Health Inequities and Social Determinants of Health

Michael Marmot

@MichaelMarmot

www.instituteofhealthequity.org

ISTITUTO SUPERIORE DI SANITÀ
Centro Nazionale per la Salute Globale
Rome 2019
What good does it do to treat people and send them back to the conditions that made them sick?
1. Stalling Life Expectancy


Source: ONS, National life tables, UK: 2015 to 2017
https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/lifeexpectancies/bulletins/nationallifetablesunitedkingdom/2015to2017
Change in life expectancy at birth in weeks, UK, 2014-16 - 2015-17

Source: ONS, National life tables, UK: 2015 to 2017
https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/lifeexpectancies/bulletins/nationallifetablesunitedkingdom/2015to2017
Life expectancy at birth for England’s poorest women has fallen significantly in recent years

Change to life expectancy in days, 2012-14 to 2015-17. 1 = poorest, 10 = richest decile

Guardian graphic. Source: ONS
US Life expectancy declined 2 years in a row

Death rate age adjusted per 100,000

Unintentional injuries
Alzheimers
Suicide

Unintentional injuries include accidental drug overdose 63,600 deaths last year
US Life Expectancy – year of birth

MEN
Life expectancy at age 50

- Richest 10%
- Middle 50%
- Poorest 10%

Year of birth
1920 1930 1940 1950
70 75 80 85 90
US Life Expectancy – year of birth

WOMEN
Life expectancy at age 50

Richest 10%

Middle 50%

Poorest 10%

Year of birth
The Commission on Social Determinants of Health (CSDH) – Closing the gap in a generation


Review of Social Determinants of Health and the Health Divide in the WHO European Region
Fair Society, Healthy Lives: 6 Policy Objectives

A. Give every child the best start in life
B. Enable all children, young people and adults to maximise their capabilities and have control over their lives
C. Create fair employment and good work for all
D. Ensure healthy standard of living for all
E. Create and develop healthy and sustainable places and communities
F. Strengthen the role and impact of ill health prevention
Commission of the Pan American Health Organization on Equity and Health Inequalities in the Americas
INFANT MORTALITY BY INDIGENOUS ETHNICITY, 2012 OR LATEST AVAILABLE

Source: Economic Commission for Latin America and the Caribbean, 2017
ADULTS AGED 65 AND OVER IN RECEIPT OF A PENSION, BY SEX, INDIGENOUS IDENTITY AND EDUCATION LEVEL, FOUR LATIN AMERICAN COUNTRIES WITH COMPARABLE DATA, 2014

<table>
<thead>
<tr>
<th></th>
<th>MALE</th>
<th>FEMALE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INDIGENOUS AUSTRALIAN</strong></td>
<td>69.1</td>
<td>73.7</td>
</tr>
<tr>
<td><strong>NON INDIGENOUS AUSTRALIAN</strong></td>
<td>79.7</td>
<td>83.1</td>
</tr>
</tbody>
</table>

Downtown
Areyonga
NT Australia
Supreme Court Alice Springs NT
Indigenous Australians in NT Australia

• Incarceration rate 2400/100,000
• Cf Non-indigenous 186/100,000
  • 13 fold difference

• 84% Prison pop is Indigenous Cf 27% general population

• Diagnosed mental illness in prisoners 72% in M; 92% in F
Give Every Child the Best Start
ACEs by income England 2013
Risk of being below Minimum Income Standard
Characteristics of housing and neighbourhood matter for health
Childhood poverty in London
Less than 60% median income

• Before housing costs.  17%

• After housing costs.  37%
Indirect health and social impacts

- Cold housing negatively affects:

  - children’s educational attainment, emotional well-being and resilience
  - family dietary opportunities and choices
  - dexterity; and increases the risk of accidents and injuries in the home
Emily, Martin and their baby sleep on the sofa bed, in the living room, where they eat.

The other three children in the bedroom.

Martin earns £800 a month

Outside, older kids compete for drugs clientele. Leave knives in the bushes where younger children play hide and seek.
Three teenagers and nine year old in one room. Mum and Dad in the other.
Both parents work but they still have to have their rent subsidized

“The area is full of gangs. I want my children to live in a safe place...There are kids around the building who don’t go to school”
Amelie’s partner left a five months pregnant

“At the beginning I didn’t have benefits, so I didn’t have food … I was crying for no reason”

Amelie puts a towel under the door to stop the weed smoke from getting in.
Nigerian mother, English father and three children in two bedroom flat:

“To know that somebody, somewhere, is making something available for you to be happy. My feeling welcome in this country has been all through charities.”
Feckless? Choosing the easy life of welfare dependence?

“Nobody falls into this on purpose, because your whole life is going to be a trap. A trap. And then you will see yourself living a life you never thought you would”. 
Median % of disposable income used up if Eatwell guide was spent,

<table>
<thead>
<tr>
<th>Income Decile</th>
<th>England</th>
<th>Scotland</th>
<th>Wales</th>
<th>NI</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>74.1</td>
<td>67.6</td>
<td>65.5</td>
<td>68.2</td>
</tr>
<tr>
<td>2</td>
<td>28.3</td>
<td>27.8</td>
<td>28.9</td>
<td>28.5</td>
</tr>
<tr>
<td>3</td>
<td>21.2</td>
<td>20.4</td>
<td>27</td>
<td>22.8</td>
</tr>
<tr>
<td>4</td>
<td>21.9</td>
<td>20</td>
<td>22</td>
<td>22.5</td>
</tr>
<tr>
<td>5</td>
<td>19.1</td>
<td>18</td>
<td>19.1</td>
<td>19</td>
</tr>
<tr>
<td>6</td>
<td>15.9</td>
<td>15.6</td>
<td>14.9</td>
<td>16.2</td>
</tr>
<tr>
<td>7</td>
<td>13.2</td>
<td>13.1</td>
<td>13.5</td>
<td>14</td>
</tr>
<tr>
<td>8</td>
<td>10.9</td>
<td>10.9</td>
<td>10.8</td>
<td>13.1</td>
</tr>
<tr>
<td>9</td>
<td>9.4</td>
<td>9</td>
<td>10.9</td>
<td>10.3</td>
</tr>
<tr>
<td>10</td>
<td>6.3</td>
<td>6.5</td>
<td>6.6</td>
<td>7.4</td>
</tr>
<tr>
<td>All households</td>
<td>16.5</td>
<td>16.6</td>
<td>18.5</td>
<td>17.3</td>
</tr>
</tbody>
</table>

Affordability of the UK’s Eatwell Guide, Scott, Sutherland & Taylor, 2018
COVENTRY: A MARMOT CITY
Some key achievements

COVENTRY JOB SHOP
Operating since 2012, served 40,000 residents
Youth unemployment reduced from 27% to 12.3% (above national average to below)
Average weekly earnings increased from £45 less than national average to £17 less
There are 16.5% more residents in work since 2014

AMBITION COVENTRY
Employment support programme engaged with 1,700 young people at risk of not being in employment, education or training
• “a wellbeing approach can be described as enabling people to have the capabilities they need to live lives of purpose, balance, and meaning for them.”
• “a wellbeing approach can be described as enabling people to have the capabilities they need to live lives of purpose, balance, and meaning for them.”

Amartya Sen?
• “a wellbeing approach can be described as enabling people to have the capabilities they need to live lives of purpose, balance, and meaning for them.”

Amartya Sen?

No
My two messages in a world of post-fact politics

• Evidence-based policy

• Spirit of social justice

Remember: We said that

“Social injustice is killing on a grand scale”
"At the heart of the Commission’s purpose is ensuring the right of all people in the Americas to lead lives of dignity and enjoy the highest attainable standard of health. We call on all governments to act."

Michael Marmot, Chair, PAHO Commission on Equity and Health Inequalities in the Americas

THE LANCET

The best science for better lives