

Your Kids' Health, Our Priority

Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)

Module 2 Grünau Moves: a Best Practice to promote health and prevent obesity in children







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HEALTH 4 EU kids

Your Kids' Health, Our Priority

Unit 2.2.2 a

Grünau Moves: Planning the Intervention "Building Community Partnership for Health at Polígono Sur (Sevilla, Spain)"

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Intervention area

- Our intervention area: Polígono Sur
- Context: Community mobilization and institutional commitment
- Office of the Commissioner for the Polígono Sur (2003)
- Multilevel governance: national, regional, local
- Health Board (2023): new platform for coordination and trust















Core Group Structure and Role in Polígono Sur

Andalusian Health Service (SAS)

- Guadalupe Longo Abril Andalusian Comprehensive Childhood Obesity Plan,
- Pablo García Cubillana de la Cruz. Andalusian Strategy for Healthy Living,

Office of the Commissioner for Polígono Sur (Seville)

Javier Peso - Representative of the health department designated at CPS

Andalusian School of Public Health (EASP)

- Jaime Jiménez Pernett Public health expert Technical project manager
- Amparo Lupiañez Children obesity prevention expert Technical project support
- Olga Leralta Health promotion expert Technical project support
- Silvia Toro Health promotion expert Technical project support

Andalusian Public Foundation Progress and Health (FPS)

• Rafael Rodríguez Acuña - Project manager - Technical support professional.









Core Group Structure and Role in Polígono Sur



ि Strategic and operational function:

- Ensures community-led interventions
- Mobilizes neighbourhood participation
- Regular meetings
- Monitoring progress
- Support sustainability,







Health Network Collective Infrastructure for Action



- A local interest group targeting changes on environment and practices
- Inclusive, interdisciplinary, intersectoral
- Office of the Commissioner for Polígono Sur as a platform for on-site collaboration and shared action







Health Network Collective Infrastructure for Action

- Anchored by the Community Health Board and more specifically in the Child and School Health Working Group (PS4Health):
 - Public institutions involved at the community level in the neighborhood: those related to Primary care health center, schools, City Hall services sports, social services and urban planning,
 - Professionals from the different areas mentioned, including those from the Third Sector.
 - Social entities in the area







Challenges in Partnership Network Building Lessons from the Field

- Institutional fragmentation and slow processes
- Inequitable engagement and mistrust
- Need for consistent facilitation and stable roles
- Aligning top-down plans with bottom-up needs
- Efforts to balance fidelity to the original intervention with contextual adaptation
- Resource and sustainability issues







Recommendations for Health Promotion Governance

- Design "third spaces" for dialogue, not control
- Stabilize leadership and facilitation roles
- Use community boards for legitimacy and sustainability
- Frame Health4EUKids as a shared platform, not a top-down project





Thank you all for your participation!









Funded by the European Union. This project has received funding from the European Union's **EU4HEALTH** Programme under Grant Agreement no. **101082462**. This publication reflects only the author's view. It does not represent the view of the European Commission and the European Commission is not responsible for any use that may be made of the information it contains