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Your Kids' Health, Our Priority

Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)

Module 2

Grünau Moves: a Best Practice to promote health and prevent obesity in children



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Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)

Unit 2.5.3 b

Grünau Moves: Examples of Local Actions

“Structural Interventions: a School Garden Experience”

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Actions to implement school gardens in a vulnerable neighbourhood



School garden in La Coma
neighbourhood of Paterna,
Valencia -Spain

Analysis of
territorial
needs

Getting to
know and
listening to
the
community

Create a
community
health asset
map

Connect and
dinamize
these assets
for health



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Actions to implement school gardens in a vulnerable neighbourhood

Situation:

In the needs assessment process, a meeting is scheduled with the neighbourhood schools.

Their active projects and current needs are discussed, and we found that they had designated space for a school garden, but it has never been implemented.

Among the reasons is the lack of knowledge about how to create, care for, and maintain gardens in schools.



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Actions to implement school gardens in a vulnerable neighbourhood



Agro gardening Team



We contacted a farm school outside the neighborhood. The results weren't positive

We began a second round of meetings with the basic vocational training program in Agro gardening and Floral compositions located in the neighborhood.

Students and teachers were asked questions, and they expressed a willingness to collaborate.

As a result of this commitment, collaborative agreements are established: We schedule meetings to connect them.



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Connecting and dynamizing of local assets and resources

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La Coma primary school

before



changes



after



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Connecting and dynamizing of local assets and resources

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before



new
learning

after

Antonio Ferrandis
primary school



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What are the benefits of these community actions?





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The sustainability of this project is based on the stimulation of local resources

Human resources of the neighborhood: primary school students, students from the Agro gardening vocational training program and their teachers.

Material resources: Each school has contributed tools, seeds, fertilizer, gloves, spaces, etc.

Economical resources: The Paterna Town Hall, through the Department of Health, has contributed to this project with a financial grant.





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The sustainability of this project is based on the stimulation of local resources



TO SUM UP

The key: commitment and awareness is needed to take care of what has been built. Otherwise, we will go back to the previous image of the neighbourhood



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Thank you all for your participations!



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