



HEALTH4EUkids

Your Kids' Health, Our Priority

Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)

Module 2

Grünau Moves: a Best Practice to promote health and prevent obesity in children



Best Practices in action: how to transfer, implement, and sustain effective health promotion interventions for children (0-12)

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Unit 2.6.1

Grünau Moves: Sustainability “Sustainability of the intervention: Basque Country region experience”

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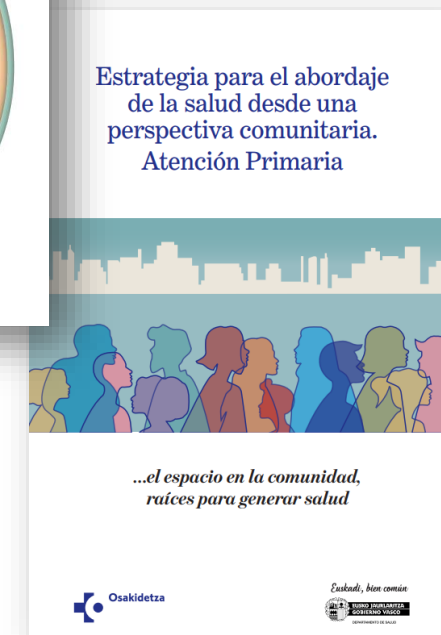
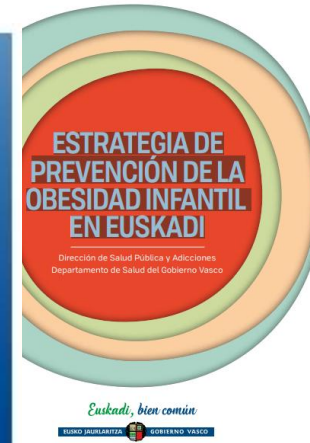
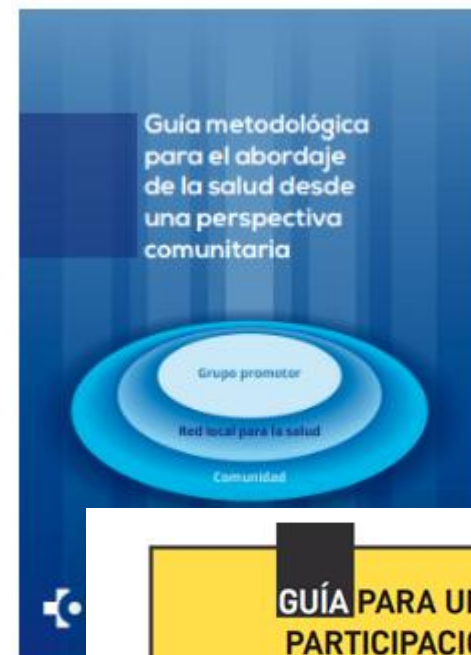
Framework and guidelines

- Basque Government strategies include sustainability actions and activities for community-actions
- Three basic requirements for sustainability are:

Collaboration with local councils to promote the inclusion of childhood obesity prevention in their agenda

Designation of a reference person in the municipality to promote community participation to improve health and wellbeing. State ways to identify the project with a branding assigned to it

Provide a budget for the promotion of urban projects and spaces that favour children's mobility





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1. Municipality engagement

Collaboration with local agents to promote community action for generating healthy environments.

1

Previous conversations and meetings with:

- Council representatives (City major, sports, health habits, education and culture areas)
- All Primary Education Centers and Parents Associations
- Paediatric services in both Primary Healthcare centers

2

Identification and invitation to relevant local agents for the formal constitution of the Core Group.

3

Continuous identification of new relevant agents and adaptation of the governance structures to changes and new context requirements.

Municipality town council



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2. Governance structures



Core group:

Composition:

- City council representatives
- Primary Schools Directors
- Parents association representatives
- Childhood association
- NGOs
- Social worker
- Health Service professionals and the community nurse
- Sports Club representative.

Health network:

Composition:

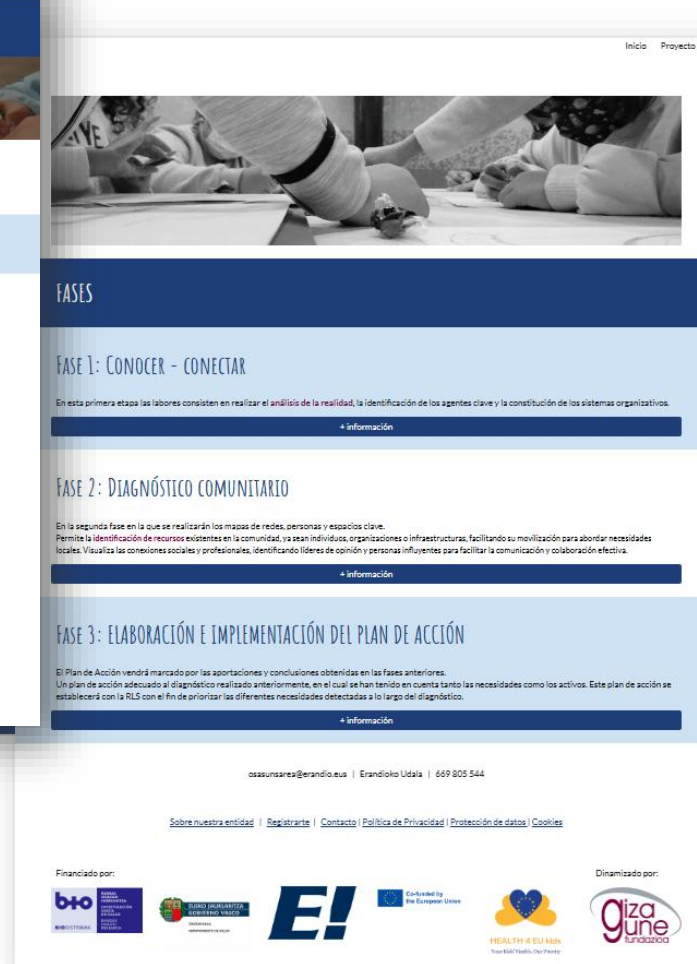
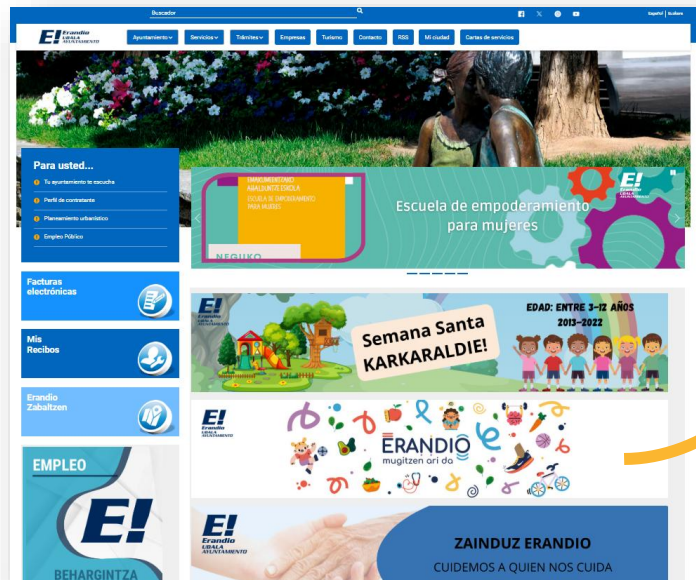
- City council representatives (Sports, Social Services, Education, Health, Major)
- Sirimiri childhood association
- Sports clubs and associations (Judo, Football, Basketball)
- Women association
- Paediatricians (Altzaga & Astrabudua neighbourhoods)
- Local trade association
- Families' representatives
- Senior associations
- Education community
- Osakidetza Health Care professionals (Mental Health Network, Community nurses, Family doctors)
- Social worker for childhood
- Basque folk assoc. Goikolanda
- Astrabudua Fest Commission
- Children Commission
- Youngsters & adolescents
- Migrant collective representatives

3. Project branding

OFFICIAL LOGO



Access from Erandio municipality official webiste

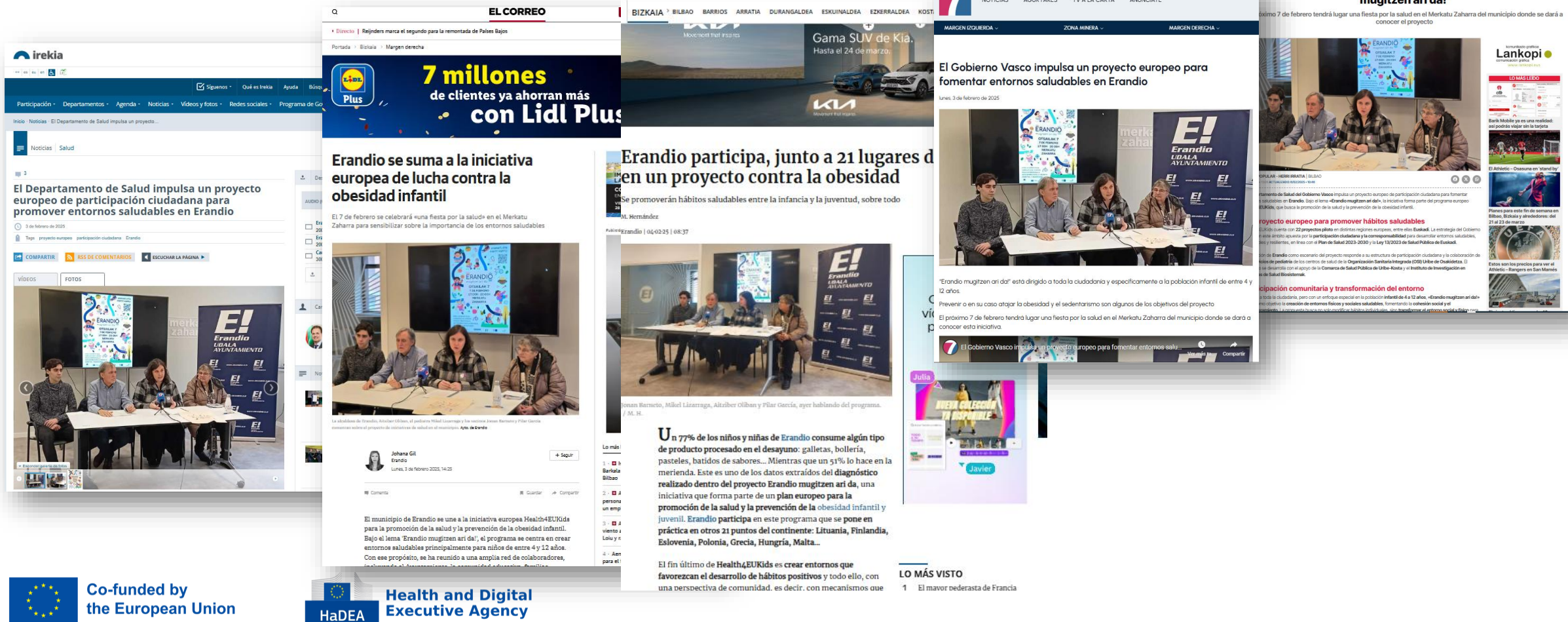


Erandio mugitzen ari da!
Programme official website is included as a subpage of the municipality official website



ERANDIO
mugitzen ari da

Official presentation of the project by the municipality mayor. Organization of a press conference on the project and a party to launch the project and encourage public involvement.



5. Integration with other community initiatives

It is important NOT to create separate new initiatives if there is any other community participatory initiative or process in progress in the neighbourhood or in the municipality. INTEGRATE!

PRE-EXISTANT INITIATIVES IN ERANDIO:

- Umeen kontseilua (Council of the children)
- Eskola kontseilua (Council of the education community)
- Kirol kontseilua (Council of Sports)
- Erandio lagunkoia (initiative of the Social Services Area of the City Council, under a program of the Basque Government for a healthy and active ageing)





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6. Budget



Foster the inclusion of the project, **Erandio mugitzen ari da!** and the «**Action plan 2025-2027**» as part of the municipality council budget.

Find the way to allocate an specific budget for each of the actions included in the plan for it's implementation and deployment on the community.



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Municipality commitment



Some words of the Erandio mayor.



Aitziber Olibán Gutierrez

What has Erandio's participation in the European Health4Eukids project meant?

Can you highlight any learning acquired through the project?

How do you see the future?



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Municipality commitment



Some words of the Erandio mayor.



Aitziber Olibán Gutierrez

Thank you all for your participation!



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**EUSKO JAURLARITZA
GOBIERNO VASCO**

OSASUN SAILA
DEPARTAMENTO DE SALUD



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