



***Diventare genitori insieme all'epoca del COVID-19.
Percorso nascita e primi 1000 giorni: nuove sfide e
nuove strategie***

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Descrizione del Progetto Parent
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Il progetto PARENT è co-finanziato dal Programma REC della Commissione Europea con Grant Agreement n. 810458.

Il contenuto del presente materiale riflette unicamente la visione degli autori, unici responsabili dello stesso, e la Commissione non risponde dell'utilizzo delle informazioni ivi contenute.



Chi siamo



LA RETE






**YOU AREN'T AFRAID TO HOLD ME CLOSE.
YOU ARE MY FATHER.**

The older generation might not get it. Your friends might not get it. Even some of those who have children of their own. But you're different. You're not afraid to share your affection for your family in public or to share the parenting responsibilities.

It's a world in which too many children feel that their fathers are distant, uninvolved or uninterested. They often stay at a distance, even if that also means taking your children to the park or to school. And you're different. You care deeply and compassionately for those that are close – your wife or not, your children.

When you spend time caring for your children, they grow up.

For more on fatherhood & affective: www.mencare.org

MenCare MenCare is a registered charity in the UK. We are a not-for-profit organisation.



**YOU ARE ALWAYS THERE TO GUIDE US.
YOU ARE MY FATHER.**

Great fathers aren't born. They're made. The world is full of great fathers. But their number will grow more than ever in the future. For that, we need you. You are the father who can guide us through the challenges of life. You are the father who can help us learn to be responsible. You are the father who can help us learn to be kind.

Not only will your children cherish every minute of time spent with you, but they will also learn to be responsible. You are the father who can help us learn to be kind. You are the father who can help us learn to be responsible.

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**YOU TELL ME WONDERFUL STORIES.
YOU ARE MY FATHER.**

You'll be surprised at what you learn from your children. Teaching your children and providing an education that only opens up a whole new world for them. But the chances are good that your children will teach you something new every day too.

But education doesn't end when the school day ends – when you read to your children at home and help them with their school work, you will set the stage for a lifetime of learning.

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**YOU SEE EQUALITY IN MY FUTURE.
YOU ARE MY FATHER.**

A more hopeful and more equal future is possible. The more your children know, the further they go in school, the bigger their future becomes. And that future – the girls and the boys – is all yours.

When you teach your children that all people – boys or girls, of different backgrounds, gay or straight – should be treated equally and respectfully, you're also teaching them that they deserve a future full of opportunity and equality too. That's a powerful lesson that they'll remember forever.

For more on fatherhood & equality: www.mencare.org

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You Aren't Afraid To Hold Me Close

You are my father.

[DOWNLOAD](#) [VIEW](#)

You Are Always There To Guide Us

You are my father.

[DOWNLOAD](#) [VIEW](#)

You Tell Me Wonderful Stories


You are my father.

[DOWNLOAD](#) [VIEW](#)

You See Equality In My Future

You are my father.

[DOWNLOAD](#) [VIEW](#)



**YOU HELP ME TAKE MY MEDICINE.
YOU ARE MY FATHER.**

There are men who have answered a challenge in a world in which too many children feel that




**YOU DON'T WANT TO BE ANYWHERE ELSE.
YOU ARE MY FATHER.**

There's nothing like the sound of your children's laughter that they cherish more and create



**YOU TAKE PLAY SERIOUSLY.
YOU ARE MY FATHER.**

You're starting on the adventure of a lifetime. That only you'll discover through you need



**YOU NEVER MISS A PRENATAL VISIT.
YOU ARE MY FATHER.**

There's nothing like the sound of your children's laughter that they cherish more and create

parent.

E' un progetto europeo che intende promuovere la parità di genere e contrastare la violenza verso le donne, promuovendo fin dalla gravidanza l'impegno dei padri nelle cure familiari e domestiche

Paesi: Portogallo, Italia, Austria, Lituania



Le azioni

- **Formazione/aggiornamento del personale socio-sanitario ed educativo (0-3)** che entra in relazione con i padri durante gravidanza, nascita e primi quattro anni su come lavorare meglio con gli uomini e promuovere una paternità attiva e non violenta;
- **Gruppi di condivisione/sensibilizzazione di padri** come spazi dove elaborare emozioni, pensieri e sentimenti legati al ruolo genitoriale, incoraggiando un atteggiamento di compartecipazione e rispetto.
- **Azione di comunicazione** per promuovere la parità di genere e il coinvolgimento dei padri nelle cure.



Formazione/aggiornamento del personale socio-sanitario – Corso di Reggio-Emilia



. **parent** fa leva sulle evidenze scientifiche – ormai estese - secondo cui *il coinvolgimento precoce, pratico ed emotivo, del padre nella genitorialità:*

- migliora la salute psico-fisica del bambino e della madre;
- facilita l'allattamento;
- contribuisce al raggiungimento della parità fra i sessi.
- diminuisce le probabilità di violenza domestica;
- *crea fin dall'inizio un forte legame affettivo padre-figlio, che a sua volta ha esiti positivi sullo sviluppo cognitivo, sociale e affettivo del bambino/a.....*
- *... e all'inizio, la creazione del legame (il bonding) si realizza con il contatto fisico, la vicinanza*



**Con il distanziamento
(e non solo del padre)
la pandemia ha inciso
negativamente sulla
qualità delle relazioni
genitoriali precoci...**

**Eppure, in molte
situazioni si è cercato
di salvaguardare le
relazioni.....**



Cosa abbiamo imparato?

Cosa è replicabile?

