



Turning constraints into resources: the experience of TRAIN4M&H (Training for Migration and Health) training program on migrants' health

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The tender TRAIN4M&H (Provision of training for first-line health professionals and law enforcement officers working at local level with migrants and refugees, and training of trainers - contract number 20167204) was:

- funded by EC-DG SANTE under the 3rd EU Health Programme
- intended to conduct training programmes for health professionals, law enforcement officers and social workers in all EU/EEA front-line countries and for coach trainers in the others



Training was aimed at reinforcing skills, improving understanding and positive attitudes, and promoting an holistic approach in the work with migrants

- short training duration (two half-days)
- exclusive use of pre-existing and validated training materials
- different professional target groups
- useful for all EU/EEA countries



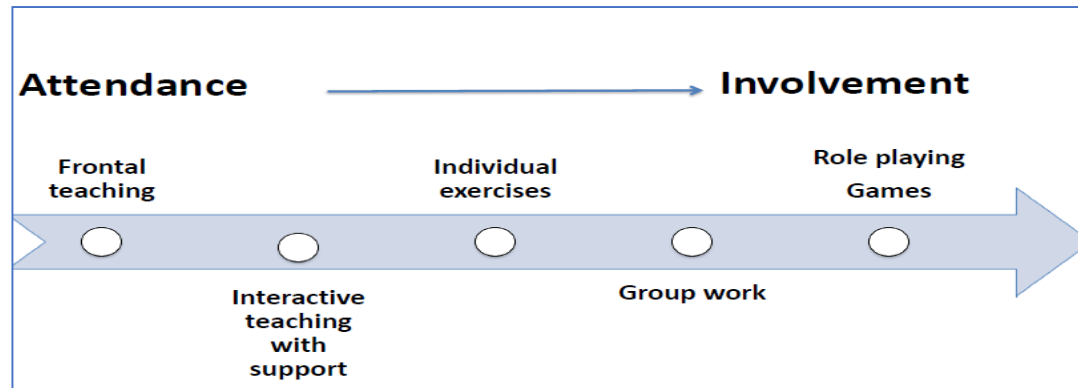
Expert Group – 1st consultation (June – July '18)





Expert Group – 2nd consultation (Aug '18) Methodological approaches

- **Adapting to national, local and professional contexts** is key to a successful uptake of the training in different countries
- Migrant's health is an **interdisciplinary domain**, which requires an interdisciplinary approach and multi-professional classes.
- The **training process** must focus on the professional experience and expertise of the participants, aiming at finding the right balance between didactic methodologies and their respective levels of interactivity





Training needs assessment questionnaire



Pre - assessment knowledge questionnaire

1. The context of migration

U1 - Introduction to migration Health

U2A/B - Health needs, challenges and risks among migrants' and refugees' (A: Hp, C; B: SW &LEO)

- U3 – Introduction to migration and mental health
- U4 - Psychological first aid (PFA)
- U5 – Working with people in vulnerable situations
- U6A - Occupational health (SW&LEO)
- U6B- Self and staff care and stress management
- Elective – Grief and migration
- Elective – Migrants self-support and coping mechanisms

2. Health Well-being

- U7 - Introduction to Cultural Competence
- U8A - Communication skills (LEO, elective for other TG)
- U8B – Intercultural competence in the health framework (HP, SW, C)

3. Intercultural competencies



Post- assessment knowledge questionnaire



Teaching quality feedback questionnaire

- To select considering:
- what it is most appropriate for the context
 - the results of the “Training needs assessment questionnaires”

Training activities

Training presentation

Didactic approaches

Operative Training tips

To adapt considering the national and local context



Final considerations

From tender requirements...

... to TRAIN4M&H added values (!)

Mixing the target groups into multi-professional classes for large part of the time

encourages peer-to-peer learning

brings a diversity of understanding on migrants' health into the classroom

enhances communication between sectors

Adopting a social determinants of health wide approach (including "Context of migration" and "Intercultural competencies")

creates common ground for multi-professional exchange

avoids the creation of a hierarchy of specialized knowledge

Modular adaptable structure

Helps to adapt to different national and local contexts and professional needs

Inter-professional training

- is a strategy that can guide coherently content design, outcome identification and the choice of evaluations tools
- can be used for the adult training, especially in case of a cross-sectoral topic as migrants' health is



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