

## Health4EUKids - World Cafè on JA sustainability



On August 28, 2025, a World Café was held in Patras (Greece) to respond to the key questions about sustainability of the JA H4EUK. In total, 33 people participated, representing 12 European countries: Italy, Slovenia, Finland, Croatia, Basque Country (Spain), Malta, Lithuania, Greece, Poland, Spain, Portugal, Hungary. **Key Question Main Findings** Practices are led by trusted and well-known community members, to ensuring credibility and engagement. Interventions are adapted to local cultural, social, and territorial contexts, avoiding top-down approaches. Cross-sector collaboration (health, education, social services) and integration within existing local initiatives strengthen Sustainability at Local Level sustainability. Professionals are trained and work closely with families and schools, enhancing community ownership. How do you see the sustainability of the general Continuous monitoring and evaluation during implementation allow improvement and adaptation in real time. approach of the Joint Action (trans-sectoral, Social media and accessible communication tools increase visibility and participation. community-based, equity perspective)? A supportive and non-blaming attitude toward families fosters cooperation and trust Key allies are identified at the local level (teachers, health professionals, local leaders) and involved. Local networks and partnerships sustain the approach beyond the project's duration. Community empowerment and active participation reinforce long-term sustainability. Formal written agreements between national and local levels ensure continuity and shared responsibility. Ministries of Health and Education coordinate, fund, and align policies to sustain practices. Best practices are integrated into national strategies and long-term plans. Sustainability at National Level Training institutions embed the Joint Action principles into professional education. How do you see the **sustainability** of the general A national repository of best practices, tools, and materials supports dissemination and learning. approach of the Joint Action (trans-sectoral, Coordination across central, regional, and local levels addresses fragmentation and enhances efficiency. community-based, equity perspective)? Stable funding and consistent political commitment secure continuity over time. Citizen participation and stakeholder dialogue strengthen accountability and transparency. Existing national programs incorporate and reinforce the Joint Action approach. Mid-level governance structures maintain alignment and communication between policy and practice. Change requires time, consistency, and patience to build trust and sustainable results. National and local contexts are respected—practices are not "one-size-fits-all." Training alone does not guarantee implementation; ongoing mentoring and support are required. Professionals and communities who experience positive outcomes become advocates for sustainability. **Lessons Learned** Existing collaborations and successful experiences serve as a foundation for new actions. What are the main lessons learned from this Simple, practical, and adaptable tools facilitate replication and scale-up. experience? Local empowerment and citizen engagement underpin long-term sustainability. Genuine cross-sector cooperation ensures a holistic and equitable approach. Continuous evaluation and adaptive learning processes enhance effectiveness and resilience.

Sharing lessons and practices across countries strengthens a European learning community for health equity.