



HEALTH 4 EU kids
Your Kids' Health, Our Priority



Health4EUkids Project - Work Package 4 in-person meeting 2024

Transferability and sustainability of Best Practices in health promotion and childhood obesity prevention across Europe: sharing experiences from different EU Joint Actions.

17th European Public Health Conference
November 12, 2024 - EPH Pre-Conference
9:00 AM - 12:30 PM CET

organised by

Istituto Superiore di Sanità, WorkPackage 4 of the Health4EUkids Project - Joint Action for the implementation of best practices and research results on Healthy Lifestyle for the health promotion and prevention of non-communicable diseases and risk factors

Relevance

The prevalence of overweight and obesity is on the rise globally, with lower-middle-income countries experiencing the most rapid increase. These conditions during childhood lead to notable declines in quality of life, increased risk of bullying, social isolation, and the development of Non-Communicable Diseases (NCDs) in adulthood. Addressing these issues requires a comprehensive approach to health promotion and childhood obesity prevention. Effective interventions must be coordinated, intersectoral, and multi-level, focusing on social and health inequalities. Additionally, they should integrate with existing plans and programs targeting nutrition, physical activity, health, and well-being, tailored to the specific needs, challenges, resources, and opportunities of implementation areas.

The Joint Action Health4EUkids proposes implementing two best practices across participating countries, with addressing transferability and sustainability playing a crucial role in this process.

Scope of WP and Objectives

The Work Package (WP) on transferability and sustainability provides an added value by developing guidance on how existing EU policies and tools can support Member States (MSs) in health promotion and tackling childhood obesity. This WP focuses on governance and systems, particularly Health and Equity in All Policies at local, regional, national, and EU levels, considering broader societal impacts.

The primary goal of this WP is to align the efforts of all WPs with the principles of integration and sustainability, strengthening national initiatives to tackle childhood obesity by developing effective policies as part of a broader strategy for EU and MSs action.



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At the EPH pre-conference, as WP4, our objectives are to:

1. Present a review of relevant results from previous JAs and European initiatives, focusing on knowledge, lessons learned, tools, and recommendations for children's health promotion and responsive parenthood, with an emphasis on transferability, scalability, and sustainability of best practices.
2. Describe the current state of policies and programs related to children's health promotion and responsive parenthood within the political agendas of EU JA Member States.
3. Discuss how the country analysis provided by these works can inform the transferability and sustainability of best practice implementations.
4. Share experiences from different EU Joint Action on engaging EU-level and national decision-makers to integrate results and recommendations into national and European policy initiatives.

PROGRAMME

Tuesday 12 November 2024

9.00 - Institutional Greetings

Miguel Telo de Arriaga, Host Country Partner – Direção-Geral da Saúde (DGS)

Apostolos Vantarakis, Coordinator of Health4EUkids Project – University of Patras (UPAT)

The JA perspective

9.10 - Introduction to Transferability and Sustainability

Chiara Cattaneo, Angela Giusti, WP4 Coordinators – Italian National Institute of Health (ISS)

9.20 - Data overview from EU survey on policies and programs on childhood obesity and responsive parenthood

Vincenza Di Stefano, Paola Scardetta, Angela Giusti – Italian National Institute of Health (ISS)

9.30 - Data overview from SWOT Analysis on Transferability and Sustainability of Best Practices

Vittorio Palermo, Paola Scardetta, Chiara Cattaneo – Italian National Institute of Health (ISS)

9.40 - The implementation of Grunau Moves: challenges and facilitators

Rosana Peiro Pérez, WP5 Coordinator – The Foundation for the Promotion of Health and Biomedical Research of the Valencian Community (Fisabio)

9.50 - The implementation of Smart Family: challenges and facilitators

Heli Kuusipalo, WP6 Coordinator – Finnish Institute for Health and Welfare (THL)

10.00 - Chrodis+ Project

Paolo Michelutti – Fondazione Policlinico Agostino Gemelli IRCCS

10.15 - JAHEE Project

Cecilia Nessi – Università degli Studi di Milano-Bicocca (UNIMIB)

10.30 - JANCD Project

Léopold Vandervliet – Sciensano



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10.45 - Jacardi Project

Benedetta Armocida – Italian National Institute of Health (ISS)

11.00 - Coffee Break

11.15 - EuroHealthNet - Inequalities and Social Determinants in Public Health

Caroline Costongs – EuroHealthNet

11.30 - OECD - Economic Indicators in Public Health

Marion Devaux – Organisation for Economic Co-operation and Development (OECD)

11.45 - Round Table “Key actions and strategies for Best Practice Implementation in Europe”

Apostolos Vantarakis, Angela Giusti, Chiara Cattaneo - Coordinators on behalf of the Health4EUkids Project

Giovanni Capelli - Italian National Institute of Health (ISS)

12.30 - End of meeting