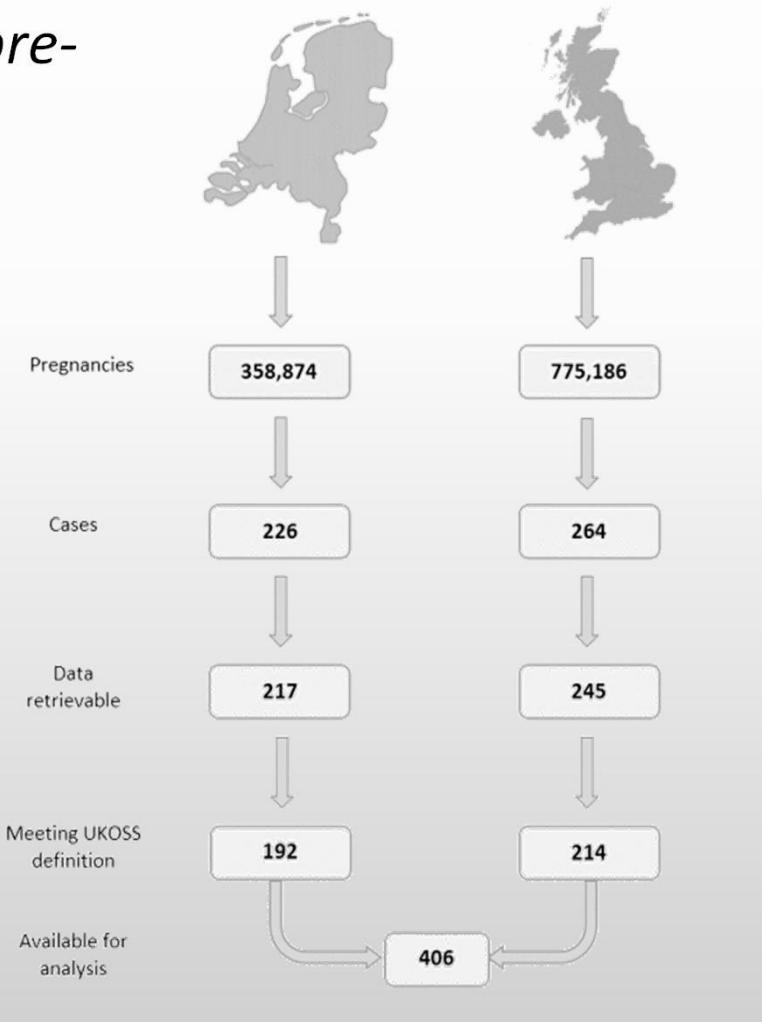


*Eclampsia superimposed on pre-eclampsia not attributable to other causes*



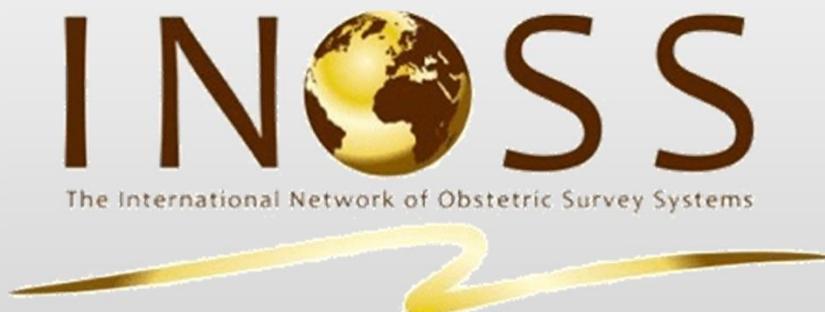
*Any women with convulsions during pregnancy until 10d postpartum with 2 or more:*

- “ hypertension
- “ Proteinuria
- “ Thrombocytopenia
- “ Raised ALT/AST



# INOSS Uniform Definition Difficulties

Using UKOSS definitions led to the exclusion of 30 LEMMoN cases  
Dutch incidence fell from 6.2 to 5.4 per 10.000



# Case no. 742 - MSS. I. NOSS

- “ G1P0, 33 years
- “ Current pregnancy
  - “ Pregnancy following ICSI
  - “ Reduction from a triplet → twin pregnancy
- “ Delivery
  - “ Spontaneous start of labour at GA 38w
  - “ 2x Spontaneous delivery
  - “ 4 hours post delivery: eclampsia
  - “ RR 160/100 mmHg
  - “ Lab: platelet's 107, ASAT 36, ALAT 34 (uric acid: 0.43)
  - “ Proteinuria: unknown
- “ Therapy: Stesolid; MgSO4; Nepresol

# Case no. 742 - MSS. I. NOSS

## UKOSS

Any women with convulsion(s) during pregnancy or the first 10 days postpartum, together with at least two of the following features

- “ Hypertension (booking <90, RRd max >90mmHg AND RRd increment  $\geq$  25mmHg)
- “ Proteinuria (stick + OR  $\geq$  0,3g/24hr)
- “ Thrombocytopenia ( $<100 \times 10^9/L$ )
- “ Raised plasma ALT ( $\geq$  42 iu/L) OR AST ( $\geq$  42iu/L)

## Reason for exclusion

- “ Non-severe lab results
- “ Unknown proteinuria

# Case no. 573

- “ G1P0, 32 years
- “ Current pregnancy
  - “ Uncomplicated antenatal checks
  - “ booking blood pressure: 120/78mmHg
- “ GA 40+5
  - “ Pregnancy Induced Hypertension: 150/95mmHg, headaches, no proteinuria
- “ GA 41+1
  - “ 165/105mmHg, headaches, oedema, trace of proteinuria (+/-)
  - “ no laboratory data
  - “ eclampsia
- “ Spontaneous labour → emergency caesarean (fetal demise)
- “ After CS: recurrence of eclampsia → intubated
- “ 1 day post delivery: 110/50

# Case no. 573

## UKOSS

Any women with convulsion(s) during pregnancy or the first 10 days postpartum, together with at least two of the following features

- “ Hypertension (booking <90, RRd max >90mmHg AND RRd increment  $\geq$  25mmHg)
- “ Proteinuria (stick + OR  $\geq$  0,3g/24hr)
- “ Thrombocytopenia ( $<100 \times 10^9/L$ )
- “ Raised plasma ALT ( $\geq 42 \text{ iu/L}$ ) OR AST ( $\geq 42 \text{ iu/L}$ )

## Reason for exclusion

- “ Non-severe proteinuria
- “ Unknown lab data

# Case no. 2557

- “ G1P0, 29 years
- “ Current pregnancy
  - “ Uncomplicated antenatal checks
  - “ Booking RRd 82mmHg
- “ Delivery
  - “ Spontaneous labour at GA 39+5
  - “ Transferred to hospital for pain relief. No PE complaints
  - “ Max blood pressure 190/105mmHg
  - “ Proteinuria: +
  - “ Laboratory: normal
- “ eclampsia during dilation
- “ Stesolid, mgso4, Nepresol
- “ Spontaneous delivery

# Case no. 2557

## UKOSS

Any women with convulsion(s) during pregnancy or the first 10 days postpartum, together with at least two of the following features

- “ Hypertension (booking <90, RRd max >90mmHg AND RRd increment  $\geq$  25mmHg)
- “ Proteinuria (stick + OR  $\geq$  0,3g/24hr)
- “ Thrombocytopenia ( $<100 \times 10^9/L$ )
- “ Raised plasma ALT ( $\geq 42$  iu/L) OR AST ( $\geq 42$ iu/L)

## Reason for exclusion

- “ No RRd increment of  $\geq 25$ mmHg

# Case no. 114

- “ G2P1, 26 years
- “ Obstetric History: spontaneous delivery
- “ Current pregnancy
  - “ uncomplicated
  - “ Spontaneous labour at home (midwife led home delivery)
- “ During labour (@ home)
  - “ headaches, visual complaints → eclampsia
  - “ During transport to hospital: RR 180/100mmHg, retrograde amnesia
- “ At admission
  - “ Started on MgSO4
  - “ Full dilation
  - “ Instrumental vaginal delivery, daughter 2990, AS 8/9
  - “ RR 200/100
  - “ PPH 1500 cc
  - “ no urine or laboratory results

# Case no. 114

## UKOSS

Any women with convulsion(s) during pregnancy or the first 10 days postpartum, together with at least two of the following features

- “ Hypertension (booking <90, RRd max >90mmHg AND RRd increment  $\geq$  25mmHg)
- “ Proteinuria (stick + OR  $\geq$  0,3g/24hr)
- “ Thrombocytopenia ( $<100 \times 10^9/L$ )
- “ Raised plasma ALT ( $\geq 42$  iu/L) OR AST ( $\geq 42$ iu/L)

## Reason for exclusion

- “ Unknown proteinuria
- “ Unknown laboratory results

# Incidence



| Incidence                    | 5,4 / 10,000 | 2,7 / 10,000 | <0,001           |
|------------------------------|--------------|--------------|------------------|
| recurrent eclampsia          | 46 (24%)     | 54 (25,7)    | 0,730            |
| Maternal age                 | 30 (18-42)   | 25 (15-55)   | <b>&lt;0,001</b> |
| Multiple pregnancy           | 19 (9,9%)    | 9 (4%)       | <b>0,030</b>     |
| Smoking                      | 16 (8%)      | 38 (18%)     | <b>0,005</b>     |
| BMI (>30 kg/m <sup>2</sup> ) | 15 (7,8%)    | 32 (15.0%)   | <b>0,029</b>     |
| Pre-existing hypertension    | 12 (6.3%)    | 8 (3,7%)     | 0,261            |

# Signs & symptoms



|                     |          |          |       |
|---------------------|----------|----------|-------|
| PE before eclampsia | 80 (42%) | 91 (43%) | 0,920 |
|---------------------|----------|----------|-------|

|  |                           |                         |                  |
|--|---------------------------|-------------------------|------------------|
| Diastolic blood pressure<br>>110 (mmHg)                                | 111 (70-164)<br>130 (68%) | 95 (50-141)<br>90 (42%) | <0,001<br><0,001 |
| Lowest platelet count<br>(x 10 <sup>3</sup> /mm <sup>3</sup> ; median) | 106 (7-385)               | 176 (26-612)            | <0,001           |
| ASAT<br>(U/L; median)  | 84 (14-3193)              | 46 (5-1264)             | 0,013            |
| Proteïnuria<br>(g/L/24hr; median)                                      | 5,0 (0-94)<br>[n=107]     | 1,8 (0-11)<br>[n=16]    | 0,268            |

# Management



|                  |           |           |       |
|------------------|-----------|-----------|-------|
| MgSO4 profylaxis | 19 (9,9%) | 12 (5,6%) | 0,134 |
| PE prior to E    | 9 (4,7%)  | 9 (4,2%)  | 0,807 |

# Management



|                  |             |             |              |
|------------------|-------------|-------------|--------------|
| MgSO4 profylaxis | 19 (9,9%)   | 12 (5,6%)   | 0,134        |
| PE prior to E    | 9 (4,7%)    | 9 (4,2%)    | 0,807        |
| MgSO4 treatment  | 181 (94,7%) | 211 (98,6%) | <b>0,026</b> |

# Management



|                  |             |             |              |
|------------------|-------------|-------------|--------------|
| MgSO4 profylaxis | 19 (9,9%)   | 12 (5,6%)   | 0,134        |
| PE prior to E    | 9 (4,7%)    | 9 (4,2%)    | 0,807        |
| MgSO4 treatment  | 181 (94,7%) | 211 (98,6%) | <b>0,026</b> |

|                            |            |             |        |
|----------------------------|------------|-------------|--------|
| Anti-hypertensives         | 31 (16,1%) | 151 (70,9%) | <0,001 |
| blood pressure >110 (mmHg) | 31 (23,8%) | 56 (62,2%)  | <0,001 |

# Management



|                      |                |              |       |
|----------------------|----------------|--------------|-------|
| Delivery             | 37 + 5 (22-42) | 38+0 (19-42) | 0,628 |
| PE prior to E        | 37+3 (22-42)   | 37+1 (24-42) | 0,721 |
| Induction & CS       | 154 (80,2%)    | 162 (75,7%)  | 0,279 |
| antepartum eclampsia | 72 (37,5%)     | 96 (44,8)    | 0,583 |
| primairy CS          | 29 (15,1%)     | 20 (9,3%)    | 0,838 |

# Management



| E – delivery interval (min) |            |           |              |
|-----------------------------|------------|-----------|--------------|
| intra partum                | 60         | 48        | 0,168        |
| ante partum                 | 420        | 160       | <b>0,008</b> |
| CS                          | 240        | 127       | <b>0,006</b> |
| Vaginal                     | 1800 (30u) | 779 (12u) | <b>0,003</b> |

# Management



| E – delivery interval (min) |            |           |              |
|-----------------------------|------------|-----------|--------------|
| intra partum                | 60         | 48        | 0,168        |
| ante partum                 | 420        | 160       | <b>0,008</b> |
| CS                          | 240        | 127       | <b>0,006</b> |
| Vaginal                     | 1800 (30u) | 779 (12u) | <b>0,003</b> |

# Outcome



| Outcome                                |          |          |       |
|--|----------|----------|-------|
| Maternal death                         | 3        | 0        | 0,054 |
| Cerebro vascular accident<br>(/10,000) | 1,95     | 0,65     | 0,059 |
| Perinatal death                        | 9 (4,3%) | 5 (2,2%) | 0,276 |

# Summarised

- ” Difference in casemix
  - ” NL: more multiple pregnancies; higher maternal age
  - ” NL: higher highest diastolic blood pressure
- ” Difference in management
  - ” NL: less anti-hypertensives
  - ” NL: less MgSO<sub>4</sub> treatment
  - ” NL: longer Eclampsia-Delivery Interval
- ” Stricter adherence to existing guidelines

# Present and future



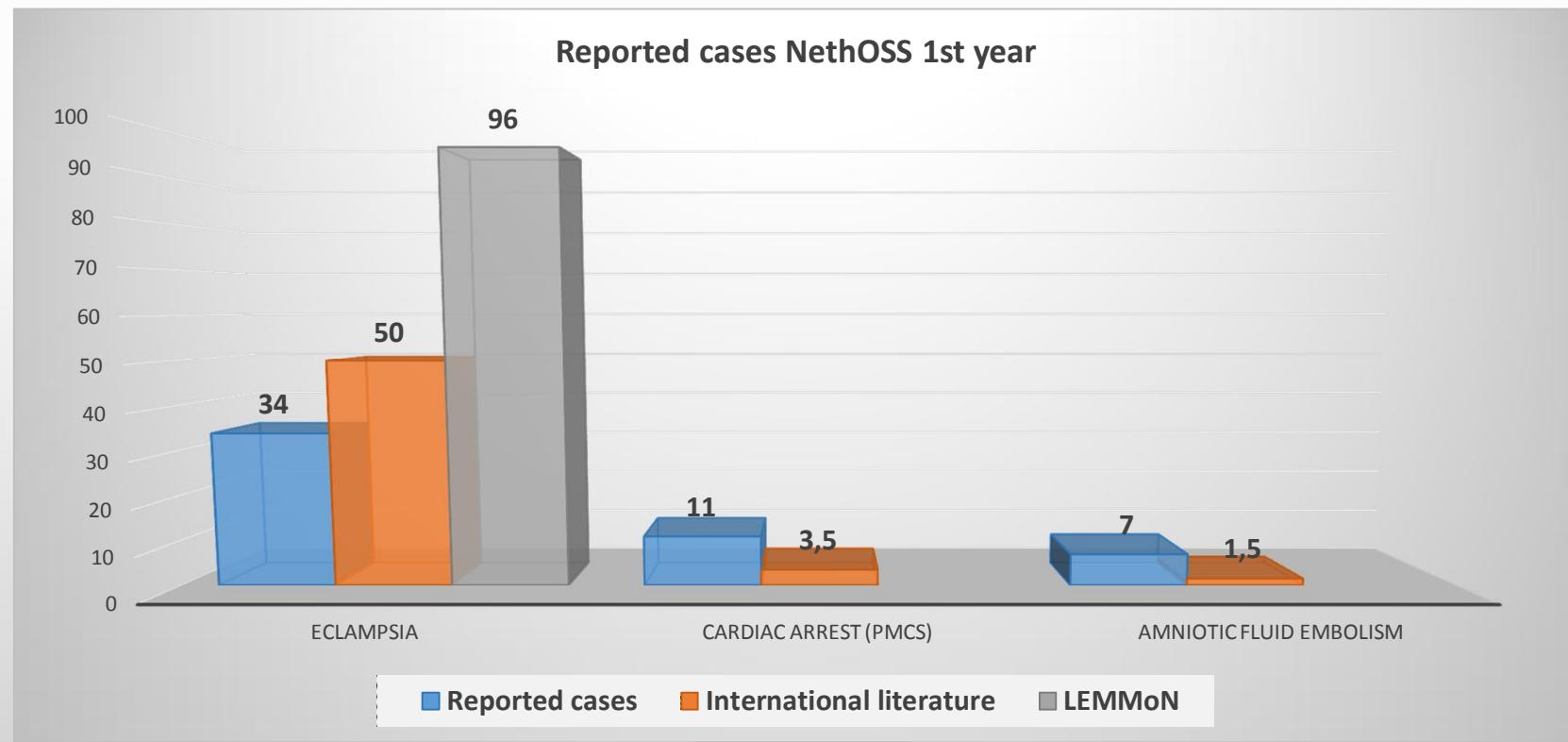
# Netherlands Obstetric Surveillance System

- “ 1 september 2013
  - “ *Eclampsia*
  - “ *Cardiac Arrest*
  - “ *Amniotic fluid embolism*
- “ 2 years



# Sneak-peak

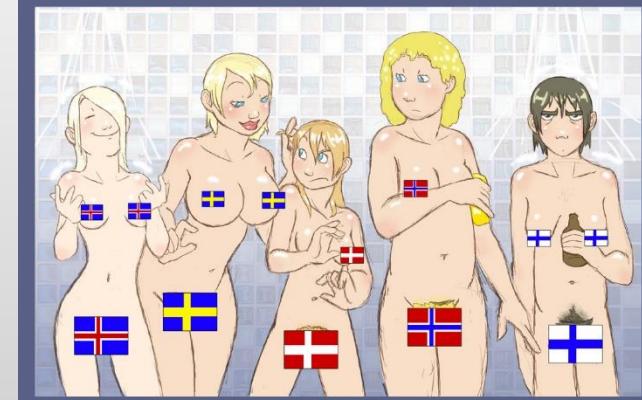
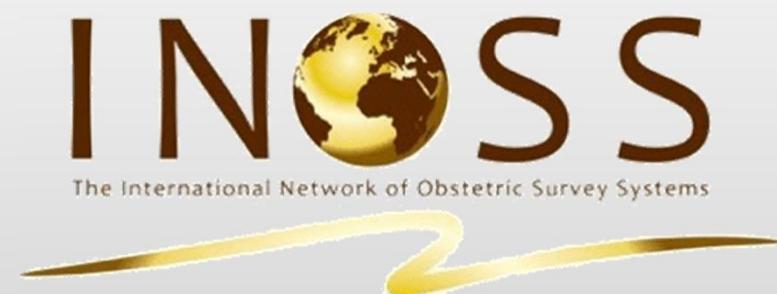
" 100% participation



So,

“ Continuous measurements

“ International comparison



# References

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