



**HEALTH4EUkids**

Your Kids' Health, Our Priority

**Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)**

## **Module 2**

# **Grünau Moves: a Best Practice to promote health and prevent obesity in children**



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**Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)**

# **Unit 2.5.3 a**

## **Grünau Moves: Examples of Local Actions**

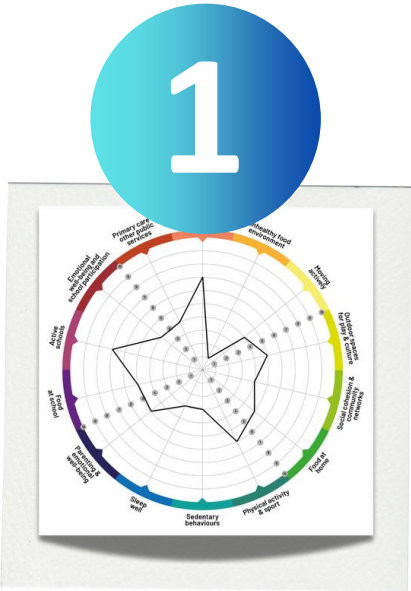
### **“Structural Interventions in Galicia”**

**Carolina Muñoz Ibáñez**  
**Consellería de Sanidade de Galicia (CSG)**

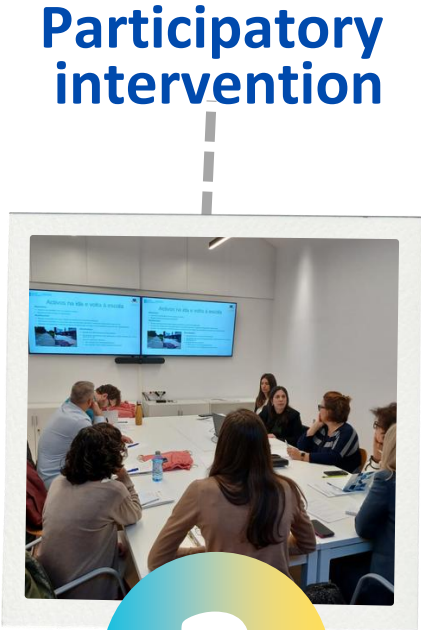


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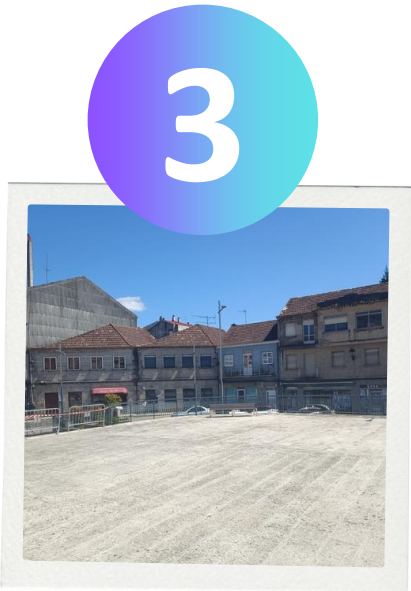
# THE PROCEDURE



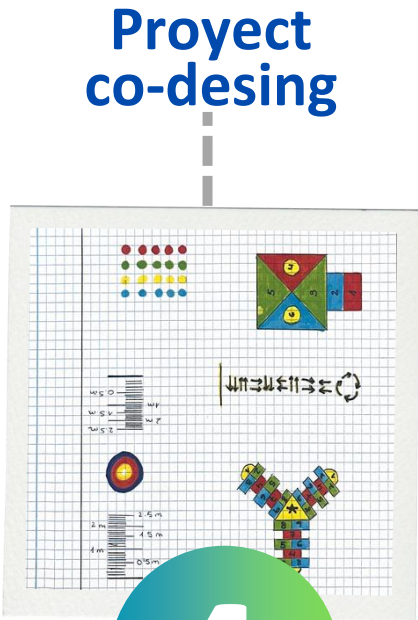
**Needs  
assessment**



**Participatory  
intervention**



**Place  
establishment**



**Project  
co-design**



**Opening  
day**



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# PLACE ESTABLISHMENT



- Roof of the local Auditorium.
- In front of the local market.
- Closed to the library.
- **Empty space** not currently used for any purpose.



- Permissions, costs, and maintenance.
- **Climate** conditions.
- Type of **paint**.



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# PAINTING DESIGN

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- Designed through citizen participation.
- Youth volunteer association.
- Very low costs.



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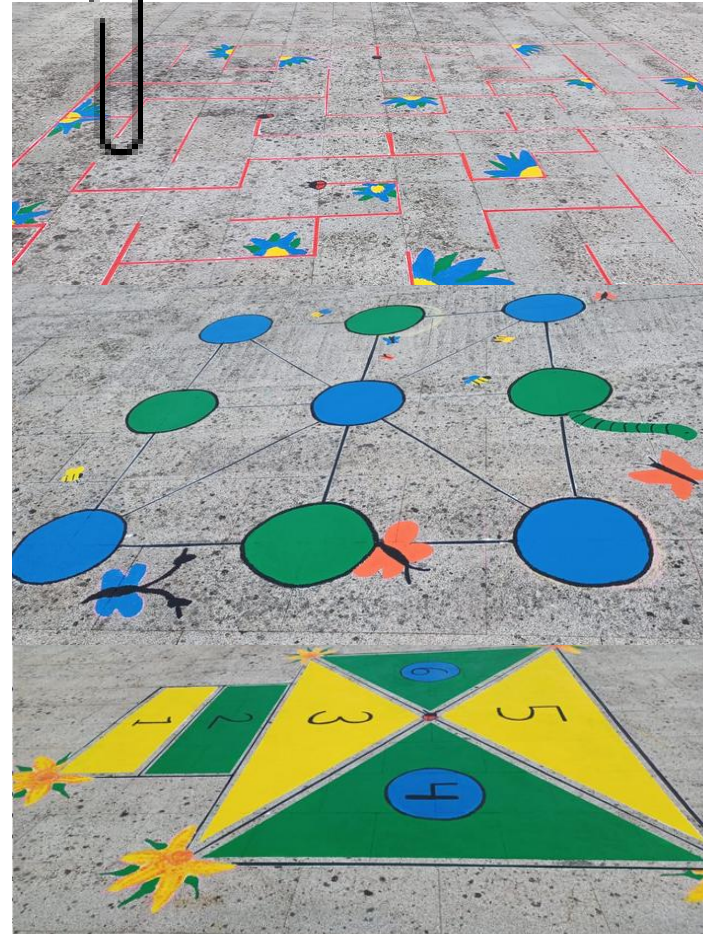




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# PAINTING DESIGN



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# OPENING DAY



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# Thank you all for your participation!



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**XUNTA  
DE GALICIA**

**CONSELLERÍA  
DE SANIDADE**



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LEAVE THIS SQUARE  
EMPTY FOR THE  
SPEAKER'S VIDEO

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