



HEALTH4EUkids

Your Kids' Health, Our Priority

3rd WP4 & WP5 & WP6 in person meeting

Role Wheel session

JA future perspectives & Key messages

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NATIONAL CENTRE
**DISEASE PREVENTION
AND HEALTH PROMOTION**



Co-funded by
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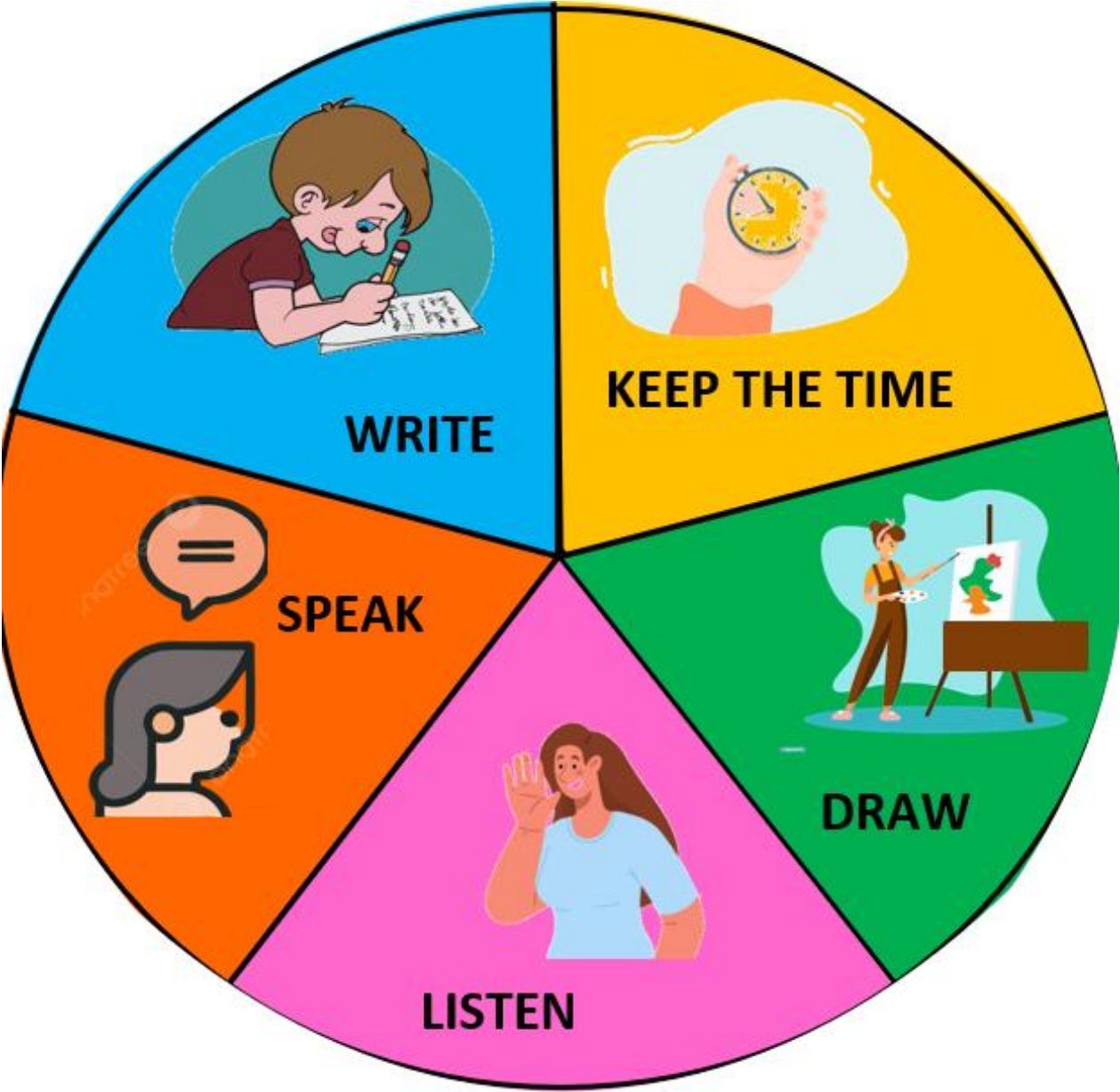
Health and Digital
Executive Agency

- We ask you ***to divide into groups of five people***
- Each group ***will answer the same question***, and ***each member will take turns responding***
- ***After 3 minutes, the speaker will pass the turn***, and another group member will begin speaking
- In each group, ***each member will have a different role***
- ***To help you rotate the roles***, you can use this disc: place it on the table in the center of the circle and spin it each time the role changes
- You will need to ***identify a person to report*** what emerged ***in the plenary session***

- Within each group, ***participants will take on one*** of the following ***roles***:
 1. As mentioned, the ***first*** person will ***answer the question***
 2. The ***second*** person will ***keep track of time*** (each participant will have ***3 minutes to respond***)
 3. The ***third*** person will be ***the listener***, paying close attention to what is being said
 4. The ***fourth*** person ***will summarize in writing*** what has been discussed
 5. The ***fifth*** person will ***represent the answer with a drawing***, using the colors provided



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➤ The question is....

At the end of this project,
what are the *key messages* for the European Commission?

What do
we have
learned?

How does integration
result in other or new
joint actions?

How can we
integrate the
two best
practices?

What
works (and what
doesn't) to guide
our next steps?

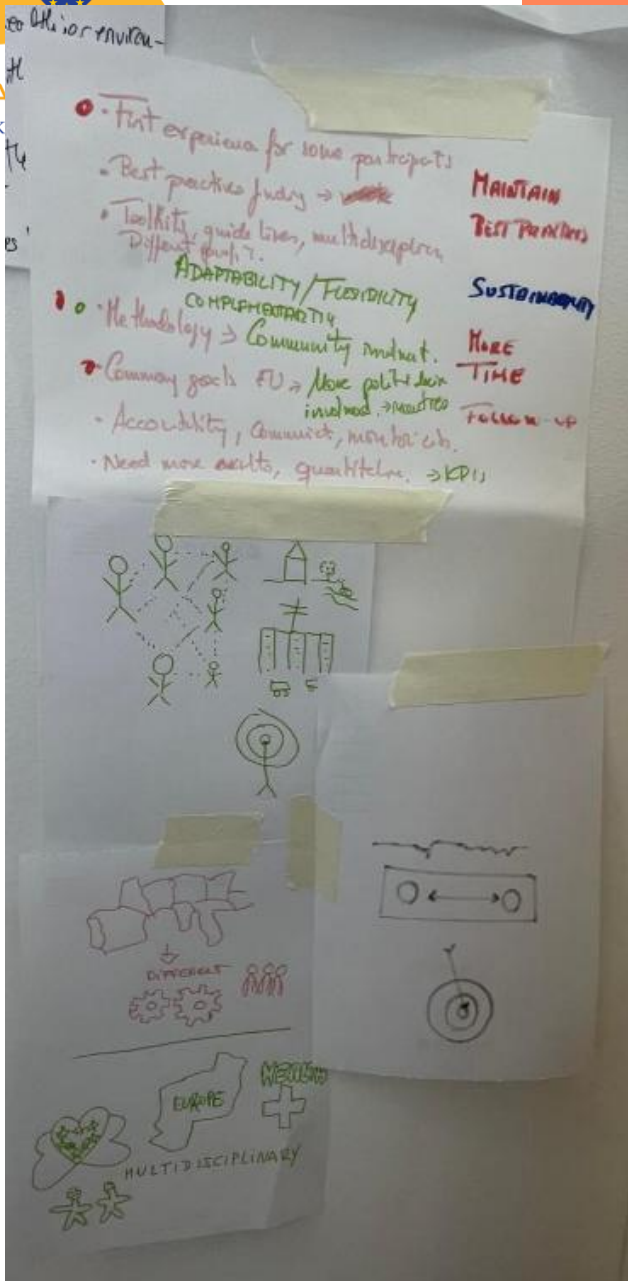
Main Findings

Key Question	Main Findings
<i>What are the key messages for the European Commission?</i>	• The project has initiated meaningful change, but continued and flexible support from the European Commission is needed to ensure continuity and scaling-up. • Short implementation periods limit consolidation; future Joint Actions should allow longer timelines for adaptation, evaluation and dissemination. • Local adaptations and contextual diversity are recognised as assets that enrich European-level policy learning. • Project outcomes should be framed as policy recommendations, not merely technical outputs, and discussed through early and direct engagement with the Commission to enhance visibility and dialogue. • The Commission plays a pivotal role in connecting local experiences to EU policy frameworks, fostering European cohesion and collaboration.
<i>What have we learned?</i>	• Multi-country and cross-sector implementation requires time, flexibility and contextual sensitivity; longer project durations are essential to embed practices sustainably. • Knowledge exchange, peer learning and continuous mentoring strengthen long-term change beyond initial training. • Active engagement of EU officers during implementation enhances guidance, feedback and coherence. • Simplified and flexible financial management improves efficiency and adaptability to emerging needs. • Empowerment, participation and community ownership remain central pillars of sustainability.
<i>How does integration result in other or new Joint Actions?</i>	• Integration across sectors (health, education, urban planning, agriculture) is essential and strategic. • Cross-sector collaboration generates innovation and practical solutions to complex challenges such as childhood obesity. • Alignment with other EU programmes (EU4Health, Horizon Europe) amplifies impact and creates synergies. • The Joint Action serves as a policy coherence laboratory, moving from isolated actions to integrated frameworks. • Shared repositories of tools, indicators and communication materials support replication and scaling-up.

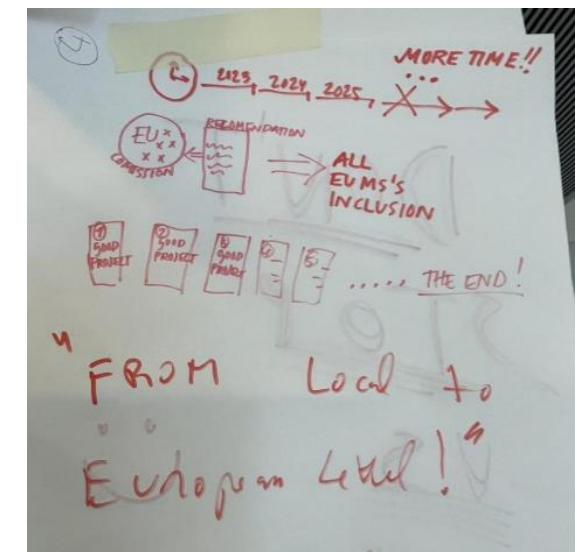
Main Findings

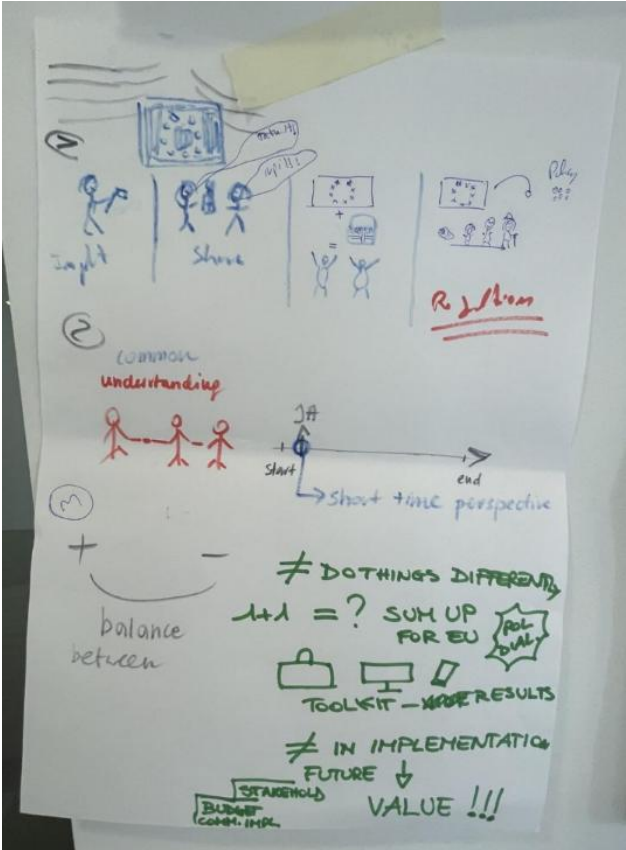
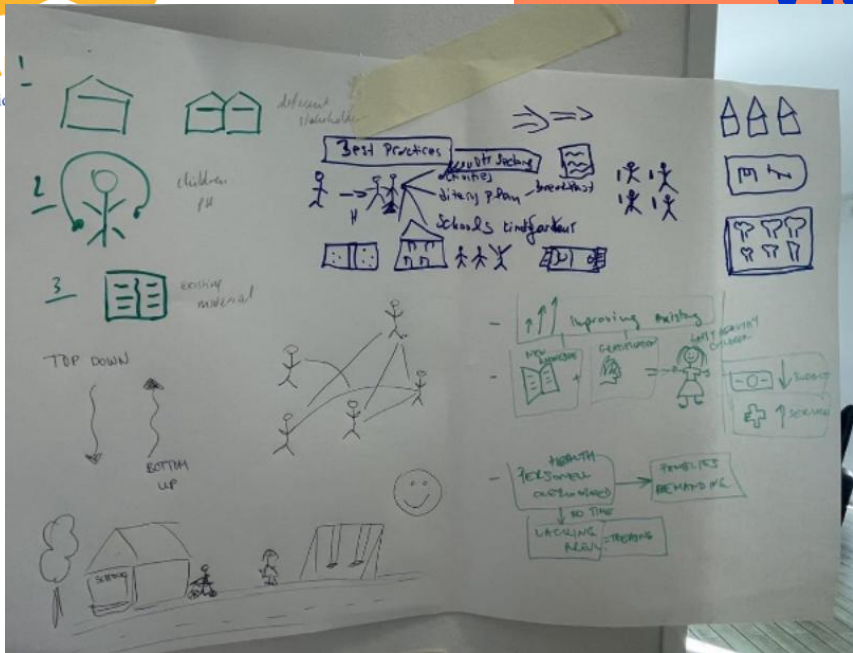
Key Question	Main Findings	
<i>How can we integrate the two best practices?</i>	- Flexibility and contextual adaptation are prerequisites for success. - Both practices fit within a common European “family empowerment” framework linking schools, health professionals and communities. - A joint implementation toolkit with harmonised indicators facilitates alignment and dissemination. - National coordinators play a key role in connecting local actions with national policies.	
<i>What works (and what doesn't) to guide our next steps?</i>	What works - Participatory, community-based approaches enhance engagement and sustainability. - Cross-sector collaboration fosters innovation and shared ownership. - Clear EU-level communication supports legitimacy and policy uptake. - Local adaptation strengthens relevance and replicability.	What doesn't work - Short project duration limits consolidation of results. - Fragmented funding and administrative rigidity reduce efficiency. - Insufficient attention to dissemination from the start reduces long-term impact.
<i>Cross-cutting messages</i>	- Sustainability depends on time, flexibility and multi-level coordination. - Stronger EU engagement during implementation reinforces trust and policy integration. - The Joint Action model contributes to building a European community of practice committed to health equity and intersectoral collaboration.	

Visual representation – Main findings



- ① BPs ^{can improve health of children.} draw on existing and former EU Policies (EU Action Childhood Obesity, Farm2Fork etc.), objectives of EU4Health, Horizon and other programs; were developed by experts and adapted for different settings and cultures; their methodology includes both participation and equality perspective and are therefore worth your time
- ② Implementing BPs into existing and future EU policies and funding new IA will support health of EU children by introducing new, tested and evaluated knowledge while strengthening professionals and families and creating healthier environments and services to children without overburdening budgets.
- ③ BPs recognize the power of the people by allowing them to voice their needs within communities and contribute to reducing inequalities for Health4All





- Struggle to understand what are the people trying to say. It is need time to understand others.
 - Need to speak to young people in their own language using their channels, using contents and materials.
 - A PLAN IS A MUST!
- 1) PROVIDE TRAINING TO ALL STAKEHOLDERS
 - 2) DESIGN KEY EXPERT from previous projects
 - 3) MAKE A FOLLOW UP PLAN
 - 4) FULL SUPPORT HOW TO REACH CITIZENS IN ALL MEMBER STATES
 - 5) WE EXPERTS NEED TO IMPROVE OUR OWN COMMUNICATING + TEACHING SKILLS
 - 6) COLLABORATE THROUGH THE PORTAL INSIDE AND BETWEEN PROJECTS => NET WORKING



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Visual representation – Main findings

